

STANLEY P. KUTCHER, ONS, MD, FRCPC, FCAHS
CURRICULUM VITAE

UNIVERSITY Dalhousie
FACULTY Medicine
DEPARTMENT OR SCHOOL Psychiatry

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Citizenship: Canadian

DEGREES, CERTIFICATES & LICENSES

1996 General Medical Licence, Province of Nova Scotia, Licence #11229
1984 Fellow of the Royal College of Physicians (Canada)
1983 Diploma in Child Psychiatry
1983 Certificate in Adolescent Psychiatry – The University of Toronto
1979 General Medical License, Province of Ontario, Licence #31691
1979 Medical School Degree: M.D.
1975 Master of Arts (History)
1974 Bachelor of Arts (Hon) in History and Political Theory

EDUCATION & TRAINING

1984 – 1985 Visiting Clinical Scientist, Medical Research Council
Brain Metabolism Unit, Royal Edinburgh Hospital, Edinburgh, Scotland

1984 – 1985 (Hon) Senior Registrar, Young Peoples' Unit
Royal Edinburgh Hospital, Morningside, Edinburgh, Scotland

1983 – 1984 Fellow in Geriatric Psychiatry, University of Toronto
Sunnybrook Health Sciences Centre, Toronto, Ontario

1982 – 1983 Chief Resident in Psychiatry, Sunnybrook Health Sciences Centre,
Department of Psychiatry, University of Toronto

1982 – 1983 Adolescent Elective - Child Psychiatry
Sunnybrook Health Sciences Centre, University of Toronto

- 1981 – 1982 Resident in Child Psychiatry, the Hospital for Sick Children, University of Toronto
- 1980 – 1981 Resident in Psychiatry, Department of Psychiatry, Sunnybrook Health Sciences Centre, University of Toronto
- 1979 – 1980 Intern, Wellesley Hospital and the Hospital for Sick Children, Faculty of Medicine, University of Toronto
- 1976 – 1979 McMaster University Medical School, **Degree: M.D.**
- 1975 – 1976 York University, Ph.D. incomplete (left to attend medical school)
- 1974 – 1975 McMaster University, **Degree: M.A.** History (magna cum laude)
- 1971 – 1974 McMaster University, **Degree: B.A.** (Hon) in History & Political Theory (summa cum laude)
- 1970 – 1971 University of Western Ontario
- 1969 Hamilton Collegiate Institute, Senior Matriculation, Graduated with Honours

Current Position

- 1. Adjunct Associate Professor, Department of Psychiatry, Peking University. 2017-present**
- 2. Associate Professor, School of Health and Human Performance, Dalhousie University, 2015-present**
- 3. Adjunct Professor, Department of Psychiatry, University of Alberta, 2013-present**
- 4. Technical Consultant, UNESCO- Basic Literacy Projects, 2007-present**
Participate in development of policy and programs designed to integrate mental health into education.
- 5. Sun Life Financial Chair in Adolescent Mental Health, Dalhousie University, 2006-present**
Develop and deliver a variety of promotional, education and research activities pertaining to adolescent mental health locally, nationally and internationally.
- 6. Professor, Department of Psychiatry, Dalhousie University, 2006-present**

Previous Positions

- Director, World Health Organization Collaborating Centre in Mental Health Training and Policy Development (2004-2018)
- Regional Mental Health Advisor, Pan American Health Organization (2004-2006)
- Mental Health Advisor, World Health Organization (2004-2006)
- Associate Dean, International Medical Development and Research, Dalhousie University (2001 - 2006)
- Clinical Academic Director, Capital District Health Authority, Halifax, Nova Scotia (2001-2003)
- Director, International Psychiatry Section Department of Psychiatry, Dalhousie University (2000-2008)
- Professor and Chair, Department of Psychiatry, Dalhousie University (1996-2003)
- Head, Department of Psychiatry, Queen Elizabeth II HSC (1995 – 2001)
- Associate Professor, Department of Psychiatry, University of Toronto (1991 – 1995)
- Deputy Head, Department of Psychiatry, Sunnybrook HSC (1991 – 1995)
- Head – Division of Adolescent Psychiatry, Sunnybrook HSC, Toronto (1990 – 1994)
- Assistant Professor Department of Psychiatry, Rehabilitation Medicine and the School of Graduate Studies, University of Toronto (1986 – 1990)
- Director, Adolescent Inpatient Services, Sunnybrook HSC (1985 – 1989)
- Psychiatric Consultant, Central Toronto Youth Services (1986 – 1988)
- Psychiatric Consultant, Street Outreach Services (1986 – 1988)
- Sessional Staff, Whitby Psychiatric Hospital (1985 – 1987)

Boards and Advisory Committees/Panels (1995 – 2018)*

(for information prior to 1995, please see appendix one)*

- Advisory Panel Member, SMaRteN, United Kingdom (2018 – ongoing)
- Residency Program Review Accreditation Committee Member, Royal College International (IPR-AC) (2018 - ongoing)
- Expert Advisory Panel on Mental Health, Public Health England (2017 - ongoing)
- Ministerial Advisory Council on Mental Health, Government of Canada (2017 – ongoing)
- NGO Committee on Sustainable Development, NY (2017 – ongoing)
- Co-chair of Minister’s Advisory Panel on Mental Health and Addictions, Government of Nova Scotia (2016-ongoing)
- Board of Directors, Royal College International (2015 - ongoing)
- Scientific Advisory Board, IMHR (2013- ongoing)
- Co-Investigator & Research Champion of a Scientific Working Group, The Sandbox Project (2010 – ongoing)
- Scientific Advisory Board, University of Ottawa Institute of Mental Health Research (2010 – ongoing)
- Member, Advisory Committee on International Initiatives, Royal College International (2009 – ongoing)
- Chair, Mental Health Needs Assessment in Halifax Regional Municipality High Schools

- (2008 – ongoing)
- Canadian Society of International Health (2004 – ongoing)
- Canadian Psychiatric Research Association (1995 – ongoing)
- Brain Canada Science Advisory Forum (2014 – 2016)
- ACCESS Advisory Board, Committee on barriers and facilitators in access to youth mental health services (2013-2016)
- Co-head, International Section, Canadian Academy of Child and Adolescent Psychiatry (2010 – 2015)
- Delphi Panelist, Grand Challenges in Global Mental Health (2010 – 2012)
- Member, Spryfield and District Mental Health Planning Committee (2010 – 2012)
- National Native Alcohol and Drug Abuse Program – Renewed Framework Committee (2010 – 2011)
- School Based Mental Health and Substance Abuse Consortium, The Educator Mental Health literacy Roundtable Team (2009 – 2015)
- National Advisory Committee on Access and Wait Times for Child and Youth Mental Health (2009 – 2012)
- Advisory Board of Directors, Canadian Universities Allied for Essential Medicines (2008 – 2010)
- Nova Scotia Health Research Foundation: Education and Health Policy Working Group (2008)
- Child and Youth Advisory Committee, Mental Health Commission of Canada (2007 – 2012)
- National Infant, Child and Youth Mental Health Consortium Member, Canadian Association for People-Centered Health (2007 – 2010)
- Remote and Rural Child and Youth Mental Health Services in Scotland Project (2007 – 2010)
- QUEST Study Core Project Team (Quality Improvement Evaluation for School Nurses & Teachers) - A Health Foundation funded research project to develop and evaluate mental health care within secondary schools, United Kingdom (2007)
- Psychiatric Facilities Review Board, Ministry of Health, Nova Scotia (2007)
- Concurrent Disorders in Schizophrenia Project, Canadian Schizophrenia Society (2006 – 2012)
- National Advisory Panel, Concurrent Disorders and Schizophrenia: A National Awareness Strategy. Schizophrenia Society of Canada (2006 – 2007)
- Canadian Mental Health Association – school curriculum development – CMHA (2006 – 2007)
- Treating Children and Adolescents with Depression, National Institutes of Mental Health (2006)
- Board of Directors, Interhealth Canada (2005- 2018)
- Mental Health Panel: National Child and Youth Health Coalition (2005 – 2006)
- Neuroscience Canada (2004 – 2006)
- Mental Health in High Schools Project, Canadian Mental Health Association (2004-2005)
- Canadian Coalition for Global Health Research (2003 – 2006)
- Laing House (2003 – 2004)
- ADAPT study – Manchester University and Cambridge University, United Kingdom (2002 –

2006)

- Institute of Neuroscience, Mental Health and Addictions, Canadian Institutes of Health Research (2001-2005)
- Canadian Network for Mood and Anxiety Treatments (pre 1995 – 2001)

INNOVATIVE DEVELOPMENT

1. **Sun Life Financial Chair in Adolescent Mental Health** – Knowledge translation. Developing a group whose purpose it is to translate best scientific evidence into practical concise information to inform the work and activities of: patients, parents, health providers, educators, and general public, media and policy makers. For a summary of innovative activities see: Innovative Child and Youth Mental Health Projects/Products (below)
2. **Brain Repair Centre** – One of three people who initiated and developed the Brain Repair Centre which is a transdisciplinary research/commercialization institute including: Faculty of Medicine, Capital Health, IWK Hospital, National Research Council, Dalhousie University, Private Industry.
3. **Life Sciences Development Association** – One of five people who initiated and developed the Life Sciences Development Association which is a broad-based innovation/commercialization organization designed to enhance the development of the Life Sciences economic activities in Nova Scotia, including: Dalhousie University, Capital Health, IWK Hospital, National Research Council, Greater Halifax Partnership, Province of Nova Scotia, Private Industry.
4. **International Health Office** – Initiated and developed the International Health Office which is an international health development and education office bringing together: Faculty of Medicine, Dalhousie University, Province of Nova Scotia, Capital Health, IWK, private industry.
5. **Brainworks International** – Initiated and developed Brainworks International, a privately owned “spin off” company from Dalhousie University focusing on: educational product development and clinical trials research.
6. **Laing House** – Participated in the development & establishment of Laing House, the first community based therapeutic program for youth with mental problems in the Atlantic Provinces.
7. **Institute of Neuroscience, Mental Health & Addictions – INMHA** – (Canadian Institutes of Health Research) – Participated in the development of INMHA and served on its first Advisory Board.
8. **Canadian Network for Mood & Anxiety Treatments (CANMAT)** – Originator and founding member of CANMAT, the first national mental health clinical research organization in Canada. I left this board when I began my involvement with the Canadian Institutes of Health Research.

9. **Canadian Coalition for Global Health Research** – Founding member of this organization which is a Canadian NGO supported by the Canadian Institutes of Health Research, Health Canada, Canadian International Development Agency, International Development Research Council.
10. **World Health Organization Collaborating Centre in Mental Health Training and Policy Development** – Created developed and am leading the WHO Collaborating Centre in Mental Health Training and Policy Development – the only WHO Collaborating Centre in the Dalhousie University Faculty of Medicine and one of three medical mental health collaborating centres in Canada.
11. **Division of Adolescent Psychiatry at Sunnybrook Medical Centre, University of Toronto** - Developed the first academic/clinical adolescent mental health program in Canada, which pioneered the scientific study of adolescent mental illness and the integration of clinical-community-school based adolescent mental health services.
12. **Stanley Foundation Collaborating Center** – Co-created and co-lead a Stanley Foundation Collaborating Center in Adolescent Bipolar Disorder at Dalhousie University from 1998 – 2001.
13. **Mental Health Training Programs** – Co-developed three innovative mental health training programs that are designed to promote mental health care as horizontal service provision, embedded in local communities. These programs have been to date used in six different countries. These are: “Training the System: Mental Health Competencies for All Health Providers”; “Suicide Assessment and Intervention Training for Health Professionals” and “Post-Natural Disaster Mental Health Intervention and Mitigation”.

Innovative Child and Youth Mental Health Projects/Products

1. Principle Investigator: An integrated approach to addressing the challenge of depression among the youth in Malawi and Tanzania – Bridging Development (2016 – 2017)
2. Principle Investigator: An integrated approach to addressing the challenge of depression among the youth in Malawi and Tanzania – Bridging Development (2013 – 2015)
3. Consultant: Improving mental health in Nicaraguan youth: a technology-enhanced, school based program (2014 -2015)
4. Mulvale, G., Kutcher S., & Winkup J. (2014) A Child and Youth Mental Health and Addictions Framework for the Yukon. McMaster University, Hamilton ©2014
5. Consultant: Cuca Legal School Mental Health Intervention Program. Federal University of Sao Paulo and the Ministry of Education of the State of Sao Paulo. (2013-2015)

6. Kutcher, S., Doucet, L., & Wei, Y. Mental Health and High School Curriculum Guide – a mental health literacy program for Canadian educators and youth. The Register of Ontario Principal's Council. (2012)
7. Contributor: Canadian Association of Paediatric Health Centres, National Infant Child and Youth Mental Health Consortium and the Provincial Centre of Excellence for Child and Youth Mental Health at CHEO. Access & Wait Times in Child and Youth Mental Health: A Background Paper. Submitted to the Institute of Human Development, Child and Youth Health CIHR. (October 15, 2010)
8. Kutcher, S. & McLuckie, A. Evergreen: A National Framework for Child and Youth Mental Health in Canada. Mental Health Commission of Canada. (2010)
9. Med Ed. Information Training in collaboration with the Children's Hospital of Eastern Ontario. (2007)
10. Understanding Adolescent Depression and Suicide Training (for Educators, Health Providers and Physicians). (2007)
11. Transitions: Student Reality Check. Piloted across all secondary institutions in Nova Scotia. (2007)
12. Teen Immigrant Voices: interviews with adolescents about their experiences in immigrating to Canada. (2007)
13. High School Mental Health Curriculum, in collaboration with the Canadian Mental Health Association. (2007)

International Mental Health Activities

- Technical Advisor – Mental Health, Ministry of Health, Malawi (2016 - ongoing)
- International Consultant to the Ministry of Health and Social Welfare, Republic of Tanzania (2016 - ongoing)
- Mental Health Consultant – World Health Organization Kazakhstan (December 2015)
- Consultant, Peer Health Education Project, UNESCO. Malawi
- Rwanda
- Egypt
- Technical Consultant – World Health Organization: psychotropic drugs in primary care
- Member of Development Board – International Centre for Gender, Mental Health and Addictions (2006 – ongoing)
- Director – WHO Collaborating Centre in Mental Health Training and Policy Development (2005 – ongoing)
- Lead Consultant – Mental Health Policy and Training Project – Guyana (2005 – ongoing)
- Technical Consultant - World Health Organization Mental Health Policy Project (2000 –

2007)

- Technical Consultant – Ministry of Health, Grenada (2000 – 2007)
- Technical Consultant – Ministry of Health, Trinidad and Tobago (2000-2007)
- Technical Consultant – Ministry of Health, St. Lucia (2000-2007)
- Member – Presidential World Psychiatric Association Program on Child and Adolescent Global Mental Health, World Psychiatric Association (2005 – 2007)
- Project Leader – Post Disaster Mental Health Training Project - Grenada (2004 – 2006)
- Project Leader – IMPACT/IMPACTO – Developing Leadership in Public Mental Health in North America (Mexico, USA, Canada) (2004 – 2007)
- Member – Scientific and Technical Advisory Committee for the Mental Health Program Research Project of the Americas (2004 – 2007)
- Lead Consultant – Government of Trinidad and Tobago – Port of Spain Hospital Model Psychiatric Services Project (2004 – 2006)
- Project Leader – Psychiatric Clinical Research Training in Cuba Project (2003 – 2008)
- Developer – Living and Working in a Low and Middle Income Country – an elective training program for Psychiatry post graduate trainees – Dalhousie University (2001 – 2015)
- Lead Consultant – National Mental Health Policy and Plan Development Project – Grenada (2005 – 2006)
- Invited participant/correspondent – Fifteenth Anniversary of the Declaration of Caracas Meeting, Pan American Health Organization, Brazilia (2005)
- Regional Mental Health Advisor, Pan American Health Organization (2004-2006)
- Mental Health Advisor, World Health Organization (2004-2006)
- Project Leader – Mental Health Training Program – Brazil and Chile (2004 – 2005)
- Project Leader – Mental Health Training for Health Professionals Project – Grenada, St. Lucia (2004 – 2005)
- Head, Section of International Psychiatry, Department of Psychiatry, Dalhousie University (2003 – 2008)
- Project Leader – Mental Health Training for Health Professionals – Trinidad and Tobago (2003 – 2005)
- Project Leader – Psychiatric Emergencies Training Program – Trinidad (2002)
- Project Leader – Mental Health Needs Scoping Project - Grenada (2002)
- Project Leader – Beirut Mental Hospital Design and Functional Program Project (2002)
- Project Leader – Mental Health Nurses Training Program for St. Kitts-Nevis (2001 – 2003)
- Project Leader – Mental Health Needs Assessment – St. Kitts-Nevis (2001)

World Health Organization/Pan American Health Organization: Reports and Publications

Editorial and Technical Contributor

WHO: Evaluation of Mental Health Policy and Plans (2006)

WHO: Child and Adolescent Mental Health Policies and Plans (2005)

WHO: Human Resources and Training in Mental Health (2005)

Author

WHO: Training Manual for Mental Health Policy and Plan Development (2005)

PAHO Report: “Enhancing Mental Health in Guyana” (2005)

PAHO Report: “No Stagnant Water: A Situational Analysis of Mental Health in the Caribbean Region” (2004 – 2005)

Co-author

WHO: Training Manual for Child and Adolescent Mental Health Policies and Plans (2005)

Other Pertinent International Health Activities

Project Participant

Peace Building Training Program, Canadian Physicians for Aid and Relief, Foreign Affairs Canada, Uganda (2006)

Project Leader

Rational pharmacology training project, Gazi University, Turkey (2005)

Medical School Development, Brunei University, (2004 – 2006)

Medical School Development, National Guard Hospital, Saudi Arabia (2004 - 2005)

Telehealth Development in Mexico, Nova Scotia and Mexico, (2003)

Monoblock Hospital Feasibility Project, Istanbul University, Turkey (2002)

Medical School Development, King Faisal Hospital, Saudi Arabia (2002)

Medical School Development, Universidad Autonoma de Carmen, Mexico, (2002 – 2003)

Consultant

Canadian Institutes of Health Research: produced the discussion paper addressing CIHR policy for International Health Research (2004 – 2005)

Member

CIHR/Mexico Institutes of Health Research Collaboration Development (2002 – 2003)

Institute Advisory Board, Institute of Neuroscience, Mental Health and Addictions (CIHR):

Board member leader for international health research (2001 – 2004)

Participant

Government of Nova Scotia Missions to Mexico, Cuba, St. Kitts-Nevis, USA (2000 – 2004)

AWARDS AND DISTINCTIONS

- 2018 Naomi Rae-Grant Award, Canadian Academy of Child & Adolescent Psychiatry
- 2018 Champion of Mental Health, Canadian Alliance on Mental Illness and Mental Health
- 2017 ACPC Annual Award for Creative Professional Activity, Canadian Psychiatric Association
- 2016 Nova Scotia Champion of Public Education, The Learning Partnership
- 2015 Distinguished Alumni Award, McMaster University
- 2014 Order of Nova Scotia
- 2014 PHE Canada Health Award for the 2013 School Year
- 2013 John Ruedy Award for Innovation in Medical Education, from the Association of Faculties of Medicine of Canada

- 2012 Goodwill Ambassador for the Guidance, Counselling and Youth Development Centre for Africa
- 2012 Paul Patterson Education Leadership Award of the Canadian Psychiatric Association
- 2012 Distinguished Fellow of the Canadian Psychiatric Association
- 2012 Robert Bortolussi Research Mentorship Award, IWK Health Centre
- 2011 Dr. Michael Smith Award
- 2011 Dr. John Savage Memorial Award for Global Health
- 2010 Jack Cleghorn Award
- 2008 Fellow of the Canadian Academy of Health Sciences
- 2008 CCNP Medal, Canadian College of Neuropsychopharmacology
- 2008 Paul Steinhauer Advocacy Award from the Canadian Academy of Child & Adolescent Psychiatry
- 2008 Physician Health Promotion Award, Doctors Nova Scotia
- 2007 Fellow Canadian Fellow Canadian Psychiatric Association
- 2006 Sun Life Financial Chair in Adolescent Mental Health
- 2005 Lifetime Achievement Award, Canadian Psychiatric Research Foundation
- 2005 Honorary Lifetime Member, Turkish Association of Psychopharmacology
- 2005 Alumni Wall of Distinction, Westdale Secondary School
- 2004 Champions of Mental Health Award, Canadian Alliance for Mental Illness and Mental Health
- 2004 Jim Britten Sr. Recognition Award, the Schizophrenia Society of Nova Scotia
- 2004 Special Achievement in the Development of Guidelines, American Academy of Child and Adolescent Psychiatry
- 2003 Recognition of Achievement, Canadian Academy of Child and Adolescent Psychiatry
- 2003 Special Achievement Award, Nova Scotia Hospital Foundation
- 2003 Award for Valuable, Unselfish and Constant Contribution to the Organization of Clinical Research in Cuba, Ministry of Public Health, Cuba
- 1993 Senior Scientist Fellowship, Ontario Mental Health Foundation
- 1991 Charlotte and Norbert Rieger Award, American Academy of Child and Adolescent Psychiatry
- 1990 R.O. Jones Award, Canadian Psychiatric Association
- 1990 Canadian Psychiatric Research Foundation: Award - Poster Presentation, Psychiatric Research Day, University of Toronto
- 1987 Clinical Traineeship (Detweiller Fellow), Royal College of Physicians and Surgeons of Canada
- 1984 The McLaughlin Fellow in Medicine, University of Toronto
- 1983 Pfizer Prize, Psychiatric Research Day, University of Toronto
- 1976 PSI Award
- 1975 Fellow of the Canada Council
- 1975 York University Fellowship
- 1975 York University Graduate Scholarship
- 1974 Sir John A. MacDonald Fellow in Canadian History
- 1974 Master University Fellowship
- 1973 University Scholarship, McMaster Dean's Honour Roll - McMaster University
- 1972 Proctor and Gamble Studentship – McMaster University

VISITING SCHOLAR

- 2003 (ongoing) The Lundbeck Institute, Copenhagen Denmark
- 2006 The University of Hong Kong, Hong Kong China
- 2003 National Institute of Psychiatry, Mexico City
- 2002 National Institute of Neurology and Neurosurgery, Mexico City
- 2002 Sydney University, Child Psychiatry
- 1998 Menninger Clinic, Topeka, Kansas
- 1998 University of Manitoba, Department of Psychiatry
- 1997 The Canadian Academy of Child Psychiatry, Visiting Professorship, Laval University
- 1997 Memorial University, Department of Psychiatry
- 1997 University of Calgary, Department of Psychiatry
- 1997 University of Western Ontario, Department of Psychiatry
- 1996 Cambridge University, Department of Psychiatry
- 1995 University of Hawaii, Department of Psychiatry

EDITORSHIPS

- Child and Adolescent Psychopharmacology News (1996 – ongoing)
- Clinical Teachers' News (1987)
- PAIRO NEWS (1982 –1984)

EDITORIAL BOARDS

- Nowiny-Lekarskie Medical News (2013 – ongoing)
- Journal of Psychiatric Research (2007 – ongoing)
- Neuropsychiatric Disease and Treatment, *Honorary member* (2004- ongoing)
- Journal of Child and Adolescent Psychopharmacology (1998 – ongoing)
- Adis International - CNS Drugs, *Honorary member* (1998 – 2005)
- Journal of Psychiatry and Neuroscience (1998 – 2004)

COMMITTEE MEMBERSHIPS*

(*please see appendix)

Served on numerous hospitals, university, provincial and national committees addressing: Health policy and planning; research; clinical operations; finance, international operations and other aspects of health care and mental health care.

THESES SUPERVISION (Graduate Degrees)

- Mehrdad Shahidi, Educational Studies-Psychological Aspects, Mount Saint Vincent University
- Yifeng Wei, PhD, Interdisciplinary PhD Studies, Dalhousie University
- Magda Szumilas, MSC, Community Health and Epidemiology, Dalhousie University

Nancy Comeau, PhD, Interdisciplinary PhD Studies, Dalhousie University
Heather Robertson, PhD. - Dept. Psychology, York University, Toronto
Paul Mendella, PhD. Psychology/Neuroscience, Dalhousie University
Gillis Carrigan, M.Sc. Community Health & Epidemiology, Dalhousie University
Leslie Ann Campbell, M.Sc. Community Health & Epidemiology, Dalhousie University
Connie MacLaren, M.Sc., Health Administration, Dalhousie University
Susan Walker – Ph.D. (education) Ontario Institute for Studies in Education (OISE)
Stephen Sokolov – M.Sc. Institute of Medical Sciences (IMS), University of Toronto

FELLOWSHIP SUPERVISION

Dr. Peter Miller, 2005- 2006, International Psychiatry
Dr. Sonia Chehil, 2004-2005, International Child Psychiatry
Dr. Sonia Chehil, 2003-2004, International Psychiatry
Dr. S. Sokolov, 1992-1994, Clinical Research/Adolescent Psychiatry
Dr. G. Papatheodorou, 1991-1992, Clinical Research/Adolescent Depression
Dr. S. Reiter, 1989-91, Clinical Research/Adolescent Depression
Dr. Carolyn Boulos, 1989-1990, Clinical Research

REVIEWER (JOURNALS) 1986 – 2017

Archives of General Psychiatry
Biological Psychiatry
Canadian Journal of Psychiatry
Handbook of Psychiatric Measures and Outcomes (Assessment Project) American Psychiatric Association
Journal of Adolescent Health
Journal of the American Academy of Child and Adolescent Psychiatry
Journal of Child & Adolescent Psychopharmacology
Journal of Child Psychology and Psychiatry
Journal of Clinical Psychopharmacology
Journal of Medical Education
Journal of Psychiatric Research
Journal of Psychiatry and Neuroscience
Journal of Psychosomatic Research
New England Journal of Medicine
Pan American Journal of Public Health
Progress in Neuropsychopharmacology and Biological Psychiatry
The Lancet
Adis International Limited (CNS Drugs)
Evidence-Based Mental Health
Pediatric Drugs
International Journal of Psychiatry in Clinical Practice

REVIEWER (grants) 1986 – 2017

Scientific Reviewer, The Archives of General Psychiatry
Scientific Reviewer, European Child and Adolescent Psychiatry
Scientific Reviewer, Department of Psychiatry, University of Toronto
Scientific Reviewer, National Institute of Mental Health (NIMH)
Scientific Reviewer, Medical Research Council of Canada
Scientific Reviewer, Medical Research Council (United Kingdom)
Scientific Reviewer, Wellcome Trust (United Kingdom)
Scientific Reviewer, Physician Services Incorporated
Scientific Reviewer, Canadian Psychiatric Research Foundation
Scientific Reviewer, Ontario Mental Health Foundation
Scientific Reviewer, Ontario Ministry of Health, Health and Research Development
Scientific Reviewer, Hospital for Sick Children Foundation
Scientific Reviewer, Canadian Institutes of Health Research
Ethics Reviewer, Medical Research Directorate, Toronto General Hospital
Reviewer/Consultant, HEALTH NEWS, University of Toronto, Faculty of Medicine

SPECIAL CONFERENCES/WORKING GROUPS

- Nova Scotia Health Research Foundation Working Group on Education and Health Policy Reform Requirements for a Health Policy Research Centre (HPRC) (2008)
- PAHO – CPC Office, Christ Church, Barbados, Experiences in Mental Health Reform in Barbados and Saint Lucia (2002)
- Royal College of Psychiatrists (United Kingdom), Child and Adolescent Psychopharmacology (1997)
- National Institute of Mental Health - Early Onset Bipolar Disorder (1996)
- National Institute of Mental Health – Childhood-Adolescent Onset Bipolar Disorder (1993)
- National Institutes of Mental Health - USA. Pharmacologic Treatment of Adolescent Depression (1990)
- Canadian Psychiatric Research Foundation. Nutrition and Mental Illness Conference (1990)

Clinical Guidelines

1. Review committee Chair. (2015) Quality Assurance Review Stanton Territorial health Authority and Yellowknife Health and Social Services Authority. Yellowknife, NT. July 21-23, 2015
2. Clinical Guidelines for the Treatment of Depressive Disorders (CANMAT): Psychiatrist Guidelines), CANMAT Depression Work Group. (2001)
3. Practice Parameters for Use of Electroconvulsive Therapy in Adolescents – co-authored with Dr. Neera Ghazuddin, Stanley P. Kutcher, Penelope Knapp and the Work Group on Quality Issues, American Academy of Child and Adolescent Psychiatry. (2001)
4. Guidelines for Treatment of Depression and Anxiety Disorders, Canadian Network for

Mood and Anxiety Treatment (CANMAT: Primary Care Guidelines). (1997)

5. Guidelines for Treatment of Bipolar Disorder, (CANMAT: Psychiatrists Guidelines). (1997)

Research Grants and Contracts (2000 – 2018)*

*(*for a list of research grants prior to 2000 please see the appendix)*

1. Mental Health Foundation of Nova Scotia. Cannabis resource development and distribution. \$20,500 (October 2018)
2. RBC Foundation. Implementing and evaluating the impact of a novel youth mental health literacy resource on preparedness for post-secondary education: Know Before You Go: Co-applicant. \$80,000 (September 2018)
3. Alexis Fletcher Trust Fund. Know Before You Go, for students and teachers. \$7,826 (July 2018)
4. Canadian Institutes of Health Research (CIHR). Mental Health & High School Curriculum Guide: Planning for Adapting, Evaluating and Disseminating for Indigenous Youth: Co-applicant. \$19,633 (May 2018)
5. Carthy Foundation. National Pre-Service Teacher Mental Health Literacy Curriculum Resource: Phase 3B – Interactive Online Course. \$87,000 (August 2017 – over two year period)
6. ECHO Foundation. National Pre-Service Teacher Mental Health Literacy Curriculum Resource: Phase 3B – Interactive Online Course. \$20,000 (August 2017 – over two year period)
7. Medavie Foundation. LIST (Learn, Identify, Support, Treat) A Comprehensive Mental Health Development and Pathway to Mental Health care for Postsecondary Settings – Frugal Innovation in Adolescent Mental Health. \$607,500 (October, 2016 – over three year period).
8. Max Bell Foundation. National Scale Up and Scale Out in Canada of Evidence Based School Mental Health Literacy Resource. \$459,000 (September, 2016 – over five year period)
9. T.R. Meighen Family Foundation. The Sandbox Project Charity. \$25,000 (August 2016)
10. ECHO Foundation. Phase 3A National Pre-Service Teacher Education Mental Health Literacy Curriculum. \$46,000 (August 6, 2015)
11. Mental Health Foundation of Nova Scotia CHAMAP Grant. Family Mental Health Resource Distribution. \$20,000 (May, 2015)

12. Movember. Headstrong: Taking things head on with your man's toolbox. Murphy, A.L. & Gardner, D.M. Martin-Misener, R., Kutcher, S. \$150,000 (June 2015 – June 2017)
13. Sun Life Financial Know Before you Go – Transitions Grade 12 Teaching Guide. \$118,000 (2015)
14. Carthy Foundation. Mental Health Literacy Curriculum Resource Development & Field Testing Phase (3A) – National Pre-Service Teacher Education to Support K-12 Mental Health. \$150,000 (2014 - 2016).
15. Teacher's Credit Union Plus. Support for Attendees to the Academy in Mental Health. \$25,000 (2014).
16. Department of Psychiatry Research Fund. Community pharmacy-based interventions for suicidal ideation and behaviours. Co-Investigator. \$10,000 (Sept. 2014 – Sept. 2015)
17. Carthy Foundation. Pre-Service Teacher Education Program Development Phase 2. \$27,000 (April 2014)
18. Carthy Foundation. Pre-Service Teacher Education Program Development Phase 1. \$8,000 (February 2014)
19. RBC Foundation. The Sandbox Project Charity – Virtual Mental Health Engagement Network for Children and Youth: Co-investigator \$100,000 (2013)
20. TELUS Communications. The Sandbox Project Charity: Co-investigator. \$100,000 (2013)
21. CIHR. Using National Frameworks to Guide Local Health Policy Development: Lessons from a Case Study of Child and Youth Mental Health Policy Making in the Yukon: Co-applicant. \$135,000 (2013).
22. Carthy Foundation. Evidence-based Programming for Mental Health Promotion/Prevention Programming for Schools: Piloting a National Repository for the Evaluation of School Mental Health Promotion/Prevention Programs for Safety, Effectiveness and Cost Effectiveness. Phase 2. \$100,000 (2012).
23. Grand Challenges Canada. An integrated approach to addressing the challenge of depression among the youth in Malawi and Zambia: Principal Investigator. \$2.8 million (2012-2015)
24. Canada Post Mental Health Foundation. Community Pharmacy Collaboratives. Co-Investigator. \$64,995.13 (2012-2015)
25. CIHR. Suicide Prevention in Canadian Youth: Options and Evidence: Co-Investigator. \$100,000 (2012)

26. Drug Evaluation Alliance of Nova Scotia. Promoting Mental Health and Wellbeing through Community Pharmacy Collaboratives. Co-Investigator. \$20,000 (2012)
27. Carthy Foundation. Developing Evidence-based Programming for Mental Health Promotion/Prevention Programming for Schools: A Feasibility Initiative to Design a National Repository for the Evaluation of School Mental Health Promotion/Prevention Programs for Safety, Effectiveness and Cost Effectiveness. Phase 1. \$15,000 (2012)
28. EU Health Programme: Executive Agency for Health and Consumers. PREDI-NU. Preventing Depression: Improving Awareness through Networking in the EU: Collaborating Partner. 1,831,723 Euros
29. NS Health Research Grants Program. Randomized-controlled trial of a classroom-based distance intervention for teachers of elementary school-aged children with ADHD: Co-investigator. \$150,000 (2009-2012)
30. Ministerio Da Ciencia, Tecnologia E Ensino Superior. Suicide prevention and improved management of common mental health disorders: combined intervention of psychoeducation for patients and training for primary care practitioners. Lisbon, Portugal (190,000€)
31. Health Canada, PAHO, Youth Depression in Primary Care, Latin America: Project Lead. \$15,000
32. Dalhousie Department of Psychiatry Research Grant. "Primary Care Provider Mental Health Training at Bridgewater and Digby County": Project Lead. \$10,000 (2010)
33. QEII Foundation. Suicide Assessment Tool. \$25,000 (2010)
34. Royal Bank of Canada. "Mental Health and High School Curriculum Guide Pilot Project at Digby County": Project Lead. \$2,000
35. Health Canada. "Understanding the Link between Cannabis use & Early Psychosis: An awareness strategy for youth at risk": Co-Applicant. \$550,000 (2009)
36. Dalhousie Department of Psychiatry Research Grant. "GLAD-PC Toolkit for Canadian Use": Principal Investigator. \$10,000 (2009)
37. Sun Life Financial. Physician training program: Identification, Diagnosis and Treatment of Adolescent Depression. \$50,000 (2009)
38. Dalhousie Department of Psychiatry Research Grant. "Teen Suicide Information on the Web": Principal Investigator. \$5,000 (2008)

39. Nova Scotia Health Research Foundation. “Antipsychotic Use in Nova Scotia’s Children and Adolescents.” Co-investigators. \$100,845.93 (2007-2014)
40. Med Ed. project, Children’s Hospital of Eastern Ontario. 30K inclusive of partner contributions: Project Lead. (2007– 2008)
41. Transitions project, Sun Life Financial. 50K inclusive of partner contributions: Project Lead. (2007)
42. Translation of “Mental Health First Aid” into a Canadian context, Alberta Mental Health Board. 43K inclusive of partner contributions: Project Lead. (2007)
43. CMHA. Development of School Mental Health Curriculum Resource. \$250,000 (2007)
44. Weldon Foundation. Contribution to formation of the Chair. \$520,000 (2006)
45. CIHR – Team Grant Program; Stigmatization and structural discrimination in persons with severe mental illness: a Canadian comparative and cross-cultural study: Co-Investigator.
46. Health Canada/PAHO BPB: Mental Health in Guyana. 100K inclusive of partner contributions: Co-Investigator. (2006)
47. Health Canada/PAHO BPB: Strengthening Mental Health Care in Grenada, 100K inclusive of partner contributions: Principle Investigator. (2005)
48. PAHO: Brazil/Chile Mental Health Training Pilot Program Project, 25K inclusive of partner contributions: Principle Investigator. (2005)
49. Health Canada/Government of Grenada: Mental Health Needs Evaluation, 45K inclusive of partner contributions: Principle Investigator. (2004)
50. North America Free Trade Association: Academic Mobility Program: Building Leadership in Public Mental Health in North America, 600K: Principle Investigator. (2004 – 2007)
51. Canadian International Development Agency: Post-disaster mental health training project, 225K inclusive of partner contributions: Principle Investigator. (2004-2006)
52. Association of Colleges and Universities of Canada (CIDA tier II) Psychopharmacological Training and Research Capacity Building in Cuba, 1.25M inclusive of partner contributions: Principle Investigator. (2002-2006)
53. Health Canada: Enhancing Mental Health in Children and Adolescents in Rural Cape Breton by Promoting Early Detection of Depression and Anxiety Disorders (a school curriculum development project), 78K. (2000 – 2002)

54. Pfizer Canada: (Site investigator) Generalized Anxiety Disorder, 50K. (2000 – 2001)
55. Lundbeck Canada: (Site Investigator) An Open Long-Term Safety Follow-Up Study of Lu 260054 in the Treatment of Major Depressive Disorder, 360K. (2000 – 2003)
56. Lundbeck Canada: (Site Investigator) A Double-Blind, Randomized, Parallel-Group, Fixed Dose Trial Evaluating the Efficacy and Safety of Citalopram MR Compared to Citalopram IR in the Treatment of Patients with Major Depressive Disorder, 60K. (2000)
57. Lundbeck Canada: Optimizing Family Physician Prescribing for the Treatment of Major Depressive Disorder using a Medication Specific Directed Educational Program”, 1.4M: Principle Investigator. (2000-2002)
58. Lundbeck Canada: (Site Investigator) A Double-Blind, Randomized, Placebo-Controlled Trial Evaluating the Efficacy and Safety of Flexible Dosages of Lu 26-054 in the Treatment of Patients with Social Anxiety Disorder, 36K: (2000 – 2001)
59. Nova Scotia Health Research Foundation (Co-PI): Evaluation of Diagnosis of Depression by Primary Care Physicians in Two Clinical Settings”, 30K. (2000 – 2001)
60. CIHR –A longitudinal Study of the Children of Bipolar Parents, 445K: Co-Investigator. (2001-2003)
61. Smith Klein Beecham: Improving Case Identification, Diagnosis and Treatment of Mental Disorders in Primary Care: A Community Based Education Program for Primary Care Physicians” Educational Grant, 69K: Principle Investigator. (2002)

Book Author/Editor

1. Wright, L. & **Kutcher, S.** (2016). *Adolescent Brain Development*. Colloquium Series on The Developing Brain. doi:10.4199/C00133ED1V01Y201602DBR012
2. **Kutcher, S.**, Wei, Y., Weist, M.D. (Eds). *School Mental Health: Global Challenges and Opportunities*. Cambridge University Press, Cambridge, New York. (2015)
3. **Kutcher, S.**, Chehil, S. *Suicide Risk Management: A Manual for Health Professionals*. Second Edition. Wiley-Blackwell, UK. (2012)
4. **Kutcher, S.**, Chehil, S. *Suicide Assessment and Risk Mitigation: A Manual for Health Professionals*. Blackwell’s Scientific, UK. (2006)
5. **Kutcher, S.** (ed). *Practical Child and Adolescent Psychopharmacology*. Cambridge University Press, Cambridge Uk. (2002)
6. Yatham, L., Kusumakar, V., **Kutcher, S.** *Bipolar Disorder: A Clinician’s Guide to Biological Treatments*. Brunner-Routledge, New York, USA. (2002)

7. Joffe, R., Gardner, D., **Kutcher, S.** *The Psychotropic Handbook (3rd ed.)* MDH Consulting Inc., Markham, Canada. (2002)
8. **Kutcher, S.** *Child and Adolescent Psychopharmacology.* W.B. Saunders. Philadelphia, USA. (1997)
9. Shulman, K., Tohen, M., **Kutcher, S.** *Mood disorders across the life span.* John Wiley and Sons Inc., New York, USA. (1996)

Book Chapters*

(*for a list of book chapters prior to 2007 please see the appendix)

1. Kutcher, S., Wei, Y., & Hashish, M. (2016). Mental Health Literacy for Students and Teachers: A “School Friendly” Approach. In M. Hodes (Ed), *Positive Mental Health for Children and Adolescents* (Chapter 8). Elsevier Inc.
2. Murphy, A., Gardner, D., & Kutcher, S. (2015). Implementing change in prescribing practices. In N. Di Pietro & J. Illes (Eds.), *The Science and Ethics of Antipsychotic Use in Children and Youth* (149). Elsevier Inc.
3. Wei YF, Kutcher S. The global advancement of school mental health for adolescents. In *School Mental Health: Global Challenges and Opportunities*, ed. Stan Kutcher, Yifeng Wei and Mark D. Weist. Published by Cambridge University Press. © Cambridge University Press. (2015)
4. Wei YF, Kutcher S, Blackwood A, Glover D, Weaver C, MacKay A, Bruce V, Whynacht A, Alshazly F, Shea M. A collaborative and sustainable approach to address mental health promotion and early identification in schools in the Canadian province of Nova Scotia and beyond. In *School Mental Health: Global Challenges and Opportunities*, ed. Stan Kutcher, Yifeng Wei and Mark D. Weist. Published by Cambridge University Press. © Cambridge University Press. (2015)
5. Kutcher, S., Wei, Y.F., & Weist M.D. Global school mental health: considerations and future directions. In *School Mental Health: Global Challenges and Opportunities*, ed. Stan Kutcher, Yifeng Wei and Mark D. Weist. Published by Cambridge University Press. © Cambridge University Press. (2015)
6. Garica-Ortega I., Kutcher S., Abel W., Alleyne S., Baboolai N., Chehil S., & Yao X. (2012). Mental Health and Psychosocial Support in *Disaster Situations in the Caribbean* (Chapters 9 and 10). Pan American Health Organization/Who Press.
7. Kutcher S, McDougall A, & Murphy A. (2009). Preventing, Detecting and Managing Side Effects of Medications. In J.M. Rey & B. Birmaher (Eds.), *Treating Child and Adolescent Depression* (174-193). Baltimore: Lippincott Williams & Wilkins.

8. Kutcher, S. & Chehil, S. (2008). Physical Treatments. In M. Rutter (Ed). *Child & Adolescent Psychiatry, 5th Edition*. London: Blackwell Publishing.
9. Kutcher, S. & Chehil, S. (2007). Adolescent Depression and Anxiety Disorders. In L.S. Neinstein, C.M. Gordon, D.K. Katzman et al (Eds). *Adolescent Health Care: A Practical Guide, 5th Ed.* Philadelphia: Lippincott Williams & Wilkins.

PEER REVIEWED PUBLICATIONS (2000 – 2018):*

(* for papers prior to 2000 please see appendix)

1. Wei, Y., Faber, S., & Kutcher, S. (Submitted 2018). Mental health literacy knowledge, stigma, and help-seeking in a sample of Canadian student services providers from junior high and secondary schools. *Canadian Journal of School Psychology*.
2. Baxter, A., Wei, Y., & Kutcher, S. (Submitted 2018). School-based mental health literacy training shifts the quantity and quality of referrals to tertiary child and adolescent mental health services: A Western Canada regional study. *BMC Public Health*.
3. Wei, Y. & Kutcher, S. (Submitted 2018). Understanding Mental Health Literacy of Educators in Canadian Secondary Schools: A Cross-Sectional Survey. *Canadian Journal of Psychiatry*.
4. Kutcher, S., Sasaki, T., & Wei, Y. (2018). Mental Health Literacy and Schools: Effectively applying a similar model to help build good youth mental health outcomes in Japan and Canada. *Japan Journal of School Health*, 60, 141-146.
5. Gilham, C., Austen, E.L., Wei, Y., & Kutcher. (2018). Improving Mental Health Literacy in Post-Secondary Students: Field Testing the Feasibility and Potential Outcomes of a Peer-Led Approach. *Canadian Journal of Community Mental Health*, e-First Article, pp. 1-12. DOI: 10.7870/cjcmh-2018-002
6. Lowe, G.A., Lipps, G.E., Gibson, R.C., Jules, M.A., & Kutcher, S. (2018). Validation of the Kutcher Adolescent Depression Scale in a Caribbean student sample. *CMAJ Open* 6(3), E248-E253. DOI: 10.9778/cmajo.20170035
7. Ravindran, A.V., Herrera, A., da Silva, T.L., Henderson, J., Castrillo, M.E., & Kutcher, S. (2018). Evaluating the benefits of a youth mental health curriculum for students in Nicaragua: a parallel-group, controlled pilot investigation. *Global Mental Health* 5(4), 1-12. DOI: 10.1017/gmh.2017.27
8. Wei, Y., Baxter, A., & Kutcher, S. (Submitted 2017). Establishment and validation of a mental health literacy measurement in Canadian educators. *Journal of Epidemiology and Psychiatric Sciences*.
9. Kutcher, S., Wei, Y., Heisler, C., Gilberds, H., Udedi, M., Chapota, R., Brown, A., &

- Perkins, K. (accepted 2017). Evaluating Community Health Care Providers Capacity in the Identification, Diagnosis and Treatment of Adolescent Depression in Malawi. *Malawi Medical Journal*.
10. Kutcher, S., Wei, Y., Gilberds, H., Brown, A., Ubuguyu, O., Njau, T., Sabuni, N., Magimba, A., & Perkins, K. (2017). Addressing Adolescent Depression in Tanzania: Positive primary care workforce outcomes using a training cascade model. *Depression Research and Treatment*, 2017, 1-9. DOI: 10.1155/2017/9109086
 11. Weist, M.D., Burns, E., Whitaker, K., Wei, Y., Kutcher, S., Larsen, T., Holsen, I., Cooper, J., Geroski, A., & Short, K.H. (2017). School Mental Health Promotion and Intervention: Experiences from Four Nations. *School Psychology International*, 38(4). 343-362.
 12. Kutcher, S. (2017). Child and Youth Mental Health: Investing in the Front End. *The Canadian Journal of Psychiatry/La Revue canadienne de psychiatrie*, 62(4). 232-234. DOI:10.1177/0706743717698670
 13. Wei, Y., McGrath, P., Hayden, J., & Kutcher, S. (2017). Measurement Properties of Mental Health Literacy Tools Measuring Help-seeking: A Systemic Review. *Journal of Mental Health*. DOI:10.1080/09638237.2016.1276532
 14. Kutcher, S., Wei, Y., & Behzadi, P. (2017). Suicide Prevention: Doing the right thing is not the same as doing something. *The Canadian Journal of Psychiatry/La Revue canadienne de psychiatrie*, 62(4). 296-297. DOI:10.1177/0706743717695087
 15. Kutcher, S., Udedi, M., Gilberds, H., Brown, A., Chapota, R., & Perkins, K. (2017). Clinic outcomes of the Pathway to Care Model: A cross-sectional survey of adolescent depression in Malawi. *Malawi Medical Journal* 29(2), 97-102. DOI: 10.4314/mmj.v29i2.4
 16. Kutcher, S., Wei, Y., Gilberds, H., Brown, A., Ubuguyu, O., Njau, T., Sabuni, N., Magimba, A., & Perkins, K. (2017). The African Guide: One Year Impact and Outcomes from the Implementation of a School Mental Health Literacy Curriculum Resource in Tanzania. *Journal of Education and Training Studies*, 5(4), 64-73. DOI:10.11114/jets.v5i4.2049
 17. Carr, W., Wei, Y., Kutcher, S., Heffernan, A. (2017). Preparing for the Classroom: Mental Health Knowledge Improvement and Stigma Reduction and their Retention with Enhanced Help-seeking Efficacy in Canadian Pre-Service Schools. *Canadian Journal of School Psychology*. DOI: 10.1177/0829573516688596
 18. Wei, Y., McGrath, P., Hayden, J., Kutcher, S. (2017). The Quality of Mental Health Literacy Measurement Tools Evaluating the Stigma of Mental Illness: A Systemic Review. *Epidemiology and Psychiatric Sciences*. DOI:10.1017/S2045796017000178

19. Kutcher, S., Gilberds, H., Heisler, C., Udedi, M., & Perkins, K. (submitted 2016). Malawi primary health care worker youth depression competency development: A first field report of an ongoing program evaluation. *BMC Psychiatry*.
20. Murphy, A.L., Martin-Misener, R., Kutcher, S.P., O'Reilly, C.L., Chen, T.F., & Gardner, D.M. (2016). From personal crisis care to convenience shopping: An interpretive description of the experiences of people with mental illness and addictions in community pharmacies. *BMC Health Services Research*, 16(1):569
21. Mulvale, G., Kutcher, S., & Meade, P. (2016). Developing a Child and Youth Mental health and Addictions Framework for Yukon as a Foundation for Policy Reform: Engaging Stakeholders through a Policy and Research Partnership. *Health Reform Observer*, 4(2). DOI: [dx.doi.org/10.13162/hro-ors.v4i2.2898](https://doi.org/10.13162/hro-ors.v4i2.2898)
22. Wei, Y., McGrath, P.J., Hayden, J., & Kutcher, S. (2016). Measurement properties of tools measuring mental health knowledge: A systemic review. *BMC Psychiatry*, 16(1): 297.
23. Kutcher, S., Wei, Y., Gilberds, H., Brown, A., Ubuguyu, O., Njau, T., Sabuni, N., Magimba, A., & Perkins, K. (2016). A school mental health literacy curriculum resource training approach: effects on Tanzanian teachers' mental health knowledge, stigma and help-seeking efficacy. *International Journal of Mental Health Systems*, 10:50. 10.1186/s13033-016-0082-6
24. Kutcher, S., Wei, Y., Gilberds, G., Brown, A., Ubuguyu, O., Njau, T., Sabuni, N., Magimba, A., & Perkins, K. (2016). Evaluating Community Health Care Providers Knowledge and Self-confidence in the Identification, Diagnosis and Treatment of Adolescent Depression in Tanzania. *Arch Depress Anxiety*, 2 (1), 26-30.
25. Kutcher, S., Wei, Y., & Behzadi, P. (2016). School and Community Based Youth Suicide Prevention Interventions: Hot Idea, Hot Air or Sham? *The Canadian Journal of Psychiatry/La Revue canadienne de psychiatrie*. DOI: 10.1177/0706743716659245
26. Kutcher, S., Wei, Y., Costa, S., Gusmão, R., Skokauskas, N., & Sourander, A. (2016). Enhancing Mental Health Literacy in Young People [Editorial]. *European Child and Adolescent Psychiatry*.
27. Forchuk, C., Reiss, J., Eichstedt, J.A., Singh, D., Collins, K., Rudnick, A., Walsh, J., Ethridge, P., Kutcher, S., Fisman, S. (2016). The youth-mental health engagement network: an exploratory pilot study of a smartphone and computer-based personal health record for youth experiencing depressive symptoms. *International Journal of Mental Health*, 45 (3), 205-222.
28. Milin, R., Kutcher, S., Lewis, S.P., Walker, S., Wei, Y., Ferrill, N., & Armstrong, M.A. (2016). Impact of a mental health curriculum on knowledge and stigma among high school students: a randomized controlled trial. *Journal of the American Academy of Child and Adolescent Psychiatry*, 55 (5), 383-391.

29. Kutcher, S., Wei, Y., & Coniglio, C. (2016). Mental Health Literacy: Past, Present and Future. *The Canadian Journal of Psychiatry*, 61 (3), 154-158.
30. Bruce, V.A. & Kutcher, S. (2016). Electronic Interventions for Depression in Adolescents: Hot Idea or Hot Air? *South African Journal of Psychology*, 46(3), 1-13.
31. Murphy, A.L., Phelan, H., Haslam, S., Martin-Misener, R., Kutcher, S.P., & Gardner, D.M. (2016). Community pharmacists' experiences in mental illness and addictions care: A qualitative study. *Substance Abuse Treatment, Prevention, and Policy*, 11 (6).
32. Garland, E.J., Kutcher, S., Virani, A., & Elbe, D. (2016). Update on the Use of SSRIs and SNRIs with Children and Adolescents in Clinical Practice. *Journal of the Canadian Academy of Child and Adolescent Psychiatry*, 25 (1), 5-10.
33. Cheung, A., Levitt, A., Cheng, M., Santor, D., Kutcher, S., Dubo, E., Garland, J., Weiss, M., & Kiss, A. (2016). A Pilot Study of Citalopram Treatment in Preventing Relapse of Depressive Episode after Acute Treatment. *Journal of the Canadian Academy of Child and Adolescent Psychiatry*, 25 (1), 11-16.
34. Wei, Y., Kutcher, S., & Heffernan, A. (submitted 2015). The Impact of "Go-To Educator Training" on Educator's Knowledge About and Stigma Towards Mental Illness in Four Canadian Provinces. *Health Education and Behaviour*.
35. Wei, Y., McGrath, P., Hayden, J., & Kutcher, S. (2015). Mental health literacy measures evaluating knowledge, attitudes and help-seeking: A scoping review. *BMC Psychiatry*, 15 (1), 291.
36. Kutcher, S., Gilberds, H., Morgan, C., Udedi, M., & Perkins, K. (2015). Malawi Educators' Assessment of Student Mental Health Outcomes. *International Journal of School and Cognitive Psychology*, SC2:009.
37. Murphy, A.L., Gardner, D.M., Chen, T.F., O'Reilly, C., & Kutcher, S. (2015). Community pharmacists and the assessment and management of suicide risk. *Canadian Pharmacists Journal*, 148, 171-175.
38. Kutcher, S., Wei, Y., & Morgan, C. (2015). Successful Application of a Canadian Mental Health Curriculum Resource by Usual Classroom Teachers in Significantly and Sustainably Improving Student Mental Health Literacy. *The Canadian Journal of Psychiatry/La Revue canadienne de psychiatrie*, 60 (12) 580-586.
39. Mulvale, G., Kutcher, S., Randall, G., Wakefield, P., Longo, C., Abelson, J., Winkup, J., & Fast, M. (2014). Do National Frameworks Help in Local Policy Development: Lessons from the Yukon about the Evergreen Child and Youth Mental Health Framework. *Canadian Journal of Community Mental Health*, 34 (4), 111-128.

40. Murphy, A.L., Gardner, D.M., Kisely, S., Cooke, C., Kutcher, S., & Hughes, J. (2015). System struggles and substitutes: A qualitative study of general practitioner and psychiatrist experiences of prescribing antipsychotics to children and adolescents. *Clinical Child Psychology and Psychiatry*, 21(4), 634-648.
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42. Murphy, A.L., Gardner, D.M., Martin-Misener, R., Naylor, T., & Kutcher, S.P. (2015) Partnering to enhance mental health care capacity in communities: A qualitative study of the More Than Meds program. *Canadian Pharmacists Journal*, 148, 314-324.
43. Murphy, A.L., Gardner, D.M., Martin-Misener, R., & Kutcher, S.P. (2015). Pharmacists' performance in a telephone-based simulated patient following a mental health capacity-building program. *International Journal of Clinical Pharmacy*, 37 (6), 1009-1013.
44. Bennett, K., Rhodes, A.E., Duda, S., Cheung, A.H., Manassis, K., Links, P., Mushquash, C., Braunberger, P., Newton, A.S., Kutcher, S., Bridge, J.A., Santos, R.G., Manion, I.G., McLennan, J.D., Bagnell, A., Lipman, E., Rice, M., & Szatmari, P. (2015). A youth suicide prevention plan for Canada: A systematic review of reviews. *The Canadian Journal of Psychiatry*, 60 (6), 245-257.
45. Kutcher, S., Bagnell, A., & Wei, Y. (2015). Mental Health Literacy in Secondary Schools: A Canadian Approach. *Child Adolescent Psychiatric Clinics of North America*, 24 (2), 233-244.
46. Wei, Y., Kutcher, S., & LeBlanc, J. (2015) Hot Idea or Hot Air: A Systematic Review of Evidence for Two Widely Marketed Youth Suicide Prevention Programs and Recommendations for Implementation. *Journal of the Canadian Academy of Child and Adolescent Psychiatry*, 21 (1), 5-16.
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64. Kutcher, S. & McLuckie, A. (2013). Evergreen: Creating a Child and Youth Mental Health Framework for Canada. *Psychiatric Services*, 64 (5), 479-482.
65. Wei, Y., Hayden, J., Kutcher, S., Zygmunt, A., & McGrath, P. (2013). The Effectiveness of School Mental Health Literacy Programs to Address Knowledge, Attitudes, and Help-Seeking among Youth: A Systematic Review. *Early Intervention in Psychiatry*, 7 (2), 109-121.
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71. Wei, Y. & Kutcher, S. (2011). International school mental health: global approaches, global challenges, and global opportunities. *Child Adolesc Psychiatr Clin N Am.*, 102 (1), 11-27.
72. Spennath, M., Clarke, M., & Kutcher, S. (2011). The Science of Brain and Biological Development: Implications for Mental Health Research, Practice and Policy. *J Can Academy Child Adolescent Psychiatry*, 20 (4), 298-304.
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- Tugwell, P., coauthors of the Canadian Collaboration for Immigrant and Refugee Health (Kutcher, S.). (2011). Evidence-based clinical guidelines for immigrants and refugees. *CMAJ*, 183 (12), E824-925.
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NON PEER-REVIEWED PUBLICATIONS (2009 – 2018)

1. Wei, Y. & Kutcher, S. School Based Mental Health Literacy: Effectively Addressing the need with Evidence Based Resources. *CAP Journal*. Spring 2018.
2. Kutcher, S. Suicide Post-vention in Schools: Addressing an emotional issue using best available information and critical thought. *CAP Journal*. Spring 2018.

3. Kutcher, S. Stop pushing the mental health panic button. *The Chronicle Herald*. March 31, 2018.
4. Kutcher, S. Is my child depressed? Being moody isn't a mental illness. *The Conversation*. March 26, 2018.
5. Kutcher, S. Let's talk about how our culture compounds mental health crises. *The Chronicle Herald*. January 31, 2018.
6. Kutcher, S. Youth mental health: More hot air or action? *The Chronicle Herald*. Editorial. February 6, 2018.
7. Kutcher S. Effective, Sustainable and Integrated School Mental Health: A Canadian Opportunity. *BC School Counsellors Magazine*. Vol 10, No. 3, Fall 2015
8. Kutcher S, Wei YF. School Mental Health Literacy. *Canada Education*. Vol 6, Issue 2: Spring 2014.
9. Garcia-Ortega, I., Kutcher, S., Shea, M., & Alshazly, F. Marijuana and Psychosis. *Moods Magazine*. Spring 2013
10. Kutcher S. The Developing Adolescent Brain: Some Implications for Educators. *OSCA TODAY* – Fall 2012
11. McCarther M, Carew C, Kutcher S, Whynacht A. Ten Ways You Can Support A Friend With Mental Illness. *Moods Magazine*. Summer 2012
12. Kutcher S. Thinking Critically About Meeting Mental Health Care Needs of Youth. Canada's Children. (v18 n3) Summer 2012
13. Carew C, Shea M, Kutcher S. Teening Your Parent. *Moods Magazine*. Spring 2012
14. Carew C, Kutcher S. To Disclose or Not to Disclose. *Moods Magazine*. Winter 2012.
15. Kutcher S, Shea M, Carew C. Awareness of Mental Health. *Moods Magazine*. Fall 2010.
16. Garcia-Ortega I, Carew C, Kutcher S. Alcohol's Mixed Messages. *Moods Magazine*. Summer 2011.
17. Al-Mosawie A, Kutcher S. Depression on Mild Brain Injury? *Moods Magazine*. Summer 2011.
18. Kutcher, S. Facing the Challenge of Care for Child and Youth Mental Health in Canada: A Critical Commentary, Five Suggestions for Change and a Call to Action. *Healthcare Quarterly*. Vol. 14 Special Issue. April 2011.

19. Kutcher S, Radchuck K. Digital Mental Health Monitoring. *Moods Magazine*. Winter 2011.
20. Carew C, Kutcher S. Will I Become Addicted. *Moods Magazine*. Fall 2010.
21. Carew C, Kutcher S. Because you're worth it. *Moods Magazine*. Summer 2010.
22. Szumilas M, Kutcher S. Teen Suicide information on the Internet: A systematic analysis. *Canadian Journal of Psychiatry*. 2009
23. Kutcher S, Venn D. Youth Depression. *Metro News*. May 5, 2009.
24. Kutcher S, Huntley H. Mental Illness on Campus. *Moods Magazine*. Winter 2009.

INVITED PRESENTATIONS (2000 – 2018)*

(*for invited presentations prior to 2000 please see appendix)

Over 380 invited academic presentations in over ten different countries

1. "Suicide Prevention." Alberta Suicide Prevention Community of Practice meeting. Calgary, Alberta (attended remotely). September 5, 2018.
2. "Mental Health Literacy". Mental Health Foundation of Nova Scotia. Dartmouth, Nova Scotia. August 20, 2018.
3. Keynote lecture at the Ontario Secondary School Teachers' Federation (OSSTF) Leadership Conference 2018. Toronto, Ontario. August 16, 2018.
4. "Challenges in Understanding and Acting to address Campus Mental Health." Cape Breton University. Sydney, Nova Scotia. July 17, 2018.
5. Keynote: "What is mental health and how can we achieve it?" Canadian School Boards Association National Congress. Halifax, Nova Scotia. July 6, 2018.
6. Mental Health Literacy session for Principals. Halifax Regional Centre for Education. Halifax, Nova Scotia. May 24, 2018.
7. "What do you want to know about anxiety but have been too anxious to ask?" The Atlantic Provinces Special Education Authority (APSEA). Halifax, NS. May 23, 2018.
8. "An evening with Dr. Stan Kutcher: Adolescent Mental Health & Systemic Responses". Richmond School District. Richmond, British Columbia. May 14, 2018.
9. Keynote: "Mental Health Literacy". British Columbia Ministry of Education School Community Mental Health Conference. Richmond, British Columbia. May 11, 2018.

10. “Mental Health in the SchoolsPlus Context”. SchoolsPlus Professional Development Day. Darmouth, Nova Scotia. May 4, 2018.
11. “Mental Health 101 with Dr. Stan Kutcher”. Community session hosted by the Strait Regional Centre for Education. Antigonish, Nova Scotia. April 30, 2018.
12. Workshops: “Our current generation of young people and the challenges of getting past our wellness chimera to realize health”, and “Understanding Depression and the Common Anxiety Disorders of young people”. Nova Scotia Chapter of the Canadian Counselling Psychotherapy Association – Professional Development Day. Wolfville, Nova Scotia. April 28, 2018.
13. Keynote: “Understanding and Addressing Key Components”. Educational Services Officers (ESO) Conference. Toronto, Ontario. April 13, 2018.
14. “Workplace Wellness: Defining and improving mental health”. Benefits³ 2018 Conference, Medavie Blue Cross. Halifax, Nova Scotia. April 5, 2018.
15. Mental Health Town Hall, Sackville High School. Sackville, Nova Scotia. April 4, 2018.
16. Keynote: “Mental Health Literacy: Are you feeling uncomfortable yet?” Let’s Get Learning: The importance of mental health and well-being in education. McGill University. Montreal, Quebec. March 27, 2018.
17. “Mental Health, Hot Idea, Hot Air or Both: Thinking about what the ROI is likely to be.” Windsor Foundation Board. Halifax, Nova Scotia. March 26, 2018.
18. “Adolescent mental health disorders in primary health care”. Harbourside Health Centre. Summerside, Prince Edward Island. March 16, 2018.
19. “A conversation with Stan Kutcher”. Senior Leadership team, Seneca College. Whitby, Ontario. March 8, 2018.
20. “Introduction to Mental Health Literacy” for Teacher candidates. Mount Saint Vincent University. Halifax, Nova Scotia. March 2, 2018.
21. “Poison Envy: How do social media and the wellness industry convince us we are sick?” Canadian Centre for Ethics and Public Affairs (CCEPA). Halifax, Nova Scotia. February 28, 2018.
22. “Introduction to Mental Health Literacy” for Teachers and Counsellors. Trafalgar Castle School. Whitby, Ontario. February 13, 2018.
23. Mental Health Literacy session with Principals and Guidance Counsellors. Conseil

- scolaire acadien provincial (CSAP). Dartmouth, Nova Scotia. February 9, 2018.
24. “Mental Health 101 with Dr. Stan Kutcher”. Dartmouth High School. Dartmouth, Nova Scotia. January 31, 2018.
 25. Webinar: “Understanding Mental Health in the Paediatric Population.” British Columbia Chiropractic Association. January 16, 2018.
 26. “Introduction to Mental Health Literacy” for Teacher candidates. Faculty of Education, University of British Columbia. Vancouver, British Columbia. January 12, 2018.
 27. Mental Health Literacy sessions. Edmonton Catholic School Board. Edmonton, Alberta. November 20-21, 2017.
 28. “Mental Health Literacy in Schools: addressing Pollyanna, pap and the wellness industry with evidence, clear language and critical thinking”. researchED Toronto Conference. November 10, 2017.
 29. “Critically thinking about Integrating Mental Health into Primary Care” and “Clinical Update and Useful Tools for Everyday Practice”. SCHP Retreat (attended by video conference). Iqaluit, Nunavut. November 23, 2017.
 30. Invited speaker at Queen’s University Resident Research Day. Kingston, Ontario. October 27, 2017.
 31. Keynote at the Divisional Professional Development Day, Seven Oaks School Division. Winnipeg, Manitoba. October 16, 2017.
 32. Webinar: “Promoting Mental Health, Providing Psycho-Social Support in Schools in Low Resource Countries.” International School Health Network. October 13, 2017.
 33. Invited expert to the Washington Mental Health Summit (attended by video conference). Seattle, Washington. October 5, 2017.
 34. “Introduction to Mental Health Literacy” for Teacher candidates. Faculty of Education, University of British Columbia. Vancouver, British Columbia. October 4 & 6, 2017.
 35. “Introduction to Mental Health Literacy” for Teacher candidates. Faculty of Education, University of British Columbia. Vancouver, British Columbia. September 19 & 21, 2017.
 36. “What do you want to know about anxiety but have been too anxious to ask?” The Atlantic Provinces Special Education Authority (APSEA). Halifax, Nova Scotia. September 7, 2017.
 37. “Mental Health Literacy for Grades 8-10”, and “Transitions/Know Before you Go”.

- Learning Fair 2017. Niagara-on-the-Lake, Ontario. August 24, 2017.
38. Keynote: “What to do after a tragedy?” Mental Health Academy presented by the Sun Life Financial Chair in Adolescent Mental health. Halifax, Nova Scotia. July 20-21, 2017.
 39. Keynote at the Acadia University School of Education Graduate Summer Conference Day. Wolfville, Nova Scotia. July 11, 2017.
 40. Keynote at the Canadian Association of School System Administrators (CASSA) Annual Conference. Halifax, Nova Scotia. July 5-7, 2017.
 41. “Pathway through mental health care: the complete and comprehensive school approach” webinar. Canadian Association of Pediatric Health Centres. June 14, 2017.
 42. Peking University Institute of Mental Health and Sixth Hospital. Beijing, China. May 31-June 7, 2017.
 43. “Transitions: Reinventing the wheel”, Atlantic Provinces Child and Adolescent Psychiatry Conference, Hunts Point, Nova Scotia. May 27, 2017.
 44. Keynote: “Feeling a bit uncomfortable? Thinking critically about mental health literacy”, Annual General Meeting and Conference of the Nova Scotia School Boards Association, Antigonish, Nova Scotia. May 25, 2017.
 45. Keynote: “Make Stress your Friend: what the stress/happiness/wellness industry does not want you to know”. NSTU Sheonoroil Conference, Halifax, Nova Scotia. April 27, 2017.
 46. Mental Health Expert Panel, Jack Summit. Toronto, Ontario. March 18, 2017.
 47. Mental Health Town Hall, Captain William Spry Community Centre. Halifax, Nova Scotia. March 2, 2017.
 48. “Adolescent Mental Health and Schools: From Confusion to Clarity”. National Academy of Canada's Outstanding Principals. Rotman School of Management. Toronto, Ontario. February 26, 2017.
 49. “Mental Health in Young People”. Edmonton Regional Learning Consortium. Edmonton, Alberta. January 18, 2017.
 50. “Teen Mental Health & Mental Illness – Mental Health & High School Curriculum”. Mental Health & High School Curriculum Training Week. Vancouver, British Columbia. December 6-7, 2016.
 51. “Youth Mental Health, Mental Illness and Suicide”. Saint John XXIII Parish, Cole

- Harbour, Nova Scotia. November 24, 2016.
52. Seminar: “Mental Health Literacy for Youth, Strategies for Teachers”. Center for Excellence in School Education, University of Tokyo, Japan. October 23, 2016.
 53. “Integrated Youth Mental Health: An African Odyssey” The 22nd International Association of Child and Adolescent Psychiatry and Allied Professionals World Congress (IACAPAP). Calgary, Alberta. September 20, 2016
 54. “Key Trends and Challenges – What does the research say about mental health?”. Council of Atlantic Ministers of Education & Training (CAMET) Mental Health Symposium. Halifax, Nova Scotia. June 16, 2016
 55. Keynote at the Faculty of Public Health Annual Conference. Brighton, United Kingdom. June 14, 2016
 56. Panel Discussion: “eHealth or eShelf?”. eHealth Annual Conference & Tradeshow. Vancouver, British Columbia. June 7, 2016
 57. Panel Presentation: “Doctor, the patient will see you now on screen 4!”. eHealth Annual Conference & Tradeshow. Vancouver, British Columbia. June 7, 2016
 58. Keynote at Opening Doors – End Family Violence. Millbrook First Nation, Nova Scotia. June 2, 2016
 59. “TeachMentalHealth: Developing Mental Health Literacy in Teaching Education”. The Canadian Society for the Study of Education XLIV Annual Conference. Calgary, Alberta. May 29, 2016
 60. Panel Discussion: “Mental health literacy in undergraduate and graduate teacher education”. The Canadian Society for the Study of Education XLIV Annual Conference. Calgary, Alberta. May 29, 2016-07-29
 61. TEDx: “Improving mental health care for young people and their families – What can communities do?”. Nova Scotia Community College. Dartmouth, Nova Scotia. May 26, 2016
 62. “Mental Health Issues in the Classroom”. Broadcast Educators Association of Canada Conference. Halifax, Nova Scotia. May 25, 2016
 63. “Solving the Grand Challenges in Global Mental Health: Addressing Youth Depression in Africa”. Department of Psychiatry, Grand Rounds Presentation. Dalhousie University. Halifax, Nova Scotia. May 25, 2016
 64. “Campus Mental Health: Are we getting it right, or are we getting it wrong?” Interchange

- 2016 Conference. Dalhousie University. Halifax, Nova Scotia. May 17, 2016
65. “New Directions in School Mental Health – making things right”. Edmonton Catholic School Board. Edmonton, Alberta. April 28, 2016
 66. “Understanding Youth Suicide: a schools based approach”. Edmonton Public School Board. Edmonton, Alberta. April 26, 2016
 67. “Youth mental health in Schools: the need, the challenge, the opportunity”. Edmonton Public School Board. Edmonton, Alberta. April 26, 2016
 68. “Addressing Suicide Prevention and Adolescent Depression in the School Setting”. Edmonton Catholic School Board. Edmonton, Alberta. April 27, 2016
 69. “A primary care training program for adolescent depression in Canada: Development and details”. 8th International Congress on Psychopharmacology & 3rd International Child and Adolescent Psychopharmacology symposium. Antalya, Turkey. April 23, 2016.
 70. “Mental Health Promotion in Africa: The Focus on Adolescents.” Dissemination of Effective Depression and Suicide Prevention Programs. Euthymia Inaugural Conference. Lisbon, Portugal. April 19, 2016.
 71. Panel Discussion: “Ensuring Equitable Access and Outcomes: Interventions for Diverse Populations”. Solving the Grand Challenges in Global Mental Health: Maintaining Momentum on the Road to Scale Up. Grand Challenges Canada and US National Institute of Mental Health (NIMH). Washington, D.C. April 15, 2016.
 72. Panel Discussion: “Innovations in Mental Health Promotion, Protection, Care and Funding”. Out of the Shadows: Making Mental Health a Global Priority. World Bank and the World Health Organization. Washington, D.C. April 13-14, 2016.
 73. President’s Colloquium on Mental Health. St. Francis Xavier University. Antigonish, Nova Scotia. March 28, 2016.
 74. “School-based Mental Health Literacy: Foundation for Promotion, Prevention and Mental Health Care.” St. Catherine’s College, Cambridge University. March 18, 2016.
 75. MasterMind Uptake Seminar. Treviso, Italy. February 10-11, 2016.
 76. Sandbox Project, Mental Health Working Group. Toronto, Ontario. January 20, 2016.
 77. “Junior High Chats” Parent Presentations. Bicentennial Junior High. Dartmouth, Nova Scotia. January 7, 2016.
 78. “Strengthening Mental Health Services for Children and Families.” Keynote at the

- Institute of Health Economics Innovation Forum XIV. Edmonton, Alberta. November 19, 2015.
79. “The Mental Health System: What needs to change?” Consensus Conference on the Mental Health of Emerging Adults: Making transitions a priority in Canada Mental Health Commission of Canada. Ottawa, Ontario. November 2-4, 2015.
 80. “Five Key Things We Can do to Improve Youth Mental Health Care in Canada.” Health Achieve East Conference. Delta Halifax, Halifax, Nova Scotia. November 2, 2015.
 81. “Improve your Mental Health Literacy to Support your Teen” Eastern Shore Musquodoboit Community Health Board, Musquodoboit Rural High School. Musquodoboit, Nova Scotia October 28, 2015.
 82. “Collaborative approach to building supports for youth” Keynote at British Columbia School Counsellors Association. Vancouver, British Columbia. October 23, 2015.
 83. “Anxiety and its Discontents” Workshop at British Columbia School Counsellors Association. Vancouver, British Columbia. October 23, 2015.
 84. “Junior High Chats” Parent Presentations. Sackville High School. Halifax, Nova Scotia. October 15, 2015.
 85. “Junior High Chats” Parent Presentations. Auburn Drive High School. Halifax, Nova Scotia. October 13, 2015.
 86. Kutcher, S. “Integrated Mental Health Literacy in Secondary Schools: Model, Practice and Results.” 3rd International Conference of Youth Mental Health. Montreal, Quebec. October 10, 2015.
 87. Kutcher, S., Wei, Y. & MacKay, A. “Transitions – An Evidence Based Mental Health Literacy Resource for First Year Post-Secondary Students.” 3rd International Conference of Youth Mental Health. Montreal, Quebec. October 10, 2015.
 88. Roberts, N., Kutcher, S. et al. “Providing Young People Access to Personalized Primary Mental Health Care through Accessible Technology: Sandbox Project.” CACAP Annual Conference. Quebec City, QC. October 4, 2015.
 89. Kutcher, S. & Wei, Y. “What role can schools play in the pathway to youth mental health care? Canadian Association of Pediatric Health Centres Webinar. September 2, 2015.
 90. “Mental Health Policy and Mental Health Care needs of youth people and their families” Mental Health Commission of Canada Citizens Reference Panel. National Arts Centre. Ottawa ON. June 18, 2015

91. “Delivering Mental Health Care at Scale via Non-Health Sectors: Schools Panel.” “Global Mental Health Community Meeting (GCC)” Sandra Rotman Centre. Toronto ON. June 4, 2015
92. “Junior High Chats” Parent Presentations. Prince Andrew High, Dartmouth, June 2, 2015
93. “Youth Mental Health” Metro Toronto Convention Centre, Toronto, May 31, 2015
94. “Junior High Chats” Parent Presentations. Millwood High, Middle Sackville, May 26, 2015
95. “A Prevention Approach in Mental Health: What Works” Third Annual Workshop of Senior Provincial and Territorial Officials, University Club of Toronto, May 21, 2015
96. “Youth Mental Health” Senate Presentations, Parliament Hill, Ottawa, ON, May 13, 2015
97. “Mental Health and the Transition to Post-Secondary Education: Making Sense of a Confusing Time” AAU Mental Health Summit, Dalhousie University, Halifax, NS, May 12, 2015
98. “Addressing ADHD: A Comprehensive Session” Shanghai, China, April 14-16, 2015
99. Wei, Y. Kutcher, S. “Seamless Integration of School Based Mental Health Literacy from Junior High to Post-Secondary Schooling: Evidence and Hands on Experience” Canadian Educators Conference on Mental Health. Ottawa, ON, April 23, 2015
100. “Mental Health Literacy” Canadian Educators Conference on Mental Health. Ottawa, ON, April 23, 2015
101. Opening Plenary “Mental Health Literacy in Schools” ERDI Spring 2015 Conference, Ottawa, ON. April 9, 2015.
102. “Youth Transiting to Post Secondary School”. Atlantic Aboriginal Post-Secondary Education Conference. MSVU, Halifax, NS. March 10, 2015.
103. “Coordination of Care for Youth with Mental Health Conditions: What works? What doesn’t work? How do we make it better?” Panel Presentation. The Atlantic Regional Training Centre. Saint Mary’s University, Halifax, NS. December 5, 2014.
104. “School Mental Health: Snapshots of Global Innovations” Manitoba Conference on Mental Health and Wellness. Winnipeg, MB. November 13, 2014.
105. “Secondary School Mental Health Literacy: A Critical Overview, Integrated Suggestions, and Evidence for Effectiveness”. Manitoba Conference on Mental Health and Wellness. Winnipeg, MB. November 13, 2014.

106. "Mental Health Resources for Teachers". ATEC 2014 Conference. Dartmouth, NS. October 24, 2014.
107. "What do you need to know about Youth Mental Health". Adult Educators Conference. NSCC Waterfront Campus. Dartmouth, NS. October 24, 2014.
108. "Mental Health Literacy: Developmental Considerations in the School Setting", Quebec Complementary Education Services Symposium. Montreal, Quebec. October 7, 2014
109. "Anxiety: the Good, the Bad and the Ugly" Quebec Complementary Education Services Symposium. Montreal, Quebec. October 7, 2014.
110. "Mental Health Literacy in Junior High and Secondary Schools: foundation for mental health promotion; prevention and care" University of British Columbia, Department of Education. September 30, 2014.
111. Stan Kutcher. (2014). School Mental Health in Nova Scotia, Canada: from Ideas, to Policy, to Programs (2009-2013), 8th World Congress on the Promotion of Mental Health and Prevention of Mental and Behavioural Disorders, September 24-26.
112. Stan Kutcher, Yifeng Wei. (2014). Mental Health & High School Curriculum Guide: An Evidence-Based Mental Health Literacy Program, 8th World Congress on the Promotion of Mental Health and Prevention of Mental and Behavioural Disorders, September 24-26.
113. Stan Kutcher, Rob Milin, Yifeng Wei, Stephen P. Lewis, Selena Walker, Natasha Ferrill Alan McLuckie. (2014). School Mental Health Literacy to Improve Mental Health Knowledge, Reduce Stigma and Enhance Help-Seeking Behaviors: A Successful Canadian Approach, 16th World Congress of Psychiatry, Madrid: September 14-18, 2014.
114. Forchuk, C., Capretz, M., Collins, K., Eichstedt., J., Fisman, S., Hoch, J., Kutcher, S., Reiss, J., Rudnick, A., Singh., D. Youth-Mental Health Engagement Network (Y-MHEN). Oral Presentation. Diagnosis, Prevention and Treatment in Mental Health: Effectiveness and Comparative Effectiveness, American Association for the Advancement of Science (AAAs). Washington D.C., September 28-29, 2014.
115. "Electronic Interventions for treatment of adolescent depression: hot idea or hot air?" & "Youth mental health literacy, schools and primary care: challenges and opportunities" 21st World Congress of the International Association for Child and Adolescent psychiatry and Allied Professions. Durban South Africa, August 13-14, 2014
116. Hosted the Mental Health Academy. Two presentations: Bagnell, A., Kutcher, S. "Anxiety & Stress: Know the Difference". Elliott, J., Kutcher, S., "Who Should Handle This?" Halifax, NS July 10-11, 2014.

117. “Mental Health Engagement Network (MHEN): Facilitating Mobile Patient Care” e-Health Conference. Vancouver BC, June 4, 2014.
118. “Moving to Post Secondary Schooling: The Mental Health Challenge and Possible Ways to Help” AAEO Conference. Charlottetown, PEI May 30, 2014.
119. “Using National Frameworks for Local Policy Development: A Case Study of Child and Youth Mental Health in the Yukon” CAHSPR Conference. Toronto, Ontario May 13, 2014.
120. “Intersections of Art, Mental Health and Recovery” NSCC Waterfront Campus, Dartmouth NS May 12, 2014.
121. Forchuk C., Capretz M., Collins K., Eichstedt J., Fisman S., Hoch J., Kutcher S., Reiss J., Rudnick A., Singh D. Youth-Mental Health Engagement Network (Y-MHEN). Oral Presentation. Arthur Labatt Family School of Nursing Western University, 27th Annual Research Conference- Reorienting the Health System to What Truly Matters: Values of Health Care. May 9, 2014. London, ON.
122. “School-Based Mental Health – A Family Model and a School-Based Mental Health Literacy Approach to Address the Needs of Children Youth and Families.” Consensus Conference on Family Smart and Youth Engagement. Vancouver, BC May 3, 2014.
123. “School Mental Health: Opportunities as part of the pathway through care” National Healthy Schools Conference. London, Ontario April 10, 2014.
124. “Teaching Mental Health and Disease” World Congress on Brain, Behavior and Emotions. Montreal, April 7, 2014.
125. Understanding the Teenage Brain, After School Network Event, Health Child Manitoba. Winnipeg, MB. March 21, 2014
126. Brain Canada. School Mental Health: Mental Health Literacy and Mental Health Care for Young People, Halifax Club. Halifax, NS. February 11, 2014
127. Dalhousie Graham Goddard Lecture: Addressing youth mental health in NS schools, a successful CMHA, academic and government collaboration. Halifax, NS. January 31, 2014
128. Independent school conference in Halifax: An overview of the Grade9/10 Mental Health Curriculum and share the importance of students accessing this information. Halifax, NS. January 24, 2014.

129. Sandbox Project, Mental Health Working Group. Toronto Ontario. January 23, 2014
130. “Dealing with Teenagers with Mental Health Issues”. SSTA Conference, Halifax NS. October 25, 2013
131. Understanding Adolescent Mental Health: Canada-China Joint Workshop on “Mood Disorders and Mental Health”. Beijing, China. September 12, 2013
132. Understanding Mental Health Treatment: A Recipient’s Opportunity. Promoting Mental Health in BC Schools: Summer Institute 2013. Vancouver BC. August 23, 2013
133. Open Mic: Your Questions about Mental Health Treatment Answered. Promoting Mental Health in BC Schools: Summer Institute 2013. Vancouver, BC. August 23, 2013
134. Pathways to Mental Health Care with Young People: Horizontal Needs in a Vertical World. Student Support Leadership Initiative – Niagara. Niagara, ON. July 31, 2013
135. What to do in a Mental Health Crisis. Academy in School Mental Health. Halifax, NS. July 9, 2013
136. High School Mental Health Curriculum in Practice. Academy in School Mental Health. Halifax, NS. July 8, 2013
137. Youth Suicide: School Based Strategies. Academy in School Mental Health. Halifax, NS. July 8, 2013
138. Brain Development and Physical Activity. Physical Activity Practitioners Exchange. Dartmouth, NS. July 5, 2013
139. Mental Health Literacy. Alberta Children’s Hospital. Calgary, Alberta. June 19, 2013
140. Addressing ADHD in Shanghai: Community Service Model. Shanghai Mental Health Centre, Shanghai Jiao Tong University. June 13-14, 2013
141. Go to Educators. Halton Student Support Leadership Initiative Conference. Oakville, ON. May 7, 2013
142. Mental Health Continuum and Treatment. SSLI/OZAD Mental Health Conference. Windsor, ON. May 4, 2013
143. Schools and Mental Health: addressing the challenge. Manitoba Association of School Superintendents. Winnipeg, MB. April 11, 2013
144. School Mental Health. River East Transcona School Division Joint School District Professional Development. Winnipeg, MB. April 10, 2013

145. Seminar: Mental Health Curriculum in High School. Y-Mind: Sao Paula School of Advanced Science, for Prevention of Mental Disorders. Sao Paulo, Brazil. March 27, 2013
146. International school mental health: global approaches, global challenges, and global opportunities. Y-Mind: Sao Paula School of Advanced Science, for Prevention of Mental Disorders. Sao Paulo, Brazil. March 26, 2013
147. Key Note - Global Health speaker series. Dalhousie Global Brigades Health Conference. Halifax, NS. Jan 12, 2013
148. What do we know about the Mental Health of Children and Youth and What Are we doing About it? McGill University: Youth Mental Health think tank. Montreal, QC. Nov 21-22, 2013
149. Child and Youth Mental Health: Office and Community Strategies. Family Medicine Forum (FMF) 2012. Toronto, ON. Nov 16, 2012
150. Building a mental health culture. Benefits Canada Mental Health Summit, Toronto, ON. Nov 8, 2012
151. “What do we know about the Mental Health of Children and Youth and What Are we doing About it?” Healthy Minds, Productive Futures, Key Note. Ontario School Councilors Association (OSCA) Annual Conference. Toronto, ON. Nov 5, 2012
152. Art and Mental Health – Art teacher/Drama teacher Provincial conference – JL Isley High School. Halifax, NS. Oct 26, 2012
153. Peer Support and Campus Health. Excellence in Health Series Lecture, Dalhousie University. Halifax, NS. October 22, 2012
154. Experiences of the Canadian Collaborating Centers in the implementation of the Regional Strategy on Mental Health in LA&C: Depression in Adolescents. PAHO Meeting. Panama City, Panama. Oct 15-18, 2012
155. A cultural adaptation and implementation of the “Identification, Diagnosis and Treatment of Adolescent Depression for Primary Health Care Providers” for Central America. CACAP Conference. Montreal, QC. Sept 30, 2012
156. “Challenges in Implementing School-Based Mental Health Programs” Everybody’s Children: A Forum on School Based Mental Health. Western, Ontario. September 18, 2012.
157. “What do we know about the Mental Health of Children and Youth and What Are we

- doing About it?" School Administrators' & System Managers' Conference, Keynote. Cobourg, Ontario: August 27, 2012.
158. "The Adolescent Brain: Implications for Educators and Schools". Promoting Mental Health in BC Schools: BC Teachers Summer Institute 2012 – Keynote. Vancouver, British Columbia: August 24, 2012.
159. "Understanding Anxiety: Key Concepts for Educators". Promoting Mental Health in BC Schools: BC Teachers Summer Institute 2012 – Keynote. Vancouver, British Columbia: August 24, 2012.
160. "Educating Youth, Coaches and Parents About Brain Injury: A New Resource" The Hockey Conference – An International Scholarly Conference. Halifax, Nova Scotia: July 14, 2012.
161. "Prevention in Mental Health in Schools: A Canadian Model" IX Congresso da ABPp e I Simpósio Internacional de Neurociências, Saúde Mental e Educação – CEPP: Symposium of Mental Health and Education. Brazil: July 6-7, 2012.
162. "The Teenage Brain: What's happening?" IX Congresso da ABPp e I Simpósio Internacional de Neurociências, Saúde Mental e Educação – CEPP: Symposium of Mental Health and Education. Brazil: July 6-7, 2012.
163. ADHD Seminar – Lecturer. Shanghai, China: June 23 - 24, 2012.
164. Continuing Medical Education Community Hospital Program Seriec - Adolescent Depression - Diagnosis and treatment – Presentation. Truro, Nova Scotia: June 7, 2012.
165. "Access and Wait times Across Canada". National SBMHSA Consortium symposium. Calgary, Alberta. May 31 – June 2, 2012
166. "Mental health literacy; a community's curriculum". Conference keynote. *4th Annual SSLI/Ozad Mental Health Conference* Windsor, Ontario: May 12, 2012.
167. "Supporting Family Mental Health Through Youth Focused Resources". Child and Youth Mental Health Matters Conference 2012. Workshop. Vancouver, British Columbia: May 8, 2012.
168. What Do We Know About Child and Adolescent Mental Health, And What Are We Doing About It? Presentation to Vancouver School District. Vancouver, British Columbia: May 7, 2012.
169. "Supporting Family Mental Health Through Youth Focused Resources". Child and Youth Mental Health Matters Conference 2012 – Presentation. Vancouver, British Columbia: May 6, 2012.

170. "The developing adolescent brain: implications for educators and health providers." CPRI (Child & Parent Resource Institute) - Child & Adolescent Mental Health education and awareness. London, Ontario: May 2, 2012.
171. "Anxiety Disorders" Key Note. Student Mental Health: Partners in Accessibility. Mount Allison University, New Brunswick: April 30, 2012.
172. "Most Common Mental Health Issues in the 16 - 25 Age Group". Student Mental Health: Partners in Accessibility. Mount Allison University, New Brunswick: April 29, 2012.
173. "Innovations to enhance the Pathway to Mental Health Care for Youth: Overview and some examples" Next Frontiers in Mental Health Symposium. Toronto, Ontario: April 24, 2012.
174. Wei Y, Zygmunt A, Hayden J, Kutcher S & McGrath P. (2011). The Effectiveness of school-based mental health literacy programs to enhance knowledge, change attitudes and improve help-seeking behaviours among youth: A systematic review. Presentation at the AACAP and CACAP Joint Conference. October 18-22, 2011. Toronto
175. Mental health and the school environment: secondary schools, promotion and pathways to care. Symposium at the 15th World Congress of Psychiatry. Buenos Aires, Argentina: September 20, 2011.
176. The Evergreen Framework: A child and youth mental health framework for Canada. Paper presentation for the Canadian Association for Health Services and Policy Annual Meeting. May 9-12, 2011. Halifax, NS
177. Kutcher S, Barker J, Connell C, Murray P. Mental Health Theme Group Scientific Session: New directions for transforming child and youth mental health services in Canada. Canadian Association for Health Services and Policy Annual Meeting. May 9-12, 2011. Halifax, NS
178. Evergreen Paper Presentation. The 2011 Sandbox Project Annual Conference. Toronto, ON. January 19, 2011
179. The Evergreen Project: Towards a Child and Youth Mental Health Framework for Canada. 6th World Conference on the Promotion of Mental Health and Prevention of Mental and Behavioural Disorders. Washington, DC: November 17, 2010.
180. Presented at Moving Toward Enhanced Implementation Practice & Maximizing Education Sector Involvement in School Mental Health. Washington, DC: November 16, 2010.
181. Changing How We Provide Health Care to Meet the Needs of People with Mental

- Disorders. The Schizophrenia Society of Nova Scotia 22nd Annual Conference. Halifax, NS: November 26, 2010
182. The Evergreen Project: A National and International Collaboration towards a Child and Youth Mental Health Framework for Canada. AACAP 57th Annual Meeting. New York, USA: October 30, 2010.
183. Youth Suicide Clinical Perspectives. AACAP 57th Annual Meeting. New York, USA: October 29, 2010.
184. Improving Student Mental Health: How do we get there? Presentation at the American Psychiatric Foundation: Advisors Summit “Driving the National Dialogues on Student Mental Health. Washington, DC: October 28, 2010.
185. Mental Health and Well-Being of our Children and Youth – Are we making a Difference Canadian Association of Paediatric Health Centres Conference. Winnipeg, Manitoba: October 19, 2010.
186. Children, Mental Illness and Education. The Challenges of Mental Illness for Children, Youth and their Families Conference. Saint John, NB. October 13, 2010.
187. Invited Speaker. CMHA’s Champions of Mental Health Awards. Ottawa, ON. October 4, 2010.
188. Global Child & Adolescent Mental Health: A Canadian Perspective. Canadian Academy of Child and Adolescent Psychiatry 30th Annual Conference. Toronto, ON: September 26, 2010.
189. Should We Define Who We See By Age Alone? Canadian Academy of Child and Adolescent Psychiatry 30th Annual Conference. Toronto, ON: September 26, 2010.
190. School Mental Health: Development and Evaluation of a National Secondary School Mental Health Curriculum. Canadian Psychiatric Association 60th Annual Conference. Toronto, ON: September 23, 2010.
191. Integrated Pathway to a School Mental Health Model for Canadian Health Care. Canadian Psychiatric Association 60th Annual Conference. Toronto, ON: September 23, 2010
192. Keynote speaker at the WHO/PAHO: Health Workforce Planning and Research, 2010 Summer Institute. “Evidence to Policy: Building Strategies to Address Priority Challenges in Health Care”. Halifax, NS. September, 2010.
193. Adolescent Mental Health & Mental Health Care in Developing Countries. Presentation at the 3rd Biennial Brain Development and Learning Conference: Making Sense of the

- Science. Vancouver, BC. July 16-20, 2010.
194. Kutcher S, Wei Y. (2010). Mental health and the school environment: secondary schools, promotion and pathway to care. Presentation at the 19th World Congress of the International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP), Beijing, China: June 2-6, 2010.
 195. Kutcher S, Wei Y, Szumilas M. (2010). Psychological debriefing in reducing the risk for posttraumatic stress disorder (PTSD) in schools: to use or not to use. Presentation at the 19th World Congress of the International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP), Beijing, China: June 2-6, 2010.
 196. Kutcher S, Szumilas M, Wei Y. (2010). Transitions: Student reality check - a mental health literacy project. Presentation at the 19th World Congress of the International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP), Beijing, China: June 2-6, 2010.
 197. Wei Y, Kutcher S. (2010). Comprehensive school mental Health: an integrated pathway to care model. Presentation at the 19th World Congress of the International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP), Beijing, China: June 2-6, 2010.
 198. Making Hay While the Sun Shines: Innovative Investments in Child and Youth Mental Health. Presentation at the 3rd session of the 2010 Health Gulbenkian Forum. Lisbon, Portugal. May 19, 2010.
 199. Keynote address: Global Overview of Child Adolescent Mental Health. New Lisbon University Lisbon, Portugal. May 19, 2010.
 200. Creating a Patient/Family National Youth Research Agenda. Family Research Forum. Institute of Families, Vancouver, BC. May 7, 2010.
 201. International Masters in Mental Health Policy & Services Programme. Universidade Nova de Lisboa. Lecturer. April 1, 2010.
 202. Post Disaster Mental Health: Vulnerable Populations. PAHO Regional. Barbados. March 23-26, 2010.
 203. International Alliance for Child and Adolescent Mental Health and Schools. "School Based Mental Health in Canada: What Constitutes Evidence? Best Evidence-Supported Practice or Evidence-Supported Best Practice?" Minneapolis. November 5, 2009.
 204. Towards a National Child & Youth Mental Health Policy. 2nd National Invitational Symposium on Child and Youth Mental Health. Ontario Child Welfare League. Ottawa, ON. November 19, 2009.

205. “School Mental Health: Towards an Integrated Framework” Invited Symposium (with Y Wei and M Szumilas). Canadian Association of Child and Adolescent Psychiatry Annual General Meeting, Toronto. November 12-14, 2009
206. Child Psychopharmacology Update I and II (With D Gardner). Canadian Association of Child and Adolescent Psychiatry Annual General Meeting, Toronto. November 12-14, 2009
207. Mental Health Commission of Canada Town Hall Meeting (With I Davidson, M Steele, K Anderson). Canadian Association of Child and Adolescent Psychiatry Annual General Meeting, Toronto. November 12-14, 2009
208. Addressing Suicide Effectively. Turkish National Psychiatry Conference. Ankara, Turkey. October 22, 2009
209. University of Toronto Factor Iwentash School of Social Work Lecture Series. “Pathways and Blind Alleys: Working in Adolescent Mental Health”. October 15, 2009
210. Congress of the German National Academy of Science. “Medical Treatment of Mental Disorders in Children and Adolescents”, Berlin. October 8, 2009
211. 17th Congress of European Psychiatry (EPA). “MED ED: A Novel Interactive Manual to enhance Psychopharmacologic Care in Children and Adolescents”. Lisbon. January 26, 2009
212. 7th Annual International Congress of Neuropsychiatry – “International Health: Facts and Challenges for Neuropsychiatry”. Cancun. December 7, 2008
213. 7th Annual International Congress of Neuropsychiatry – “International Health: Facts and Challenges for Neuropsychiatry”. Cancun. December 7, 2008
214. Teaching for Health Equity Conference - “Medical Education for the 21st Century”. Havana. December 3, 2008
215. UNESCO International Conference on Education (ICE). “Inclusive Education – Teachers and Learners”. Geneva, November 27, 2008
216. Duty to Accommodate Conference. “Duty to Accommodate Mental Health in the Workplace: How far your Responsibility Extends”. Halifax, November 18, 2008
217. Keynote Speaker - Canadian Psychiatric Research Foundation “Opening Minds” Workshop Series. “Understanding Adolescent Brain Development, Depression, and Suicide: a Workshop for Families and Mental health Professionals”. Vancouver. November 5, 2008

218. Government of Canada Policy Research Initiative: Canada-US Workshop on Youth Mental Health: "Healthy Transitions to Adulthood". Washington, DC, November 3, 2008
219. Depression Academy Conference. "Depression in Adolescents: Clinical Picture, Management and Prevention Efforts from an Evidence Based Perspective". The Lundbeck Institute, Antalya, Turkey, October 27, 2008
220. Keynote Speaker - Dalhousie Mini Med School. "Technology and the Teenage Brain". October 16, 2008
221. Grand Rounds at Rady Children's Hospital. "Meeting the Needs of Patients, Families, and Providers through Evidence Directed Collaborative Decision Making: the MEDED Model", San Diego, October 10, 2008
222. National Arts Centre Foundation Roundtable on Media, Communications, and Technology: healthy Mental Development for Children and Youth. "Media and Communication Technology Context: Brain Plasticity and Neurodevelopment". Toronto, October 4, 2008
223. Psychiatry Rounds at the Toronto Hospital for Sick Children. "Paediatric Psychopharmacology – Beyond the Medication to Meducation; the Creation and Use of MEDED". Toronto, September 25, 2008
224. PAHO Conference on Mental Health of Children, Adolescents, and their Families in Latin American and Caribbean Countries. "The wider integration of child and adolescent mental health into schools". Miami, September 4, 2008
225. Depression and Suicide Workshop for Masters in Education students (university credit course). Mount Saint Vincent University, Halifax, July 2008.
226. "Rational Therapeutic Choices in Child and Adolescent Psychopharmacology". The Lundbeck Institute, Copenhagen, June 2008
227. "Identification and Treatment of Adolescent Depression: a Practical First Contact Care Model". The Lundbeck Institute, Copenhagen, June 2008.
228. Children's Mental Health Ontario & Ontario Association of Children's Aid Societies Joint Conference. Plenary Presentation – "Teamwork When Working with Children Who are Prescribed Psychotropic Medications". Toronto, June 2008
229. Mental Health Issues and Trends. Presentation to delegation from Bosnia Herzegovina and Serbia. Canadian Public Health Association Convention. Halifax, June 2008
230. Pathway to Mental Health Care for Children and Youth. 3rd US/Canada Forum on Mental

- Health and Productivity “The Mental Health of Working Parents and their Children”.
Boston, May 2008
231. UNESCO Cairo Seminar on Enhancing Learning. March 2008
232. Clinical Neurosciences 2008, UBC Robson Square. “Youth Suicide Prevention: Hot Idea or Hot Air?” February 2008
233. UNESCO Conference Training Program for Implementing Peer Health Education.
January, 2008
234. PAHO Conference on Strengthening Mental Health Research Capacity in Latin America and the Caribbean. Challenges & Opportunities for young researchers in LA&C.
December, 2007
235. Dalhousie Mini Med School. Adolescent Mental Health: New Insights and Programs.
November 2007
236. Keynote address at the 4th Annual International Clinical Research Development in Cuba.
Nov. 2007
237. Effective Partnership Building for International Research Development: Lessons from the Psychopharmacological Training and Research Capacity Building in Cuba. November 2007
238. Canadian Association of Child and Adolescent Psychiatrists Annual Conference.
“Evidence-based Adolescent Mental Health: Suicide Information and Policy”. Montreal,
November 2007
239. Rational Clinical Psychopharmacology: Translating Key Concepts into Competent Care.
Hong Kong Society of Biological Psychiatry International Annual Scientific Meeting,
October 2007
240. Keynote Speaker – Canadian Mental Health Commission, Halifax – September, 2007
241. Keynote Speaker - Canada's First National Child and Youth Mental Health Day, Toronto
September, 2007
242. Keynote Speaker - National Arts Centre Roundtable on Healing and the Arts: Healthy
Mental Development for Children and Youth, Ottawa. September 2007
243. Regional Workshop on the Theme of “What is Education in Africa?” UNESCO, Kigali,
Rwanda September, 2007
244. Improving Mental Health Outcomes in Canadian Youth: Values, Knowledge and

- Participation. National Invitational Symposium on Child and Youth Mental Health, Toronto, September 17, 2007
245. Canada's Mental Health System. International Initiative for Mental Health Leadership Conference. Ottawa, August 30, 2007
246. "The Net-Gen Brain" N-Gen Conference. Boston, July, 2007
247. Rational and Therapeutic Choices in child and Adolescent Psychopharmacology. TAP, Istanbul, Turkey, June 2007
248. Workshop: Rational Pharmacotherapy Practices in Child and Adolescent Psychiatry. TAP, Istanbul, Turkey, June 2007
249. Adolescent Depression and Suicide: A Training Program for Educators. Open Mind Series 2007, Calgary, Ontario, Canadian Psychiatric Research Foundation, May 1, 2007
250. Open Forum Discussion – the Teen Brain. Department of Psychiatry Alberta Children's Hospital and the Division of Child and Adolescent Psychiatry, University of Calgary. Calgary, April 30, 2007
251. Adolescent Depression and Suicide: A Training Program for Educators. Open Mind Series 2007, Toronto, Ontario, Canadian Psychiatric Research Foundation, April 27, 2007
252. Adolescent Depression and Suicide: A Training Program for Educators. Open Mind Series 2007, Peel Region, Mississauga Ontario, Canadian Psychiatric Research Foundation, April 25, 2007
253. Adolescent Depression and Suicide: A Training Program for Educators. Open Mind Series 2007, York Region, Newmarket Ontario, Canadian Psychiatric Research Foundation, April 23, 2007
254. Meeting Mental Health Needs in Low Income Countries. International Health Lecture Series, International Health Office, Dalhousie University, April 12, 2007
255. Panel on International Health Issues: Annual International Health Conference, Dalhousie University, March 31, 2007
256. Addressing Mental Health Needs through Health System Reform in Low Income Countries – Case Examples. Annual International Health Conference, Dalhousie University, March 31, 2007
257. Youth Mental Health and Peace building, Gulu Uganda. Society for Adolescent Medicine, Annual Meeting, Denver, Colorado, March 29, 2007

258. Mental Health and Brain Functioning: A Foundation for Enhanced Learning. First Experts Meeting, Defining Areas of Action to Enhance Learning – From Access to Success. UNESCO, Paris, March 26 – 28, 2007
259. Mental Health in Low Income Countries: addressing population needs in resource constrained environments – a case example. Alberta Psychiatric Association AGM, Banff, Alberta, March 2007
260. Addressing Suicide Prevention: Concepts and Evidence for Incoming Policy. Alberta Psychiatric Association, Annual Meeting, Banff, Alberta, March 23 – 25, 2007
261. Kutcher S. Understanding your teenager’s brain. Public lecture: Brain Awareness Week; Royal Bank Theatre, QE II Health Sciences Center, Capital District Health Authority, March 15, 2007
262. Special Session of the Global Business and Economic Roundtable on Addiction and Mental Health (Convened by the Hon. Michael Wilson) – Washington, DC, February 15, 2007
263. Adolescent Suicide and SSRI Treatments: Science; Society and Ideology in Conflict – Lundbeck Institute – Copenhagen Denmark, February 8, 2007
264. Mental Health in HIV-AIDS Care – Canadian Society for International Health – Georgetown Guyana, February 1, 2007
265. Understanding Mental Illness in Children and Adolescents: Implications for Schools – UNESCO –Paris France , February 5, 2007
266. Suicide Prevention for Guyana: Understanding the Issues – Ministry of Health, Georgetown Guyana, January 31, 2007
267. Adolescent Suicide Prevention: Needs; Wishes and Realities, A Work in Progress – IWK Mental Health Program – Halifax Canada, January 10, 2007
268. CBT in Adolescent Depression; the Wish and the Reality – Department of Psychiatry, Grand Rounds – CDHA – Halifax Canada, January 3, 2007
269. Update on the Development of Low Cost Community-Based Intervention Programs for Severely Mentally Ill Initiative. PAHO Conference on “strengthening Mental Health Research Capacity in Latin America and the Caribbean.” Mexico City, Mexico, December 6, 2006
270. Kutcher S and Cash C. Clinical Trials in Psychiatry: Role of International Cooperation. National Forum on Health Research and Innovation (FIINSA). Havana, Cuba. November, 2006

271. Kutcher S, Cash C, Horner B, Gallant J. Mental Health Human Resources Capacity Building through Clinical Research: The Canada/Cuba Project in Psychiatry Clinical Trials. International Cooperation and Best Clinical Practices. Havana Cuba, November, 2006
272. Kutcher S. Funding Mechanisms for Research Projects. Pan American Health Organization: Strengthening Mental Health Research Capacity in Latin America and the Caribbean. Mexico City. December, 2006
273. Kutcher S, (Chair) Update on the Development of Low Cost Community-Based Intervention Programs for the Severely Mentally Ill Initiative. Pan American Health Organization: Strengthening Mental Health Research Capacity in Latin America and the Caribbean, Mexico City. December, 2006
274. Kutcher S. Developing a Community Based Mental Health Program that will meet the needs of two specific communities in Mexico City. Workshop at the National Institute of Neurology and Neurosurgery, Mexico City. December, 2006
275. Kutcher S. Cognitive-behavior Therapy in the Treatment of Adolescent Depression: The Wish and the Reality. Hong Kong Society of Biological Psychiatry Conference. Hong Kong. November, 2006
276. Kutcher S. Suicidal Risks associated with Antidepressant Treatment in Youth. General Certificate Course in Psychopharmacology: Module II; Hong Kong University, Hong Kong. November, 2006
277. Kutcher S. Managing ADHD across the Life Cycle. General Certificate Course in Psychopharmacology: Module II. Hong Kong University, Hong Kong. November, 2006
278. Mental Health Facilitator: Curriculum Development, Focus on the Never Served, Global Mental Health Congress, Delhi India. November, 2006
279. Preventing Teen Suicide: Mythology and Reality – 4th Annual Edmonton Mood and Anxiety Disorders Conference – Edmonton, Alberta. September, 2006
280. Mental Health Facilitator Framework: WHO; NBCC; Dalhousie - Mexico City, Mexico. September, 2006
281. Mental Health and the Arts National Arts Center Foundation Roundtable on Healing and the Arts – National Arts Center, Ottawa. September, 2006
282. “Disasters – Effects on Mental Health”, Dalhousie University’s 5th Annual Interfaculty Global Health Conference, Halifax, Nova Scotia. April, 2005

283. "The Rational Use of Medications in Children and Adolescents", Annual Meeting of the Australia and New Zealand Royal College of Psychiatrists", Australia. May, 2005
284. "Global Mental Health, The Hidden Crisis", Annual Meeting of the Australia and New Zealand Royal College of Psychiatrists", Australia. May, 2005
285. "Adolescent Storm: Facts and Fictions", When Something's Wrong Workshop Day, Canadian Psychiatric Research Foundation, Ottawa, Ontario, June, 2005.
286. "Global Mental Health: Equity and Challenges", When Something's Wrong Workshop Day, Canadian Psychiatric Research Foundation, Ottawa, Ontario, June, 2005.
287. Adolescent Mood Disorders - Facts and Fictions. Specialists in Psychiatry, Lundbeck Institute, Copenhagen Denmark, September 2005
288. "Adolescent Storm: Myths and Reality", Head's Up! When Something's Wrong –Ideas for Families Handbook Launch and Workshop Day", Canadian Psychiatric Research Foundation, Halifax, Nova Scotia, October 2005.
289. "International Psychiatry – An Overview of Mental Health Globally", Canadian Psychiatric Research Foundation, Halifax, Nova Scotia, October, 2005.
290. "National Mental Health Policy Development Consultation Stakeholder Facilitation" Georgetown, Guyana, October, 2005.
291. "Training Health Human Resources in Mental Health Competencies to Meet the Goals of the Declaration of Caracas". Pan American Health Organization, 15 Anniversary of the Declaration of Caracas, November 2005
292. "Clinical Trials Research – The Hidden Values". CENCEC International Conference on Clinical Trials Research, Santiago de Cuba, Cuba, November, 2005
293. "Rational Prescribing: An overview and workshop for health practitioners". Gazi University, Ankara Turkey. December 2005
294. "The Treatment of Depression in Young People". Turkish Society of Psychopharmacology Annual Meeting, Istanbul Turkey, December 2005.
295. "The Development of a Successful Telehealth Program: The Case of Nova Scotia, Canada" Mexico City, Mexico January 2004.
296. "Making a Difference, Mental Health in Lower Middle Income Countries", World University Service of Canada Annual Meeting, Halifax, Nova Scotia, February 2004.
297. "A Canadian Research Consultation on Early Life Events and First Episodes of Brain

- Disorders – Part I: Research Integration – The Janus Challenge” – CIHR, Ottawa, Ontario, March, 2004.
298. “Post-Conflict Reconstruction and Health”, 4th Annual Dalhousie Inner-Faculty Conference on International Health, Chair & Panel Summary Commentator, Dalhousie University, Halifax, Nova Scotia, March 2004.
 299. “The Mental Health Follow-Up Treatment Instrument: A Practical Tool for Use by Community Nurses in Low and Middle Income Countries”, 6th World Psychiatric Association East Africa Regional Congress, Arusha Tanzania, April 2004.
 300. “Meeting Mental Health Needs in the Caribbean Through a Professional Neutral Skill Based Training Program”, 6th World Psychiatric Association East Africa Regional Congress, Arusha Tanzania, April 2004.
 301. “A Model Training Program in International Psychiatry for Canadian Psychiatry Residents”, 6th World Psychiatric Association East Africa Regional Congress, Arusha, Tanzania, April 2004.
 302. “Myths and Reality”, 4th Annual Meeting, Canadian Psychiatric Research Foundation (When something’s wrong), Toronto, Ontario, May, 2004.
 303. “An Overview of Mental Health Globally, International Psychiatry”, 4th Annual Meeting, Canadian Psychiatric Research Foundation (When Something’s Wrong, May, 2004
 304. “Update on Adolescent Psychiatry”, 27th Annual Meeting of the Canadian College of Neuropsychopharmacology, Kingston, Ontario, May, 2004
 305. “Issues in Adolescent Psychiatry” Workshop - 27th Annual Meeting of the Canadian College of Neuropsychopharmacology, Kingston, Ontario, May 2004
 306. “New Directions in CNS Research In Canada”, 27th Annual Meeting of the Canadian College of Neuropsychopharmacology, Kingston, Ontario, May 2004
 307. “Guest Speaker – Brain Repair, the Modern Challenge”, 2004 AHP Canada Conference, Charlottetown, PEI, June, 2004
 308. Psychopharmacology for Adolescents – Special Workshop: European Society for Child and Adolescent Psychiatry. Berlin, June, 2004
 309. Commentary on the Treatment of Child and Adolescent Depression, European Society for Child and Adolescent Psychiatry., Berlin , June 2004
 310. “Treatment of Depression in Children and Adolescents” Evidence Based Medicine in Mood Disorders, Denmark, September, 2004
 311. “Influencing Mental Health Policy: A Novel Mental Health Training Model for LMICs”,

- Canadian Conference on International Health, Ottawa, Ontario, October 2004.
312. “Treinamento de Habilidades em saúde”, Pontifícia Universidade Católica do Rio Grande do Sul, Hospital São Lucas, Brazil, October 2004
 313. Problem Based Learning – A Review of Strengths and Weaknesses. Pontifícia Universidade Católica do Rio Grande do Sul, Brazil, October 2004
 314. “Adolescent Storm: Myths and Reality”, When Something’s Wrong, Canadian Psychiatric Research Foundation, Plenary Session. Kitchener, Ontario, November, 2004
 315. “International Psychiatry: An Overview of Mental Health Globally”, Canadian Psychiatric Research Foundation, Kitchener, Ontario, November 9, 2004
 316. “A Competencies-based Mental Health Training Model for Health Professionals in Low and Middle Income Countries” (Chair), Kutcher S, Chehil S. 8th Annual Meeting of the Global Forum for Health Research, Mexico City, Mexico, November, 2004
 317. “Mental Health and Substance Abuse: Strengthening Research Capacity in Low-Income Countries” (Symposium), 8th Annual Meeting of the Global Forum for Health Research, Mexico City, Mexico, November, 2004
 318. “Early Psychosis Services in Nova Scotia: The Present and the Future”, Halifax, January 2003
 319. “Global Health Research in the Knowledge Economy – Opportunities and Challenges for Canada-Cuba Relationships”, Canada-Cuba Rectors Meeting, Cuba, February 2003
 320. “Progress in Managing Depression in Children and Adolescents”, Canadian Psychiatric Association–Ski-CPD, Mount Tremblant, Quebec, February 2003
 321. “Challenges in Treating Depression in Youth”, Workshop. Canadian Psychiatric Association–Ski-CPD, Mount Tremblant, Quebec, February 2003
 322. “Education and Training in the Treatment of Depression in Primary Care”, Distinguished International Lecturer Series, Department of Community Health and Psychiatry, University of the West Indies, Kingston Jamaica, March 2003
 323. “Advances in the Treatment of Depression in Children and Adolescents”, University of the West Indies, March 2003
 324. “Towards an Understanding of the Models of Treatment in Adolescent Depression”, National Institute of Psychiatry, Mexico City, March 2003
 325. “Canada’s Health Care System”, Public Health Conference at the National School of

- Public Health, Cuba, March, 2003
326. "The Challenge of Child and Adolescent Mental Disorders", Jericho Club, Vancouver, Canada, April, 2003
 327. "Adolescent Storm: Myths & Reality", Burnaby Teachers Association, Vancouver, Canada, April, 2003
 328. "Adolescent Storm: Myths & Reality", Calgary School Board, Calgary, Canada, April , 2003
 329. "Adolescent Storm: Myths & Reality", SPEAK Conference, Winnipeg, Canada, April, 2003
 330. "Treatment algorithms: Should ADHD or the co-morbidities be treated first?" Forum ADHD, Berlin, Germany, April 25, 2003
 331. "Adolescent Suicide: Myths & Realities", The Link, Prince Edward Island, May 2003
 332. "Research Without (Southern) Borders: Changing the Research Landscape", IDRC/AUCC, Ottawa, May 2003
 333. "Anxiety-Depression Treatment MAP", American Psychiatric Association – Satellite Meeting, San Francisco, May 2003.
 334. "Commercializing R&D for Health and Profit", Face to Face Conference, Digby, Nova Scotia, May 2003
 335. "How Can the Sertraline Database Across Mood and Anxiety be Effectively Addressed to Address the Clinical Needs of Patients and Providers in Primary Care?" 2nd Worldwide Pfizer Neuroscience Consultants Forum, The Art & Science of Psychiatry, Lisbon, Portugal, April 2002
 336. "The Business of Research in Canada – CIHR Overview", Canadian CNS Advisory Board Meeting, Lisbon, Portugal, April 2002
 337. "Halifax: A Global Centre for Neuroscientific Innovation", Annual Spring Dinner, Metropolitan Halifax Chamber of Commerce, May 2002
 338. "The Psychological Treatment of Depression in Primary Care Study", GSK Canadian Network Meeting, American Psychiatric Association Annual Meeting, Philadelphia, May 2002
 339. "Contemporary Issues on Depression Research in Canada", Instituto Nacional de Neurologia Y Neurocirugia, Mexico City, June 2002

340. “Brain Repair”, World Presidents Organization, Canadian Congress, Fox Harbour, Canada, September 2002
341. “Depression”, Air Canada – Employee Assistance Program, Toronto, October 2002
342. Multicenter Studies Network in Psychiatry: the Primary Care Brain Research Network”, International Workshop on the Design and Management of Clinical Trials –Centro National Coordinator De Ensayos Clinicos, Cuba, November 2002
343. “Clinical Evaluation Strategy for Psychopharmacologic Drugs: Depression”, International Workshop on the Design and Management of Clinical Trials – Centro National Coordinator De Ensayos Clinicos, Cuba, November 2002
344. “Normal Adolescent Development and Mood Disorder”, Pediatrics in Saudi Arabia in the New Millenium” Riyadh, Saudi Arabia, Jan., 2001
345. “Depression and Anxiety Disorder in Adolescents”, Pediatrics in Saudi Arabia in the New Millenium” Riyadh, Saudi Arabia, Jan, 2001
346. “Beyond Shyness: Social Anxiety Disorder”, 2nd National Pediatric Psychopharmacology Conference, Sydney, Australia, Feb., 2001
347. “Bipolar Disorder in the Young: Recent Advances and Controversies”, 2nd National Pediatric Psychopharmacology Conference, Sydney, Australia, Feb., 2001
348. “Escitalopram in Depression (Fixed Dose)”, Lundbeck Sponsored, American Psychiatric Association, May , 2001, New Orleans
349. “Citalopram Educational Trial”, Lundbeck Sponsored, American Psychiatric Association, May, 2001, New Orleans
350. “Pharmacotherapy of Depression and Anxiety Disorders in Children and Adolescents”, New Advances in Child and Adolescent Psychopharmacology, June 2001, Charleston, South Carolina
351. “Bipolar Disorder in Children and Adolescents: Identification, Diagnosis and Treatment”, World Assembly for Mental Health, Vancouver BC, July 2001.
352. “Strategies to Select and Optimize Outcomes with SSRI’s”, Meeting of the Minds Conference “ Canada, PEI, Sept. 2001

SCIENTIFIC ABSTRACTS & POSTER PRESENTATIONS (2000 – 2018)*

*(*for invited presentations prior to 2000 please see appendix)*

Authored or co-authored over 180 scientific abstract/poster presentations

1. Kutcher, S. & Wei, Y. "Bringing mental health literacy to schools." 38th Annual Canadian Academy of Child and Adolescent Psychiatry Conference. Halifax, Nova Scotia. September 17, 2018.
2. Kutcher, S., Wei, Y., Bruce, V., Mackay, A., & Elliot, K. "Transitions: A Mental Health by Stealth Resource to Help Students Navigate College & University Life." 3rd International Conference of Youth Mental Health. Montreal, Quebec. October 10, 2015.
3. Kutcher, S., Gilberds, H., Morgan, C., Greene, R., Hamwaka, K., & Perkins, K. (2015, May 28). Improvement in Malawian educators' mental health knowledge and attitudes: an integrated school mental health literacy approach. Poster presented at the Grand Challenges Canada 5th Anniversary Event, Toronto, Ontario, Canada.
4. Murphy, A.L. Gardner, D.M., Martin-Misener, R., Naylor, T., & Kutcher, S. (2015, April) Use of the Theoretical Domains Framework to explore the More Than Meds experience. Poster presentation. International Institute for Qualitative Methodology. Melbourne, Australia.
5. Murphy, A.L. Gardner, D.M., Kisely, S., Cooke, C., Kutcher, S., & Hughes, J. (2015, April) Physicians' experience of prescribing antipsychotics. Poster presentation. International Institute for Qualitative Methodology. Melbourne, Australia.
6. Mulvale, G., Kutcher, S., Randall, G., Wakefield, P., Longo, C., Abelson, J., Fast, M., Winkup, J. (2015). Competency Development to Meet Rural and Remote Mental Health Needs: A Case Study of Child and Youth Mental Health Policy in Yukon, Canada. Twelfth Workshop on Costs and Assessment in Psychiatry, Venice, March 28.
7. Longo, C., Mulvale, G., Kutcher, S., Fast, M., Winkup, J. (2015). An analysis of Mental Health Program funding for child and youth in the Canadian Yukon Territory. Twelfth Workshop on Costs and Assessment in Psychiatry, Venice, March 27-29.
8. Tsang CI, Niu X, Rosychuk RJ, Kutcher S, Newton AS. Predicting return emergency department visits and hospital admissions for deliberate self-harm in children and adolescents: a cohort study. 7th Annual Women and Children's Health Research Institute (WCHRI) Research Day; November 12, 2014; Edmonton AB.
9. Kutcher, S., Gilberds, H., Morgan, C., Greene, R., Hamwaka, K., & Perkins, K. (2014, October 24). Improvement in Malawian educators' mental health knowledge and attitudes: an integrated school mental health literacy approach. Poster presented at the Dalhousie University Psychiatry Research Day, Halifax, Nova Scotia, Canada.
10. Forchuk C., Capretz M., Collins K., Eichstedt J., Fisman S., Hoch J., Kutcher S., Reiss J., Rudnick A., Singh D. Youth-Mental Health Engagement Network (Y-MHEN). Poster. 3rd European Conference on Mental Health. September 10-12, 2014. Tallinn, Estonia

11. The Evergreen Framework: values and strategic directions. Poster presentation for Canadian Association for Health Services and Policy Annual Meeting. May 9-12, 2011. Halifax, NS.
12. MacDougall A, Szumilas M, & Kutcher S. "Effectiveness of School-Based Suicide Prevention Programs: a Meta-analysis". Poster Presentation, Canadian Public Health Association Conference: Halifax, June 2008.
13. Szumilas, M & Kutcher S. "Effectiveness of a Depression and Suicide Education Program for Educators and Health Professionals". Poster Presentation, Canadian Public Health Association Conference, Halifax, June 2008.
14. Robertson H A, Bird, DC, Kutcher SP, Himmelman C. Sibling Relationships in Bipolar and Unipolar Youth. Poster Presentation. 50th Annual Meeting Canadian Psychiatric Association, Book of Abstracts, 2000, #70, pp 60-61.
15. Emslie G, Wagner KD, Kutcher S, Krulewicz S, Carpenter DJ, Lipschitz A, Wilkinson C, Paroxetine Pediatric MDD 701 Study Group. "Paroxetine Treatment in: Children and Adolescents with major Depressive Disorder", Poster Presentation, AACAP, Washington, October 2004.
16. Kutcher S, Allgulander C, Dahl, A, Morris P, Sogaard J, Rayyad R, Austin C. "Efficacy of Sertraline for the Acute Treatment of Generalized Anxiety Disorder (GAD)", APA, San Francisco, May 2003.
17. Ravindran A, Kutcher S, Sjodin I, Rayyad R, Austin C. "Efficacy of Sertraline in Improving Quality of Life and Functioning in Generalized Anxiety Disorder", Poster Presentation, 2003 American Psychiatric Association Annual Meeting, San Francisco, May, 2003.
18. Kutcher S, Horner B. "The MAP that Leads to Improvement", Ontario Psychiatric Association, Toronto, Ontario, January 31, 2003.
19. Lauria-Horner B, Kutcher S, Brooks S. "Enhancing mental health awareness in children (6-12 years)," 3rd International Forum on Mood and Anxiety Disorders, Monte Carlo, November 27-30, 2002.
20. Kutcher, S, Horner B, MacLaren C, Bujas-Bobanovic M, Legault M. "Evaluating the impact of an educational program on practice patterns of Canadian family physicians in treating depression," CINP, Montreal, June 2002.
21. LeBlanc JC, Almudevar A, Brooks SJ, Kutcher S. Diagnosis and Measurement of Adolescent Depression: A New Short Self-Report Scale with Good Diagnostic Validity. C.I.N.P. Hiroshima, Japan, October 2001.
22. Campbell LA, Poulin C, Kutcher SP. "Relationship Between Family Structure and Alcohol Use, Cigarette Smoking, and Cannabis Use Among Adolescent Students Living in the

- Atlantic Provinces”, Poster Presentation. Congress of Epidemiology, Toronto, Canada, June 13-16, 2001.
23. Duffy A, Alda M, Kutcher S, Robertson C, Cavazzoni P, Grof E, and Grof P. “Prospective Longitudinal Follow-Up Study of the Offspring of Lithium Responsive and Lithium Non-Responsive Bipolar Parents”. 4th International Conference on Bipolar Disorder, 2001.
 24. McMaster FP, Khan SC, Gates L, Kutcher SP, Kusumakar V. 321. Sexual Dimorphism in the Induction of Feelings of Loss: A Pilot fMRI Study. *Biological Psychiatry*, 47(Supplement) pp.96S-97S. 2001.
 25. Scott M, Kutcher S, Kusumakar V, LeBlanc J, Morehouse R, and Bird D. The support Network among Female Adolescents at High Risk for Depression. Poster Presentation Dalhousie University Department of Psychiatry Research Day, February 9, 2001.
 26. Campbell LA, Poulin C and Kutcher S. The Relationship between Family Structure and Alcohol Use, Cigarette Smoking and Cannabis Use among Adolescent Students Living in the Atlantic Provinces. Poster Presentation Dalhousie University Department of Psychiatry Research Day, February 9, 2001.
 27. Duffy A, Alda M, Kutcher S, Robertson C, Cavazzoni P, Grof E, Grof P. Prospective Longitudinal Follow-Up Study of the Offspring of Lithium Responsive and Lithium Non-Responsive Bipolar Parents. 4th International Conference on Bipolar Disorder, 2001.
 28. Kutcher SP. Managing the Spectrum of Anxiety Disorders: An Interactive Case Study. CPA/Industry Co-Sponsored Symposia Presentation. 50th Annual Meeting, Canadian Psychiatric Association, Book of Abstracts, 2000, #2d, pp124-125.
 29. Kutcher SP. Clinical Overview of the Spectrum of Anxiety Disorders. CPA/Industry Co-Sponsored Symposia Presentation. 50th Annual Meeting Canadian Psychiatric Association, Book of Abstracts, 2000, #2a, pp123-124.
 30. Kutcher SP, Kumar R, Pollack M. Understanding and Treating the Spectrum of Anxiety Disorders. CPA/Industry Co-Sponsored Symposia Presentation. 50th Annual Meeting Canadian Psychiatric Association, Book of Abstracts, 2000, # 2, pp123.
 31. Kutcher SP. The Science of Interviewing. Workshop Presentation. 50th Annual Meeting Canadian Psychiatric Association, Book of Abstracts, 2000, #W3c, pp 105
 32. Kutcher SP, Development of a Primary Care Research Network. Symposia Presentation. 50th Annual Meeting Canadian Psychiatric Association, Book of Abstracts. 2000, #S17b, pp97-98
 33. Lam R, Kutcher SP, Parikh S, Ravindran A, MacLaren C. Primary Care Partnerships in Mood Disorders: What’s New, What’s True, What to do? Symposia Presentation. 50th

- Annual Meeting Canadian Psychiatric Association, Book of Abstracts, 2000, # S17, pp 97.
34. Kutcher SP. Update in Adolescent Psychopharmacologic Treatment of Major Depression, Social Anxiety Disorder and Panic Disorder. Symposia Presentation. 50th Annual Meeting Canadian Psychiatric Association, Book of Abstracts, 2000, #S12a, pp 90-91
 35. Kutcher S, Kusumakar V, Weiss M. New Advances in Adolescent Psychopharmacology. Symposia Presentation. 50th Annual Meeting Canadian Psychiatric Association, Book of Abstracts, 2000, # S12, pp 90.
 36. Dursun S, Kutcher S, Williamson D, Kusumakar V. Managing Partially Responsive and Treatment-Resistant Patients with Schizophrenia, Bipolar Disorder and Depression. Symposia Presentation. 50th Annual Meeting, Canadian Psychiatric Association, Book of Abstracts, 2000, # S6, pp82.
 37. Robertson HA, Himmelman C, Bird DC, Kutcher, SP. Indices of Maternal Health and Coping in Adolescent Onset Mood Disorder. Poster Presentation. 50th Annual Meeting Canadian Psychiatric Association, Book of Abstracts, 2000, #63, pp 60.
 38. Morehouse R, Kusumakar V, Kutcher S, LeBlanc J, Hoffman R, Armitage R. Sleep Microarchitecture Abnormalities in Females at Risk for Depression. 50th Annual Meeting Canadian Psychiatric Association, Book of Abstracts, 2000, NRPS6, pp43.
 39. Kutcher S, Horner B, MacLaren C, Karlovic Z. Evaluating effectiveness of educational programs pertaining to major depressive disorder in community based primary care physicians. Poster presentation, Collegium Internationale Neuro-Psychopharmacologicum, Brussels, Belgium, July 9/00, Book of Abstracts.
 40. Kutcher S, MacLaren C, LeBlanc J, Hadrava V. A randomized trial of a specific adherence enhancement program in sertraline treated adults with major depressive disorder in a primary care setting. Poster Presentation Brussels, Belgium. The International Journal of Neuropsychopharmacology (supplement 1), S178, July 2000.
 41. Kutcher S, MacLaren C, Horner B. Evaluating the effectiveness of a specifically medication-directed educational intervention on major depressive disorder in primary care physicians. The International Journal of Neuropsychopharmacology. 3: (supplement 1), S177, July 2000.
 42. Robertson H, Kutcher S, Bird D. Family burden in adolescent onset neurologic disorder: A comparison of illness perceptions, parental coping, and family dysfunction in adolescent bipolar or unipolar mood disorder. Dalhousie University, Psychiatry Research Day, Halifax, March, 2000.
 43. Bird D, Robertson, H, Kutcher SP, Himmelman C. Sibling relationships as perceived by youth with mood disorders. Poster Presentation, Dalhousie University Department of Psychiatry 10th Annual Research Day, March 10, 2000.

44. Kutcher S, Kusumakar V, LeBlanc J, Morehouse R, Rice C, Scott M. Predictability of depression in a high risk cohort. Poster Presentation, Dalhousie University Department of Psychiatry 10th Annual Research Day, March 10, 2000.
45. Oluboka T, Devarajan S, Lavalee C, O'Donovan C, Kusumakar V, Kutcher S. Divalproex sodium in the treatment of acute mania: a comparative study of loading versus titration schedule. Poster Presentation, Dalhousie Department of Psychiatry 10th Annual Research Day, 2000.
46. Himmelman C, Robertson H, Bird D, Kutcher S. Measures of maternal health and maternal psychosocial functioning in families with mood disordered youth. Dalhousie University, Psychiatry Research Day, Halifax, March, 2000.

TRAINING SESSIONS (2007-2018)

International

1. Mental Health Literacy for Clinicians. Institute of Mental Health. Singapore. August 27-31, 2018.
2. Blended Guide and Go-To Training Program. Pan American Health Organization/World Health Organization (PAHO/WHO). Nassau, Bahamas. December 11-14, 2017.
3. Blended Guide and Go-To Training Program. Anna Freud National Centre for Children and Families. London, United Kingdom. November 15-17, 2017.
4. Curriculum Guide Training. Suceava, Romania. March 11-12, 2017.
5. Effective Help Information and Curriculum Guide Training. Lisbon, Portugal. March 6-8, 2017.
6. Train the Trainer Mental Health. Office of the Superintendent of Public Instruction. Tacoma, WA, United States of America. July 11-12, 2016.
7. Updating Master Trainers & Mental Health Effective Help Information for Health Care Providers. Tanzania, April 6-7, 2016.
8. Updating Master Trainers & Mental Health Effective Help Information for Health Care Providers. Malawi, April 2-4, 2016.
9. Mental Health pathway to care training for General Practitioners. Lisbon, Portugal. September, 2015.
10. Kutcher, S. and Wei, Yifeng. Mental Health & High School Curriculum Guide Training.

Sistema de Saúde Mãe de Deus, Brazil, September 8-9, 2014.

11. Grand Challenges Grant – “An Integrated Approach to Mental Health Challenges” Curriculum Training. Leon, Nicaragua May 5-8, 2014
12. Identification, diagnosis and treatment of adolescent depression: for primary health care providers. Guatemala. Jan 22-25, 2013
13. Community Service Model for addressing ADHD Model. Shanghai, China. September 29-30, 2011.
14. Pharmacological training for Child and Adolescent Psychiatrist. Beijing, China. September 25-28, 2011.
15. Identification, Diagnosis and Treatment of Adolescent Depression. PAHO. Panama City, Panama. June 7-9, 2011.
16. Gatekeeper Training on School Mental Health Model and Community ADHD Model. Shanghai, China. February 19-20, 2011.
17. Gatekeeper Training on School Mental Health Model. Lisbon, Portugal. November 22-23, 2010.
18. Mental Health Collaborate: Reference Centres/Canada Regional conference on Mental Health PAHO, Panama City Panama, October 2010.
19. Mental Health Identification & System Identification. New University of Lisbon and the Ministry of Education, Lisbon, Portugal, April 2010.

National

20. Blended Guide and Go-To Training Program. British Columbia School Districts. Vancouver, British Columbia. September 10-12, 2018.
21. Go-To Training Program. Richmond School District community partners. Richmond, British Columbia. May 14, 2018.
22. Blended Guide and Go-To Training Program. British Columbia School Districts. Vancouver, British Columbia. May 7-9, 2018.
23. Blended Guide and Go-To Training Program. Department of Education, Early Learning, and Culture. Summerside, Prince Edward Island. March 13-15, 2018.
24. Go-To Faculty and Clinical Upgrade Training Programs. Seneca College. Whitby, Ontario. March 7-9, 2018.

25. Blended Guide and Go-To Training Program. Newfoundland and Labrador English School District. St. John's, Newfoundland. November 7-9, 2017.
26. Go-To Educator Training Program. Saskatchewan Rivers Public School Division. Prince Albert, Saskatchewan. October 18-20, 2017.
27. Clinical Upgrade Training. Holland College. Charlottetown, PEI. September 29, 2017.
28. Teen Mental Health Training. Child and Youth Care Workers, Youth Justice Services. PEI. September 28, 2017.
29. Clinical Upgrade Training. Mount Allison University. Sackville, New Brunswick. September 27, 2017.
30. Go-To Educator Training Program, LIST Project (Holland College and Mount Alison University). Charlottetown, Prince Edward Island. June 19-20, 2017.
31. Blended Guide and Go-To Educator Training Program, Newfoundland and Labrador English School District. Deer Lake, Newfoundland. May 16-18, 2017.
32. Blended Guide and Go-To Educator Training Program, Newfoundland and Labrador English School District. Gander, Newfoundland. May 9-11, 2017.
33. Blended Guide and Go-To Training Program, Newfoundland and Labrador English School District. St. John's, Newfoundland. March 28-30, 2017.
34. Go-To Educator Training Program, Prince Albert Collegiate Institute, Prince Albert, Saskatchewan. January 27-28, 2017.
35. Curriculum Training, Train-the-Trainer Cohort, Go-To Educator Training, North Vancouver School District, Vancouver British Columbia, December 5-9, 2016.
36. Mental Health Literacy Training for Administrators and Educators. District School Board of Niagara. Niagara, Ontario. May 9-11, 2016.
37. Suicide Prevention Workshop & Mental Health Training Literacy Training for Principals. Edmonton Catholic School Board. Edmonton, Alberta. April 28-29, 2016.
38. Suicide Prevention Workshop & Mental Health Training Literacy Training for Principals. Edmonton Public School Board. Edmonton, Alberta. April 26-27, 2016.
39. Mental Health Literacy Training for Teachers. Lambton Kent District School Board. Wallaceburg, Ontario. February 23-24, 2016.

40. Mental Health Literacy Training for Principals. Calgary Catholic School District. Calgary, Alberta. January 12-13, 2016.
41. Mental Health Literacy Training for Principals. Newfoundland Western District Administrators. Corner Brook, Newfoundland. November 26, 2015.
42. Mental Health Literacy Training for Principals. Newfoundland Eastern District Administrators. St. John's, Newfoundland. November 9, 2015.
43. Kutcher, S. Modified Go To Training for College Student Support. University of New Brunswick. Fredericton, New Brunswick. October 1, 2015.
44. School Mental Health Training for Educators. Hillifield Strathallan College. Hamilton, Ontario. September 3, 2015.
45. Kutcher, S. and Wei, Y. "Mental Health & High School Curriculum Guide update training" Alberta Health Services . Calgary, Alberta. June 16, 2015
46. Kutcher, S. and Wei, Y. "Go To Educator Training". Lampton Kent District School Board. Sarnia, Ontario. March 24-25, 2015.
47. "Exploring Mental Health Literacy in Schools". Edmonton Schools Principal Meeting. Canmore, Alberta. January 23, 2015.
48. Kutcher, S. and Wei, Y. Train the Trainer Mental Health & High School Curriculum Guide. University of British Columbia, Department of Education. January 19-20, 2015.
49. Kutcher, S. and Wei, Y. Youth Mental Health for Preservice Teachers. University of British Columbia, Department of Education. January 16, 2015.
50. Kutcher, S. and Wei, Y. Mental Health & High School Curriculum Guide Training. Healthy Child Manitoba. Winnipeg, Manitoba. January 13, 2015.
51. Kutcher, S. and Wei, Y. Mental Health & High School Curriculum Guide Training. Alberta Health Services. Calgary, Alberta. November 4-5, 2014.
52. Kutcher, S. and Wei, Y. "Go To Educator Training". Alberta Health Services. Calgary, Alberta. November 5-6, 2014.
53. Curriculum Training. Niagara Ontario May 14-15, 2014.
54. Community Presentation, St. Catherines Colligate. St. Catherines, Ontario May 14, 2014.
55. Ontario Shores Training (Curriculum Training and Go To Teacher Training). Muskoka, Ontario April 29-30, 2014.

56. School Mental Health Training, Seven Oaks and Winnipeg School Division. Winnipeg, Manitoba. March 20, 2014
57. School Mental Health Training, Louis Riel School Division and Pembina Trails School Division. Winnipeg, Manitoba. March 19, 2014
58. Go-To Training, River East Transcona School District. Winnipeg, Manitoba. March 18, 2014
59. Healthy Child Manitoba, Curriculum Training. Winnipeg, Manitoba. March 17, 2014.
60. School Mental Health Training, Notre Dame School. Wilcox, Saskatchewan. December 4, 2013.
61. Mental Health Training, PEI Nurses Union. Charlottetown, Prince Edward Island. November 24, 2013
62. High School Mental Health Curriculum and Go-To Training, Alberta Department of Health. Calgary, Alberta. Sept. 30 – Oct. 3, 2013.
63. High School Mental Health Assessment Tools NL English School Board. Gander, Newfoundland. September 25, 2013.
64. High School Mental Health Go-To Training NL English School Board. Gander, Newfoundland. September 24, 2013
65. High School Mental Health Go-To Training. Toronto, Ontario Shores. September 19, 2013
66. High School Mental Health Curriculum Training. Toronto, Ontario Shores. September 18, 2013
67. High School Mental Health Go-To Training, For Alberta Teachers. September 1-3, 2013
68. High School Mental Health Curriculum Training. For BC Teachers. UBC, Vancouver, British Columbia. August 21, 2013
69. Youth Suicide training for Educators. Toronto Region District School Board. June 3-4, 2013
70. School Mental Health and Primary Care Training. Halton District School Board. Oakville, Ontario. May 7-9, 2013
71. School Mental Health Training. Manitoba Superintendents Association. Winnipeg, Manitoba. April 10-12, 2013
72. Curriculum and Go To Teacher Mental Health Training. Ontario Shores. Whitby, Ontario. Nov 19-20, 2012

73. School Mental Health Training. Alberta Department of Health. Calgary University, Calgary, Alberta. Oct 31 – Nov 1, 2012
74. Adolescent Mental Health Literacy Program Training & Go To Training For Ontario Shores - Community of Independent Schools. Toronto, Ontario. Oct 3-4, 2012
75. Go To Training. Kingston, Ontario. May 23-25, 2012
76. PSP Child and Youth Mental Health (CYMH) Child and Adolescent Mental Health for Primary Health Care Train the Trainers 2. BCMA. Vancouver, British Columbia. January 25, 2012.
77. Go to Teacher Training. Ontario Shores. Whitby, Ontario. October 19, 2011.
78. Mental Health Curriculum Training. Ontario Shores. Whitby, Ontario. October 17-18, 2011.
79. Primary Care Training. Ontario Shores. Whitby, Ontario. October 15, 2011.
80. PSP Child and Youth Mental Health (CYMH) Child and Adolescent Mental Health for Primary Health Care Train the Trainers 1. BCMA. Vancouver, British Columbia. October 4-5, 2011
81. Student Support Leadership Initiative (SSLI) Conference 'Understanding Depression' Day Two. Toronto District School Board. June 13-16, 2011.
82. Student Support Leadership Initiative (SSLI) Conference 'Understanding Depression'. Toronto District School Board. May 16, 2011.
83. Suicide and Depression Education Training for Child and Youth Mental Health Workers in Vancouver Coastal Health Authority. April 7 – 8, 2009
84. Suicide and Depression Education Training for Vancouver School Board, April 8– 9, 2009
85. Canadian Psychiatric Research Foundation “Opening Minds” Workshop Series. “Understanding Adolescent Brain Development, Depression, and Suicide”. Vancouver, November 5, 2008
86. Training Youth Depression and Suicide for Canadian Psychiatric Research Foundation. Toronto. February 25-26, 2008.

Regional

87. Blended Guide and Go-To Training Program. Representatives from various regional, national and international school districts. Halifax, Nova Scotia. July 4-6, 2018.

88. Blended Guide and Go-To Training Program. Cape Breton-Victoria Regional Centre for Education. Sydney, Nova Scotia. April 18-20, 2018.
89. "Preparing Students for Life after Graduation: Introducing Know Before you Go". Mental Health Academy presented by the Sun Life Financial Chair in Adolescent Mental Health. Halifax, Nova Scotia. July 20-21, 2017.
90. Clinical Training, Saint Mary's University. Halifax, Nova Scotia. July 27, 2017.
91. Blended Guide and Go-To Training Program for Educators. Halifax, Nova Scotia. July 17-19, 2017.
92. NS Liberal Constituent Session. Workshop. Pictou, Nova Scotia. June 24, 2017.
93. Youth Mental Health Training on Stress & Suicide Risk. Youth Health Centre, Capital Health. Halifax, Nova Scotia. May 19, 2016.
94. Go To Teacher Training. Halifax Regional School Board. Halifax, Nova Scotia. May 31-June 1, 2016.
95. Go To Teacher Training. Nova Scotia Community College, Leeds Campus. Halifax, Nova Scotia. March 22-23, 2016.
96. Mental Health Workshop for Education Program Students. Mount Saint Vincent University, Halifax, Nova Scotia. February 25, 2016.
97. Clinical Skills Review Program. ISANS. Halifax, Nova Scotia. February 25, 2016.
98. Kutcher, S. & Wei, Y. Modified Go To Training for College Student Support. NSCC Bridgewater Campus. September 1, 2015.
99. Instructional Session for the IMG Bridging Program. ISISNS. Halifax, Nova Scotia. July 9, 2015.
100. "Taking A Sexual History" Kellogg Library 5850 College Street, Halifax, Nova Scotia, May 12, 2015
101. "Youth Mental Health" Mount Saint Vincent University, Psychology Class. Halifax, Nova Scotia. October 29, 2014.
102. Kutcher, S. & Wei, Y. "Go To Educator Training", Nova Scotia Department of Education and Early Childhood Development. Schools Plus Program. Halifax, Nova Scotia. October 22-23, 2014.
103. ISIS for IMGs Teaching Session: Clinical Skills Review Program relating to Psychiatry. Halifax, Nova Scotia. January 30, 2014.

104. High School Mental Health Curriculum Training. South Shore Regional School Board. June 6-7, 2013
105. High School Mental Health Curriculum Training. Chignecto-Central Regional School Board. May 29-30, 2013.
106. High School Mental Health Curriculum Training. Cape Breton Victoria Regional School Board. May 27-28, 2013
107. High School Mental Health Curriculum Training. Tri County Regional School Board. Yarmouth, NS. May 14-15, 2013
108. High School Mental Health Curriculum Training. Annapolis Valley Regional School Board. Berwick, NS. April 29-30, 2013
109. Go To Teacher Training. Department of Education. Halifax, NS. March 5-6, 2013
110. Mental Health Training for Guidance Councilors. Moncton, NB. Feb 25-26, 2013
111. School Mental Health Training. Mi'kmaw Kina'matnewey. Truro, NS. Feb 15, 2013
112. High School Mental Health Curriculum Training. Halifax Regional School Board, Halifax. January 29-30, 2012
113. School Mental Health Professional Development. Central Kings High School. Annapolis Valley, NS. Dec 20, 2012
114. Primary Care Mental Health Training. Moncton, NB. Nov 27-29, 2012
115. Go To Teacher Training. Department of Education. Halifax, NS. Nov 13-14, 2012
116. Strait Regional School Board - Curriculum Training. September 11-12, 2012
117. Halifax Regional School Board - Go To Training. Halifax, NS. May 17-18, 2012
118. Go To Training. Halifax Regional School Board. Halifax, NS. May 14, 2012
119. Mental Health Curriculum Train the Trainor. HRSB. Halifax, NS. January 9, 16, 30, 2012
120. Academy in School Mental Health presented by the Sun Life Financial Chair in Adolescent Mental Health. Dalhousie University, Halifax, NS. July 11-12&14-15, 2011.
121. School Mental Health and Adolescent Brain Development. Annapolis Valley regional school Board Session. Berwick, NS. June 27, 2011.

122. Teacher Training in Mental Health. Immigrant Settlement & Integration Services (ISIS). Halifax, NS. May 25, 2011.
123. Mental Health Training for Youth Workers. Community Justice. Halifax, NS. March 1, 2011.
124. Mental Health Awareness Training. Adsum House Staff. Halifax, NS. January 18, 2011.
125. Mental Health Teacher Training. IWK and Halifax Regional School Board. Dartmouth, NS. November 10, 2010.
126. Mental Health Awareness Training. Community Justice. November 3, 2010.
127. Mental Health Teacher Training. IWK, Halifax, NS. November 2, 2010.
128. Mental Health Training for Service Providers. Wood Street Centre, Department of Community Services, Truro, NS. November 1, 2010.
129. Mental Health & Youth Workshop for Frontline Health Providers. Sussex, NB. October 14, 2010.
130. Mental Health Teacher and Curriculum Training. Digby County, NS. September 16, 2010.
131. Mental Health Training, Immigrant focus. ISIS, Halifax, NS. August 26, 2010.
132. Mental Health Training. Community Justice. Halifax, NS. July 21, 2010.
133. Depression and Suicide Workshop for Masters in Education Students (University Credit Course). Mount Saint Vincent University, Halifax, NS. July 2010.
134. Mental Health Training Session. Acadia University, Graduate Counselling Summer Institute Program. July 5, 2010.
135. Mental Health Curriculum Teacher Training. Forest Heights School, Bridgewater, NS. May 27, 2010.
136. Mental Health Training, Core Teachers and Student Service Providers. Forest Heights, Bridgewater, NS. March 1, 2010.
137. Youth Mental Health Training, for Frontline Health Providers. New Brunswick. February 10-12, 2010.
138. Mental Health Teacher and Curriculum Training. Forest Heights School, Bridgewater, NS. February 8, 2010.

139. Youth Mental Health Training Workshop. Department of Health/Department of Justice, Truro. October 19, 2009.
140. Mental Health Workshop, Public Health/School Health Program. Dartmouth, NS. September 11, 2009.
141. Suicide Education for Health Providers Training. New Brunswick. January 12-14, 2009.
142. Suicide and Depression Education Training Workshop for Masters Students (Summer Institutes Program), Mount St. Vincent University, July 5 – 17, 2009
143. Suicide and Depression Education Training for First Contact Health Providers. Cumberland County Health Authority, April 20 – 21, 2009
144. Suicide and Depression Education Training for First Contact Health Providers. Cape Breton District Health Authority, April 16 – 17, 2009
145. Youth Suicide Intervention Education Training for Educators. Moncton, NB. October 7-8, 2008.
146. Depression and Suicide Intervention Training for Educators, Cape Breton Victoria Regional School Board, North Sydney, NS. September 29-30, 2008.
147. Depression and Suicide Workshop for Masters in Education students (university credit course). Mount Saint Vincent University, Halifax, July 2008
148. Depression and Suicide Education for Health Providers, IWK. Halifax, NS. May 25, 2008
149. Depression and Suicide Education for Educators, TCRSB. Yarmouth, NS. May 12-13, 2008.
150. Depression and Suicide Education for Educators, NSCC. Dartmouth, NS. April 25, 2008.
151. Depression and Suicide Education for Educators, SSRSB. Bridgewater, NS. April 23, 2008.
152. Depression and Suicide Education for Health Providers, Youth Health Centre. Halifax, NS. April 4, 2008.
153. Depression and Suicide Education for Educators, HRSB. Halifax, NS. April 1-2, 2008.
154. Depression and Suicide Education for Health Providers, CCRSB. Truro, NS. March 25, 2008.
155. Suicide Education Training, NSCC for Educators. Halifax. February 12, 2008.
156. Teaching: Health Systems Global. Abby Lanes Halifax. November 7, 2007.

157. Teacher Training: Suicide Education for Educators. IWK, Halifax. October 11, 2007.
158. Mental Health Training: Provincial Student Services Coordinators. Halifax, NS. October 4, 2007.
159. Mental Health/ADHD Training Session. Student Services Department at the CCRSB, Truro, NS. September 4, 2007.

MEDIA INTERVIEWS AND INSTRUCTIONAL MATERIALS

(* prior to 2001 please see appendix)

Over 150 media interviews (television, radio)

1. “Dr. Stan Kutcher talks mental health literacy”. CTV News. May 22, 2018.
2. Live interview with Rick Howe. News 95.7. May 22, 2018
3. Interview with Charlene Pickrem for “Mental Health – Let’s Talk About It!” CIOE 97.5 FM. April 30, 2018.
4. Live interview on “Mainstreet”: Adolescents and social media. CBC – Radio. February 28, 2018.
5. “Let’s talk about how our culture compounds mental health crises” Halifax Chronicle Herald Op Ed. January 31, 2018.
6. “Mental health literacy discussion with Dr. Stan Kutcher” Global News. January 31, 2018.
7. Live interview with Sheldon MacLeod: Mental Health Literacy. News 95.7. January 31, 2018.
8. “The importance of mental health literacy among all of the awareness” Digital Journal. January 30, 2018.
9. Live interview with Dave Squires: Recommendations on Cape Breton Youth Mental Health. Global News. August 3, 2017.
10. Live interview with Rick Howe: Recommendations on Cape Breton Youth Mental Health. News 95.7. August 2, 2017.
11. Live interview with Steve Murphy: Recommendations on Cape Breton Youth Mental Health. CTV Atlantic. August 2, 2017.
12. Live interview on “Mainstreet”: Recommendations on Cape Breton Youth Mental Health. CBC – Radio. August 2, 2017.

13. Live interview with Tom Murphy: Recommendations on Cape Breton Youth Mental Health. CBC-TV. August 2, 2017.
14. Live interview with Sheldon MacLeod: Recommendations on Cape Breton Youth Mental Health. News 95.7. August 2, 2017.
15. "Effective, Sustainable and Integrated School Mental Health: A Canadian Opportunity" BC Counsellor Magazine. Fall 2015.
16. "How bullied children face long-term hits to mental health" CBC News. April 28, 2015.
17. "Dr. Kutcher after briefing Her Excellency Sharon Johnston" News 95.7(The Sheldon MacLeod Show- 3pm). April 22, 2015.
18. "Dr. Kutcher briefing for Her Excellency Sharon Johnston" CTV News. April 22, 2015.
19. "Your questions for teen mental health expert Dr." Globe and Mail. April 13, 2015.
20. "Dr. Stan Kutcher: grief counseling 'huge' business without regulation" CBC News. April 8, 2015.
21. "Suicide prevention discussion" News 95.7 (The Rick Howe Show- 11am). April 6, 2015.
22. "Most suicides occurred at first attempt" South Asia Mail. April 3, 2015.
23. "Suicide-prevention efforts after 1st attempt must last longer, new research suggests" CBC News. April 2, 2015.
24. "Suicide prevention discussion" CBC News. April 2, 2015.
25. "Mainstreet Tech & Consequences: How do you talk to your kids about tech?" CBC News. March 26, 2015.
26. "Researchers question popular suicide prevention programs." The Chronicle Herald. March 23, 2015.
27. "Pricy youth suicide prevention programs could actually lead to more attempts not fewer, study says" National Post. March 18,2015.
28. "Coping with Traumatic Stress" CTV Live at 5 with Steve Murphy. June 11, 2014.
29. "Somewhere Project" Global News. April 17, 2014.
30. "Somewhere Project" Halifax Chronicle Herald. April 16, 2014.

31. "Somewhere Project" Halifax Metro. March 31, 2014.
32. Japanese Documentary. March 10, 2014.
33. Live interview: CTV Morning Live. January 24, 2014.
34. Live interview with Rick Howe: News 95.7 Halifax. January 22, 2014.
35. Live interview with Tyler McLean: News 91.9 Moncton. January 22, 2014.
36. "Rapid access to help key for suicide prevention" CTV News, December 9, 2013.
37. "What guidelines are needed to manage/treat patients?" CTV National News. December 9, 2013.
38. "What schools are for" CBC Radio. December 6, 2013.
39. "Adolescent Mental Health" Minnesota Daily Circuit (radio). December 2, 2013.
40. "Teen Suicide" Global TV. November 29, 2013.
41. "Transitions" CTV News Halifax. September 27, 2013.
42. "Bringing Schools to Mental Health and Bringing Mental Health to Schools: Challenges, Confusions and Opportunities" MASS Journal. Spring 2013.
43. "Five for Mental Health" Running Room Magazine. July–August 2011.
44. "Anxiety and the Academy in School Mental Health", Breakfast Television. July 18, 2011.
45. "Alcohol's mixed messages: does it really hurt the teenage brain?" Moods Magazine. Summer 2011.
46. "A confusing Conundrum: is it depression or a mild brain injury?" Moods Magazine. Summer 2011.
47. "Interview with Yifeng Wei and Dr. Stan Kutcher" News 95.7 with Tom Young. June 22, 2011.
48. "Brain Injury" CKDU. July 22, 2011.
49. "For Children with ADHD, 'It Gets Better with Help'" Ourkids.net. May 23, 2011.
50. "The Simple Act of Reaching Out Makes a Difference" Ourkids.net. May 16, 2011.
51. "Fighting Rainy Day Blues" News 1130, Radio. May 16, 2011.

52. "Finding a Safe Environment Amid Paralyzing Fear" ourkids.net. May 12, 2011.
53. "Mental health curriculum tested" Chronicle, by Josh Long. April 2011.
54. "Youth and Stress" CBC National News. March 13, 2011.
55. "Helping Youth with Mental Health Challenges" CTV Live at Five. March 8, 2011.
56. "Mental Health Identification and Navigation" Aviso. Winter 2011. (with Yifeng Wei)
57. "Digital Mental Health Monitoring." Moods Magazine. Winter 2011. (With Katherine Radchuck)
58. "Is Canada making progress in treating mental illness?" CBC Radio Cross Country Check-Up. February 20, 2011.
59. "Denial of Mental Health care Treatment (based on a case in Ontario)" CBC the Current. February 1, 2011.
60. "Evidence Based Research and Program Evaluation" CTV National News. January 24, 2011.
61. "One in Four Students Depressed: Study" National Post. January 18, 2011.
62. "Update from the Sun Life Chair" Headlines. January 2011. (With Christina Carew)
63. "Talking About Mental Health" CBC Whitehorse. January 9, 2011.
64. "Talking About Mental Health" CBC Toronto. January 9, 2011.
65. "Talking About Mental Health" CBC St. John's. January 9, 2011.
66. "Talking About Mental Health" CBC Thunder Bay. January 9, 2011.
67. "Talking About Mental Health" CBC Charlottetown. January 9, 2011.
68. "Talking About Mental Health" CBC Quebec City. January 9, 2011.
69. "Talking About Mental Health" CBC Regina. January 9, 2011.
70. "Talking About Mental Health" CBC Yellowknife. January 9, 2011.
71. "Talking About Mental Health" CBC Windsor. January 9, 2011.

72. "Talking About Mental Health" CBC Calgary. January 9, 2011.
73. "Talking About Mental Health" CBC Cape Breton. January 9, 2011.
74. "Talking About Mental Health" CTV News. January 9, 2011.
75. "Bridge Barriers Saving Lives" Chronicle Herald. January 5, 2011.
76. "YAC Commercials" Live at Five. January 5, 2011. (with Wishart and Smith)
77. "Discussion with Kutcher and Laura Burke" The Current, CBC Radio. January 3, 2011.
78. "NS Mental Health Court" VoicePrint. December 8, 2010.
79. "Will I Become Addicted." Moods Magazine. Fall 2010. (With Christina Carew)
80. "Interview with Kutcher re mental health" CKDU. November 15, 2010.
81. "Impact of Bullying on Mental Health" Post News Wire. October 15, 2010.
82. "Pathway to Care Model for Youth Mental Health Promotion" Branching Out. October 2010.
83. "Interview Follow-up on Evergreen" Today's Parent. October 2010. (with Alan McLuckie)
84. "New mental health curriculum guide targets high schools" Dal Medicine e-News Article. October 2010.
85. "Mental Health" News 95.7: Maritime Morning. September 29, 2010.
86. "Depression" CBC Radio. September 10, 2010.
87. "Teens and Medications" Canadian family magazine. September 2010.
88. "Support After Youth Suicide" News 95.7. July 15, 2010.
89. "Support After Youth Suicide" CTV: Live at Five. July 13, 2010.
90. "Support After Youth Suicide" Metro Halifax. July 13, 2010.
91. "Support After Youth Suicide" National Union of Public and General Employees, Online, July 5, 2010.
92. "Support After Youth Suicide" Chronicle Herald, June 24, 2010.

93. "Support After Youth Suicide" CBC News, 6pm, June 23, 2010.
94. "Support After Youth Suicide" Breakfast Television, June 23, 2010.
95. "Because you're worth it." Moods Magazine, Summer 2010. (With Christina Carew)
96. "Students with bipolar" BiPolar Magazine, Summer 2010.
97. "Interview on SSRI's" CBC Radio: Information Morning, May 6 2010.
98. "Psychological Debriefing" Entrevue, TV, May 3, 2010.
99. "Support After Youth Suicide" Doctors NS Magazine, May 2010.
100. "Understanding What's Going on Inside" Moods Magazine, Spring 2010. (With Christina Carew)
101. "NS Psychiatry Funding Plan Overseers Deny Caseload Problem" Medical Post, April 2010.
102. "Much More to Be Done" Chronicle Herald, February 11, 2010.
103. "Information Morning: Transitions" CBC Radio, February 2, 2010.
104. "When Counselling is Dangerous" Psychology Today, January 19, 2010.
105. "First, do no harm" Globe and Mail, January 18, 2010.
106. "Grief industry to the rescues" Globe and Mail, January 15, 2010.
107. "Psychological Debriefing", CIUT, January 11, 2010.
108. "Debriefing Kids hurts more than helps" Parentcentral.ca, January 7, 2010.
109. "Psychological Debriefing" CBC As it Happens, January 7, 2010.
110. "Debriefing kids hurts more than helps" The Toronto Star, January 7, 2010.
111. "Trauma counselling may hurt more than help" Globe and Mail, January 7, 2010.
112. "No benefit from Debriefing After School Terror" Psych Central, January 6, 2010.
113. "Psychological Debriefing" CBC Toronto: Here and Now, January 4, 2010.
114. "Mental Illness on Campus." Moods Magazine. Winter 2009. (With Holly Huntley)

115. "Teen Suicide" SBS TV: 6pm. November 23, 2009.
116. "Teen Mental Health" CBC Radio St. John's. November 23, 2009.
117. "School Mental Health" Chronicle Herald, November 4, 2009.
118. "Leading the Way: a Guide to Mental Health Action" Moods Magazine. Fall 2009. (With David Venn and Jessica Wishart)
119. "Teen Mental Health" Readers Digest, November 2009.
120. "Transitions" CBC Radio, October 29, 2009.
121. "Mental Health Curriculum Supplement" Globe and Mail, October 13, 2009.
122. "World Mental Health Day" TIGblog.org, October 7, 2009.
123. "School Mental Health Program" Metro Halifax, October 6, 2009.
124. "School Mental Health" govmonitor.com, October 5, 2009.
125. "Lasting effects of MH in childhood" CBC Information Morning, October 5, 2009.
126. "Healthy Minds, Health Bodies" CTV News: 6pm, October 5, 2009.
127. "Mental Health and Sexual Abuse" Metro Halifax, October 5, 2009.
128. "School Mental Health" The Portugal News, October 2, 2009.
129. "Fine Art of Recovery" Globe and Mail, September 25, 2009.
130. "Teen Mental Health Digby County" Chronicle Herald, September 23, 2009.
131. "Forum targets kids' mental health" Chronicle Herald, September 18, 2009.
132. "Youth Suicide" Chronicle Herald, September 16, 2009.
133. "Action against Suicide" Chronicle Herald, September 12, 2009.
134. "How sport can kick-start your mental health" Moods Magazine. Summer 2009. (with Katherine Radchuk)
135. "Youth Depression." Metro News. May 5, 2009. (With David Venn)
136. "Facing Mental Illness: a 10-Step Plan." Halifax Chronicle Herald Op Ed., October 8, 2008

- (with David Venn).
137. CTV Live at 5 Interview on the topic of the Transitions Booklet. September 2008.
 138. Breakfast Television Interview on the topic of the Transitions Booklet. September 2008.
 139. "Listen Up" (Global Television) interview on the topic of teen depression – May 2008.
 140. "Risk Taking Behaviour." Moods Magazine, Summer 2008. (With Ainslie MacDougall)
 141. "Rise and shine sleepyhead." Moods Magazine, Spring 2008 (With Martha Carmichael and David Venn).
 142. Recognizing the priority of child and youth mental health." Halifax Chronicle Herald Op Ed., May 2008 (with Simon Davidson and Ian Manion).
 143. "Addressing Mental Health Concerns Fails in Jails." Halifax Chronicle Herald Op Ed., April 2008 (with Ainslie MacDougall)
 144. "Rights of mentally ill must be a national priority." Halifax Chronicle Herald Letter to the Editor, March 2008 (with Simon Davidson and Ian Manion).
 145. "Clearing up misconceptions on mental illness and crime." Halifax Chronicle Herald Op Ed, Jan. 2008 (with Ainslie MacDougall)
 146. CTV Live at 5 Interview on the topic of the Transitions Booklet and school safety. September 2007
 147. CBC Radio interview on the topic of Bipolar disorder treatment. September 4, 2007.
 148. CBC Mainstreet interview on the topic of Transitions booklet. September 4, 2007
 149. "Gun legislation helps reduce youth suicide." Halifax Chronicle Herald Op Ed. May 10, 2007 (with Magda Szumilas)
 150. CBC Mainstreet. Discussion about the Virginia Tech shootings. April 18th, 2007. Live at 5, CTV. Brain lecture interview. March 14, 2007
 151. "We're losing mental health ground by sticking with the status quo" Web exclusive comment. Globe and Mail, March 20, 2007 (With Simon Davidson and Ian Manion)
 152. "Youth Mental Health: Time to Act". The Halifax Chronicle Herald Op-Ed, February 6, 2008 (With N. MacDonald)
 153. "Teen Mental Health" – 97.5 Talk Radio, Bill Carr Show, February 10, 2007 – Halifax, NS

154. "PTSD in the Military": - CTV news television interview. November 23, 2006
155. "Prescribing Selective Serotonin Reuptake Inhibitors (SSRIs) to Teenagers, CBC-TV), July 2005
156. "Teen Angst" – The New RO, Ottawa, Ontario, June 2005
157. "Adolescent Depression" – CKCO, Kitchener, Ontario, November 2004
158. "Adolescent Mental Health" – Raif mair Show, CKNW AM 980, Vancouver, April 7, 2003
159. "Adolescent Depression" – Doc Radio – UWI Mona Radio Station, Kingston Jamaica, March 2003.
160. "Adolescents and Mental Illness" – Nationwide – Radio FM 106, Kingston, Jamaica, March 2003
161. "Adolescent Mental Health" - More to Life, Mary Ito Show, TVO, Toronto, November 2002
162. "Bipolar Disorder" – Global TV – Maritimes Today, January 2002.
163. "What's Happening in Medical, Social and Scientific Research in Nova Scotia - Adolescent Mental Health" - Science Bytes-Maureen McTeer, CBC Television. July 19, 2001.
164. "Obsessive-Compulsive Disorder" - Global TV - Maritimes Today, May 24, 2001
165. "Adolescent Depression" - CBC - Streetsense, February 5, 2001
166. "Understanding Your Teens" Global TV - Maritimes Today, January 9, 2001
167. "Brain Repair Centre" - CBC - Information Morning, January 2001

APPENDIX: (1986 - 2007):

University Committees

Member

Faculty of Medicine – Executive Committee (2002- 2006)

Executive Committee, Brain Repair Centre, QEII Health Sciences Centre/Dalhousie University (2000 – 2002)

Presidents Task Force on Research, Dalhousie University (1998-1999)

Chair

Faculty of Medicine - Finance Committee (1997-1999)

Hospital Committees:

Member

Medical Advisory Committee, Queen Elizabeth II Health Sciences Centre, Halifax
Mental Health Planning, Capital Region
District MAC, Capital Health District

Chair

Staff Psychiatrists Committee and numerous other Queen Elizabeth II Health Sciences Committees and Task Forces

National & International

Member

WHO Network of Experts for Mental Health (2005-ongoing)
PAHO/WHO – Mental Health Research Policy and Planning Committee (2003- - ongoing)
Appeals Review Health Protection Branch, 1999
Clinical Practice Guidelines Development Committee, Canadian Psychiatric Association (1998 – 2003)
Medical Research Council- Behavioural Sciences “B”, Grants Committee (1998 –1999)

Chair

Canadian Association of Professors of Psychiatry (1998-2001)

Examiner

Corresponding Member Examination Board, Royal College of Physicians and Surgeons of Canada, Psychiatry, (1998-2003)
Royal College of Physicians & Surgeons of Canada Psychiatry (1998 -2000)

Advisor

Cambridge University - Manchester University study on Adolescent Depression (2000- present)

Industry

Advisory Board Member

Lundbeck Canada (2000-2002)
Pediatric Advisory Panel, Glaxo Smith Klein (1999-2000)
Pegasus Healthcare Intl. Pharmacia & Upjohn (1998-2000)
International Advisory Board - Pfizer International (1997- 2002)
CNS Advisory Board, Pfizer Canada (1997-2002)
Pediatric Psychopharmacology Advisory Board-Pfizer – USA (1997- 2002)
Partners in Psychiatry (Industry/University Partnerships in Psychiatry), (1997- 2001).
Boehringer Ingelheim (Can) Ltd, Burlington, ON.(1997–2000)
Smith Kline Beecham Pharma, Oakville, ON (1996-1999)

Member

National Duloextine Advisory Board Eli Lilly (2001– 2002)
CNS Summit Advisory, Johnson & Johnson (2000 – 2003)

Co-Chair

National Advisory Board in Psychiatry, Wyeth-Ayerst Canada (2002)

Chair

National Advisory Board in Psychiatry, GlaxoSmithKline (2000-2002)

Professional

Member

Health Policy Research Initiative: Education Working Group -Province of Nova Scotia and Dalhousie University (2008)
Specialty Committee in Psychiatry, The Royal College of Physicians and Surgeons of Canada (1999-2002)
Scientific Program Committee, American Academy of Child and Adolescent Psychiatry (1992-97)
Interministerial Provincial Action Committee, Province of Ontario (1990)
Research Committee. Canadian Academy of Child Psychiatry (1990-97)
Canadian Academy of Child Psychiatry Executive (1990-97)
National Institutes of Mental Health Research Review Site Visit Committee. Columbia University, New York Psychiatric Institute (1989)
Long Range Planning Committee. Division of Child Psychiatry. University of Toronto (1989-92)
Child Psychiatry Executive Committee. University of Toronto, (1989-84)
North York Teen Mental Health Committee, (1986-88)
Department of Psychiatry, Research Diploma Course. University of Toronto, (1986-89)
Ad-Hoc Committee on Transitional Age Youth. Toronto District Health Council, (1986)
Dept. of Psychiatry, Research Committee. University of Toronto, (1985-89)
Child Psychiatry Training Committee. University of Toronto, (1985-91)
Representative to Royal College Accreditation Survey. University of British Columbia, (1984)
Child Psychiatry Training Committee. University of Toronto, (1984-1990)
Resident Representative to Royal College Accreditation Survey, Dalhousie University, (1983)
The Dean's Task Force on Stress in Medical Education. University of Toronto, (1983-84)
Review Board – Scientific Reviewer – Mental Health and Disasters
Post Graduate Education. University of Toronto, (1981-83)
Post Graduate Education. Council of Ontario Faculties of Medicine, (1981-84)
Post Graduate Consultation. Province of Ontario, (1981-84)

Chair

Scientific Program Committee. Canadian Academy of Child Psychiatry, (1990-94)

Chairman

Scientific Review Committee, Department of Psychiatry. University of Toronto (1988-91)

Pre-registration Training in Canada. Canadian Association of Interns and Residents, (1981-1984)

Co-Chairman

Child Psychiatry Dissertation Committee. University of Toronto, (1984-88)

Vice Chairman

Section on Clinical Teachers. O.M.A., (1986-87)

President

Professional Association of Interns and Residents of Ontario, (1982-1983)

Vice President

Canadian Association of Interns and Residents, (1982-83)

Professional Association of Interns and Residents of Ontario (1981)

Review Board

Province of Nova Scotia (Order in Council 2007-12)

Executive

Canadian Association of Interns and Residents (1981-84)

Professional Reviews and Reports Authored and Co-authored:

Physicians Rights to Practice: A Submission to the Senate Committee on the Canada Health Act (1984)

Physicians Rights to Livelihood: A Submission to the House of Commons Standing Committee in the Canada Health Act (1984)

Medical Manpower Needs & Medical Training. A brief to the Ministry of Health, Ontario (1982)

Medical Training, Government Funding, Canadian Association of Interns and Residents (1982)

“Report to the Ontario College of Physicians & Surgeons on Pre-Licensure Training Requirements in Ontario”. Professional Assn. of Interns and Residents of Ontario (1981)

Reviewer

Recommendations on Cape Breton Youth Mental Health – Health and Wellness/Education and Early Childhood Development, Government of Nova Scotia (August 2, 2017)

Child and Adolescent Division – London Health Sciences Centre (LHSC) and Saint Joseph’s Health Care (SJHC). London, Ontario (June 29-30, 2017)

Mental Health Program – Children’s Hospital of Eastern Ontario (2006)

Department of Psychiatry – University of Western Ontario (2003)

A Report on Mental Illnesses in Canada, Health Canada, Health Canada (2002)

Psychiatric Disorders Research Group, University of Calgary (2001)

Child and Adolescent Mental Health Services, Winnipeg Health Authority (1999)

Guidelines on the Treatment of Attention Deficit/Hyperactivity Disorder for Expert Consensus

Guidelines (1999)

Yarmouth Hospital Mental Health Program (1996-1997)

Suicides in Cape Breton - Cape Breton Regional Hospital (1996)

Child and Adolescent Psychiatric Services, Queen's University and affiliated teaching institutes, (1992)

Adolescent Psychiatric Services - Foothills Hospitals, University of Calgary (1990)

Royal College Accreditation Survey, University of British Columbia (1984)

Royal College Accreditation Survey - Dalhousie University (1983)

GRANTS HELD: as Primary Investigator:

Peer reviewed (agency funded)

- Enduring Effects of Ritalin - An Animal Model (Pilot Study). QEII Health Sciences Centre Research Fund. \$15,000 (2000)
- Consumer Evaluation of Family Burden in Adolescent Bipolar Disorder. Stanley International Centre for the Study of Bipolar Disorder. \$10,000 (2000)
- Health Transition Fund- Shared Care (Federal Government). \$450,000 (1999)
- REM Latency in Adolescent Daughters of Women with Major Depressive Disorder". Stanley Foundation. \$92,460 (1997-98); \$60,294 (1998-99)
- "Consumer Evaluation of Chronic Illness Impact and Family Burden in Adolescent Onset Bipolar Disorder: A Comparison of Mood Disordered, Epileptic, and Normal Youth and Their Parents", Canadian Psychiatric Research Foundation. \$25,000 (1998-1999)
- "Optimization of Outcomes in Early Onset Bipolar Illness Utilizing a Disease Management Approach". Stanley Foundation Bipolar Treatment Outcome Network. Department of Psychiatry designation as an International Research Center plus \$100,000 (US) for a minimum of three years (\$390,000 Cdn.) (1998-2001)
- "Consumer Evaluation of Chronic Illness Impact and Family Burden in Adolescent Onset Bipolar Disorder versus Other Chronic Neurological Disorder: A Comparison of Illness Impact in Families with Bipolar, Unipolar, Epileptic and Healthy Offspring" QEII Health Sciences Centre Research Fund. \$14,984 (1998)
- Follow-up of Adolescent Onset Bipolar I Disorder. Canadian Psychiatric Research Foundation. \$25,000 (1996-1997)
- Adolescent Children of Bipolar Parents: Genetic Issues. Ontario Mental Health Foundation. \$632,000 (1995-1997)
- REM Latency in adolescent daughters of women with Major Depressive Disorder. Camp Hill Medical Research Fund. \$10,000 (1996)
- Follow-up Study of Adolescent Bipolar I Disorder. Queen Elizabeth II Health Science Centre Research Foundation. \$10,000 (1996-1997)
- REM Latency in Adolescent Daughters of Women with Major Depressive Disorder. Canadian Psychiatric Research Foundation. \$38,000 (1995-1996)
- Adolescent Mental Health Identification Triage Project. Canadian Psychiatric Research Foundation. \$12,000 (1994)
- Senior Research Fellowship. Ontario Mental Health Foundation. \$80,000 (1993-1995)
- l-fenfluramine Challenge and Social Problem Solving in Depressed and Suicidally

- Depressed Adolescents. Canadian Psychiatric Research Foundation. \$29,000 (1993-1994)
- Adolescent Affective Disorders Research Program - Data Base Development. Sunnybrook Health Sciences Centre, Research Trust. \$15,000 (1989)
- Clinical Investigation Unit in Adolescent Psychopharmacology. Database Development - Canadian Psychiatric Research Foundation. \$13,000 (1988)
- Sunnybrook Medical Center Research Trust. Growth Hormone and Sleep EEG studies in Adolescent Depression. \$25,000 (1987)
- Canadian Psychiatric Research Foundation. Neuroendocrine and Sleep Architecture Correlates of Adolescent Depression. \$20,000 (1986)
- Dean's Fund, University of Toronto. \$5,000 (1986)

Industry supported (projects developed by Dr. S. Kutcher and industry funded)

- Paroxetine in the Treatment of Pathological Gambling. Smith Kline Beechan. \$30,000 (2000-2001)
- Long-term comparison of ziprazadone vs. Active comparator in chronic schizophrenia in schizoaffective disorders - training psychiatrists on rating scales for psychiatry research. Pfizer Canada. \$78,000 (2000)
- “An Eight-Week, Multicentre, Double-Blind, Double-Dummy, Randomized, Parallel Group Study Comparing the Effects of 20 mg of Paroxetine to 150 mg of Wellbutrin® in Patients with Major Depressive Disorder”, Glaxo-Wellcome. \$100,000.00 (1999 – ongoing)
- “A Double-Blind, Randomized, Placebo Controlled Trial Evaluating the Efficacy and Safety of 10 mg Lu 26-054 in Outpatient with Major Depressive Disorder”, ongoing H. Lundbeck A/S. \$450,000 (1999 – ongoing)
- “A Randomized, Double-blind, Placebo-controlled Fixed Dosage Trial to Evaluate the Efficacy and Tolerability of 20 and 40 mg/day Paroxetine in Patients with Generalized Anxiety Disorder” SmithKline Beecham. \$81,516 (1998-1999)
- “Evaluation of a Specific Medication Educational Program on the Optimal Prescription of a New Antidepressant”. Lundbeck. \$1,451,537 (1998-1999)
- Depression Preceptorship Training Program. Novicom, In. \$25,000 (1998-1999)
- “A Flexible Dose Trial of Nefazodone HCl and Placebo in the Treatment of Subjects with Panic Disorder”. Bristol-Myers Squibb. \$ 91,028 (1998-1999)
- “The Development of the Dalhousie Adolescent Depression Rating Scale. SmithKline Beecham. \$50,000 (1998-1999)
- Boehringer Ingelheim Preceptorship Program and Education Evaluation. Boehringer Ingelheim. \$28,000 (1998)
- “Mental Health Needs Assessment”. Department of National Defence - CFB Halifax. Contract. \$35,000 (1998)
- Psychopharmacology Research Grant: Two projects - 1) Psychotropic treatment of Borderline Personality Disorder and 2) establishment of neurocognitive measures database - in support of research activities of the Dalhousie University Department of Psychiatry. Lundbeck Canada Inc. \$40,000 (1997-1998)
- A Randomized Trial of a Specific Compliance Enhancement Program in Sertraline treated Adults with Major Depressive Disorder. Pfizer Pharmaceuticals. \$1,500,000.00 (1996-1998)
- SSRI Withdrawal Study. Eli Lilly. \$5,000 (1996-1997)

- A multi centre, double blind, placebo controlled study of paroxetine and imipramine in adolescents with unipolar major depression. SmithKline Beecham. 1994/95 - Toronto Site - Papatheodorou and Kutcher 1995/96 - Halifax Site - Kusumakar, Kutcher, Stokes and Orlik. \$390,000 (1994-1996)
- Paroxetine/Desipramine in Adolescent Depression. SmithKline Beecham. \$45,000 (1993-1994)
- Duloxetine in Depression. Lilly. \$100,000 (1993-1994)
- CGP in Depression. Ciba-Geigy. \$25,000 (1993-1994)
- Brofaromine in major depression. Ciba Geigy. \$48,000 (1992-1993)
- Moclobemide Treatment of Panic Disorders. Hoffman LaRoche. \$130,000 (1992-1994)
- Fluvoxol Treatment of Adolescent Borderline Personality Disorder. Nordic Merrell Dow. \$70,000 (1991-1993)
- Valproic Acid Treatment of Adolescent Mania. Abbott Laboratories. \$70,000 (1991)
- Desipramine treatment of adolescent depression. Merrell. \$98,000 (1988 – 1989)
- Clonazepam treatment of adolescent panic attacks. Hoffman LaRoche. \$120,000 (1989)

Industry sponsored (projects developed by industry).

- Rural Continuing Health Education (CHE). Eli Lilly. \$5,000 (1996)
- Mental Health Infrastructure. Department of Health, Province of Nova Scotia. \$500,000 (1995-2000)

GRANTS HELD as Co-Investigator:

- A longitudinal Study of the Children of Bipolar Parents. Dr. A. Duffy (PI). Canadian Institutes of Health Research. \$445,854 (2000-2003)
- Health Risk Behaviour & Driving Outcomes in Adolescents with Attention Deficit Hyperactivity Disorder. Dr. R. Tannock (PI) Canadian Institute of Health Research. \$85,956.52 (2000)
- Double-blind placebo controlled discontinuation study of citalopram in adolescents with major depression, (A.Levitt PI) Canadian Institutes of Health Research. \$141,631 (2000)
- Schizophrenia Education and Evaluation Program, Novartis Pharmaceuticals Canada Inc. (Industry supported) - \$75,000 (1998-2000)
- “A naturalistic controlled study of paroxetine in adolescents with Social Phobia . SmithKline Beecham. (Industry sponsored) - \$25,000 (1998-2000)
- “A Flexible Dose Trial of Nefazodone HCI and Placebo in the Treatment of Subjects with Panic Disorder, Bristol Myers Squibb. \$91,000 (1998-2000)
- Schizophrenia Treatment and Research Network. Lilly Pharma. (Industry supported) – \$600,000 (1998-2000)
- The Outcome of Maintenance Treatment in Adolescent Depression. A Canadian Multi-Centre Study. Medical Research Council of Canada. \$300,000 (1997-2000)
- Survey of Sleep Difficulties in Adolescents, Servier Ltd. (Industry supported) – (1997)
- Lamotrigine in the maintenance treatment after acute bipolar depression, Phase 3 Study Glaxo Wellcome contract grant. (1997)
- Lamotrigine in rapid cycling bipolar disorder. Phase 3 Study with Kusumakar, O’Donovan, Dursun, Lavallee and Kronfli. Glaxo Wellcome contract grant. \$250,000 (1997)

- A four-week, double-blind, placebo-controlled study comparing the effects of 20 mg. Q.D. of BIMT-17 in Patients with Major Depressive Disorder. Boehringer Ingelheim. (Industry sponsored) – (1997)
- Antidepressant Utilization in Nova Scotia Senior Population, Department of Psychiatry, Dalhousie University. (Peer reviewed) - \$3,345 (1997)
- A multi-centre, double-blind, placebo-controlled study of paroxetine and imipramine in MDD in adolescents. Smith Kline Beecham Inc. (Industry sponsored) - \$80,000 (1997)
- New Directions in Mental Health Prevention, Early Detection and Intervention with Adolescents in the Community. The Lloyd Carr-Harris Foundation. (Peer reviewed) 6 year study (1996)
- Light therapy in depressed bipolar adolescents. Sunnybrook Trust for Research. (Peer reviewed) (1994)
- Molecular Genetic Analysis of Unstable DNA in Psychosis. Scottish Rite Schizophrenia Research Program. (Peer reviewed) - (1994-96)
- Persistence of deficits in social skills, peer networks, and friendship quality in clinically depressed adolescents. Years 3 & 4. Ontario Mental Health Foundation. (Peer reviewed) - (1992-1994)
- Flesinoxan in treatment resistant major depression. Duphar. (Industry sponsored). (1990)
- Persistence of deficits in social skills, peer networks, and friendship quality in clinically depressed Adolescents. Ontario Mental Health Foundation. (Peer reviewed) – (1990-1992)
- Onset of Schizophrenia. Ontario Mental Health Foundation (Peer reviewed) – (1990-1992)
- Lithium Withdrawal Study. Sunnybrook Health Sciences Centre Research Trust. (Peer reviewed) - (1989)
- Social Competency in Adolescent Depression. Sunnybrook Health Sciences Centre Research Trust. (Peer reviewed) – (1989)
- Canadian Psychiatric Research Foundation Hypofrontality in Schizophrenia. (Peer reviewed) - (1987)
- Ontario Mental Health Foundation. Social Competence of Adolescents with Depressive Disorders. (Peer reviewed) - (1987-1989)
- St. Michael's Hospital Research Fund. A Comprehensive Assessment of Thyroid Function in Depression. (Peer reviewed) – (1986-1987)
- Dornier Laboratories. Psychological Improvement with Facial Cosmetic Changes. (Industry supported) – (1986)

INVITED PRESENTATIONS:

(Including Continuing Medical Education, not including grant rounds)

1. “Diagnostic Differentiation of Adolescent Affective and Psychotic Disorders”, University of Manitoba. (2000)
2. “Clinical Diagnosis and Management of Adolescent Depression and Suicide” University of Manitoba. (2000)
3. “Mood Disorders Across the Life Span - Bipolar Disorder in Adolescence” - Section of Psychiatry, Hamilton Academy of Medicine, Hamilton. (2000)

4. "Reexamining the Concept of Depression in Adolescents", McMaster University Department of Psychiatry, Hamilton. (2000)
5. "The Spectrum of Depression and Anxiety Disorders: Advances in Management and Treatment Outcomes", Experts Training Meeting, Lake Louise, Alberta. (2000)
6. "Adolescent Psychopharmacology, 2000 and Beyond" North American Society for Pediatric and Adolescent Gynaecology, Atlanta, Georgia. (2000)
7. "Considerations regarding the course of social anxiety disorder", American Psychiatric Association – Chicago. (2000)
8. "Looking into the Future: Psychiatric Medicine and Mental Health in the New Millennium", Atlantic Psychiatric Link 2000 Conference, Summerside, PEI. (2000)
9. "Adolescent bipolar disorder: diagnostic controversies and psychopharmacology", Invited symposium. CINP, Brussels, Belgium. (2000)
10. "Depression", Peel School Board, Dept. of Psychology, Toronto, Ontario. (2000)
11. Update in Adolescent Psychopharmacologic Treatment of Major Depression, Social Anxiety Disorder and Panic Disorder", 50th Annual CPA Meeting, Victoria, BC. (2000)
12. "Use of Electroconvulsive Therapy (ECT) Among Adolescents with Severe Psychiatric Disorders, Am. Academy of Child and Adolescent Psychiatry, New York, NY. (2000)
13. "Neurobiology of Major Depressive Disorder, Pharmacology of Anti-depressants, esp. New Antidepressants", Pediatric Psychopharmacology, Master Class Series, Wolverhampton, UK. (2000)
14. "Neurobiology of Bipolar Disorder, Review of Evidence Base for the Use of Mood Stabilisers and Guidelines for Good Practice", Pediatric Psychopharmacology, Master Class Series, Wolverhampton, UK. (2000)
15. "Social Phobia/Social Anxiety Disorder". Anxiety and Depression in the Adolescent, APA Symposium, January 20, 1999
16. "Child and Adolescent Psychopharmacology/Pediatric Psychopharmacology for Clinicians" Texas Society of Child and Adolescent Psychiatry, Austin, Texas, January 30, 1999.
17. "Pharmacotherapy of ADHD with MDD" - Meninger Clinic, Toledo, Kansas
18. "Practice Parameters for Use of Electroconvulsive Therapy in Children and Adolescents". The American Academy of Child and Adolescent Psychiatry Work Group on Quality Issues and Practice Parameter, Miami, Florida, February 6, 1999.
19. "Depression", Lawyers Assistance Program, Nova Scotia Barristers' Society, Halifax, March 26, 1999.
20. "Research Networks in Primary Care", Pfizer Worldwide Consultants Forum - The CNS Challenge, Barcelona, April 11-14, 1999.
21. "Pharmacotherapy of Adolescent Mood Disorders", 5th Annual Update in Adolescent Psychiatry: Integrating Recent Research into Clinical Practice, Psychopharmacology in Adolescent Psychopathology, Chicago, April 24, 1999.
22. "Treatment of Adolescent Anxiety Disorders" 5th Annual Update in Adolescent Psychiatry: Integrating Recent Research into Clinical Practice, Psychopharmacology in Adolescent Psychopathology, Chicago, April 24, 1999
23. "The selectivity, safety and tolerability of SSRIs", A Focus on Celexa® citalopram. Local Chairman, Halifax, May 4, 1999.
24. "Generalized Social Anxiety Disorder", Smith Kline Beecham Paxil Launch, National

- Pharmacom, Toronto, May 5, 1999.
25. "Clinical Aspects of Depression, A Focus on Wellbutrin SR", Continuing Health Care Program, Boehringer Ingelheim (Canada) Ltd., Halifax, May 9, 1999.
 26. Anxiety and Depression in the Adolescent: Clinical Implications of Emerging Data." APA Symposium, American Psychiatric Association, Washington, May 16, 1999.
 27. "Update on Depression for Primary Care and Psychiatry", Sydney, NS, May 20, 1999.
 28. "Adolescent Psychiatry", Dartmouth General Hospital Community Health Series Program, June, 1999.
 29. Social Anxiety Disorders in Adults and Adolescents". Treatment - Paxil SmithKline Beecham, Ottawa, July 8-9, 1999.
 30. "Bipolar Disorders in Childhood" Bipolar Disorders" - 100 Years after Kraepelin, Berlin, Germany, August 5, 1999
 31. "Recent Developments and Future Direction in Child & Adolescent Psychopharmacology" - 11th Annual European Congress of Child & Adolescent Psychiatry, Hamburg, Sept. 1999
 32. "Social Anxiety Disorder", CPA Symposium, Toronto, Sept. 1999.
 33. "Adolescent Mood Disorders" 11th Annual European Congress of Child & Adolescent Psychiatry, Hamburg, Germany, Sept. 1999
 34. "Recent Advances in the Understanding of Childhood Depression", Childhood Depression Awareness Day, Advocates for Children and Adolescents with Neurobiological Disorders (NBD's), Etobicoke, Oct. 1999
 35. "Understanding Mental Disorder", Mental Disorder and the Legal System: Some Major Issues, The Nova Scotia Association of Provincial and Family Court Judges, Halifax, Nova Scotia Sept. 1999
 36. "Anxiety Disorders - Breakout Sessions", Reaching Out: The Future of Adolescent Mental Health Symposium, Halifax, Nov. 1999
 37. "Normal Adolescents and the Issue of Mental Health", QEII Research Health Fair Halifax Infirmary, Dec. 4, 1999.
 38. "Helping the Depressed Adolescent", Canadian Mental Health Association. Saint John Regional Hospital, Saint John, NB. January 1998.
 39. "Anxiety Disorders". Canadian Mental Health Association. Stellarton, NS. March 1998.
 40. "Adolescent Psychopharmacology". University of British Columbia. Division of Child Psychiatry. April 1998
 41. "Pharmacotherapy of Adolescent Mood Disorders". Northwestern University Medical School, Chicago, Ill. 5th Annual Update on Adolescent Psychiatry: Integrating Research into Clinical Practice. Psychopathology in Adolescent Psychopathy. April 1998.
 42. "Treatment of Anxiety Disorders", Northwestern University Medical School, Chicago, Ill. 5th Annual Update on Adolescent Psychiatry: Integrating Research into Clinical Practice. Psychopathology in Adolescent Psychopathy. April 1998
 43. "How did I get Here and Why do I love it? Why I do Research." University of Manitoba. Faculty of Medicine, Department of Psychiatry. 1995 Resident Research Day. Distinguished Visiting Faculty. April 1998.
 44. "Current Developments and Future Directions in Child Psychiatry Research", Department of Psychiatry (Child Psychiatry) University of Manitoba, Winnipeg, Manitoba. April 1998.

45. "The Art of Child and Adolescent Psychopharmacology" Department of Psychiatry (Child Psychiatry) University of British Columbia, Vancouver, BC. April 1998.
46. "Anxiety/Anxiety Disorders". Canadian Mental Health Association, Pictou County Branch, New Glasgow, NS. April 1998.
47. "Addictions & Adolescence", The College of Family Physicians of Canada, The 40th National Annual Scientific Assembly, Halifax, NS. May 1998.
48. "Adolescent Psychiatry Update", Colchester Regional Hospital, Truro, NS. May 1998.
49. "Management of OCD in General Practice", Digby, NS. May 1998.
50. "Practical Techniques in Child and Adolescent Psychopharmacology", Course 71, American Psychiatric Association Annual Meeting, Toronto, ON, May 1998.
51. "Review of Psychiatry: Part I, American Psychiatric Association Annual meeting, Toronto, ON, May 1998.
52. "Workshop on Management of Adolescents with Mood Disorders", Canadian Network for Mood and Anxiety Treatments (CANMAT), Montreal, Quebec. June 1998.
53. "Diagnosis and evaluation of depression in adolescents", Psychiatrie de L'adolescence: Dépression et Suicide, Château Mont Tremblant, Mont Tremblant, Québec, June 18, 1998.
54. "The Pharmacology of Bupropion , a New Antidepressant", Boehringer Ingelheim Multi-Centre Symposia Series, Winnipeg, Manitoba, July 7, 1998.
55. "The Pharmacology of Bupropion , a New Antidepressant", Boehringer Ingelheim Multi-Centre Symposia Series, Vancouver, BC, July 8, 1998.
56. "The Pharmacology of Bupropion , a New Antidepressant", Boehringer Ingelheim Multi-Centre Symposia Series, Victoria, BC, July 9, 1998.
57. "Depression and Anxiety: Course & Treatment over the Life Span", SmithKline Beecham Pharma CME for Physicians, Mont-Tremblant, Quebec, September 26-27, 1998.
58. "Pharmacologic Therapies for Schizophrenia and Affective Disorders: In Teenagers", II Biennial Congress on Adolescence, Cagliari, October 11, 1998
59. "Baseline Assessment for Pediatric Psychopharmacological Treatments", American Academy of Child and Adolescent Psychiatry, Annual Meeting, Anaheim, California, October, 1998
60. "Multi-Center Trial of Paroxetine, American Academy of Child and Adolescent Psychiatry", Annual Meeting, Anaheim, California, October, 1998.
61. "The Art of Psychopharmacology" Adolescent Mental Health Services. Changing Horizons, University of Edinburgh, Edinburgh, Scotland, November, 1998.
62. "General Introduction to Psychiatry", Student Occupational Therapists in Occupational Therapy 3333 - Threats to Occupational Function, Dalhousie University, Halifax, NS, November, 1998.
63. "Overview Presentation on Normal Adolescence", Perspectives on Mental Health - II Adolescence: What's Normal, Who Knows?, IWK-Grace Health Centre, Halifax, NS, November, 1998.
64. "Adolescent Psychiatry - case study approach", General Practitioners and mental health case workers, Woodstock, NB, November 23, 1998.
65. "Release from the Dark" - MacLeary Productions Video shooting (CANMAT), Montreal,PQ, November 28, 1998.

66. "Measures in Depression Outcome", Depression Advisory Board Round Table Meeting, Toronto, ON, November 30, 1998.
67. "The Art of Psychopharmacology", Michigan Council for Child and Adolescent Psychiatry, Ann Arbor, Michigan, December 8, 1998.
68. "Bipolar Disorders Across the Life Span". Department of Psychiatry Grand Rounds Presentation, University of Michigan, Ann Arbor, Michigan, December 9, 1998.
69. "Child Psychopharmacology". British Association for Psychopharmacology Round Table Meeting - Child Psychopharmacology, London, England. January 1997.
70. Invited Speaker - monthly sessions - Professional Development, Cornwallis Junior High School, Halifax, NS. January, 1997.
71. "Adolescent Depression" - Halifax West High School, Halifax, NS, February 1997.
72. "Raging Hormones and the Blues". Alberta Family Physicians. Keynote Speaker, Banff, AB. February 1997.
73. "Prepubertal bipolar disorder workshop. National Institute of Mental Health (NIMH), Consensus Conference on Bipolar Disorder, Bethesda, Maryland. March 1997.
74. "Adolescent Bipolar Disorder". Invited Speaker. National Institute of Mental Health. Bethesda MD. March 1997.
75. "Research in Psychiatry". Sebastian Littman Research, Invited Speaker. University of Calgary, AB. April 1997.
76. "Adolescent Depression and Suicide". Dalhousie University CME Community Hospital Program Series. (Pediatrics Psychiatry). Sydney NS. April 1997.
77. "Use of mood stabilizers across the life span". 1st Annual Psychopharmacology Update. Division of Child and Adolescent Psychiatry, London Health Sciences Centre and UWO Child Psychiatry Division. London, ON. April 1997.
78. "Issues in the diagnoses and treatment of bipolar across the life span". Memorial University, St. John's, Nfld, Visiting Lecturer. May 1997.
79. "The Teenager with ADHD - You Mean It Could Be a Problem". Hillsborough Hospital Link '97, Charlottetown, PEI. May 1997.
80. "Depression - What do we really know about being well, getting well and staying well?" Canadian Mental Health Association, Truro, NS. May, 1997.
81. "Mood Disorders in Children and Adolescents", 74th Canadian Pediatrics Society Annual Meeting, Halifax, NS. June 1997.
82. "Bipolar Disorder: The Ups and Downs", Dartmouth General Hospital & Community Health Centre, Dartmouth, NS. June 1997.
83. "Genetics of Bipolar Illness in Youth". 6th World Congress of Biological Psychiatry, Nice, France. June 1997.
84. "Role of Drug Therapy in Behavioural Pediatrics", Annual Atlantic Provinces Pediatric Society Meeting. Fredericton, NB. October 1997.
85. "Treatment of Bipolar Disorder Throughout the Life Cycle". American Psychiatric Association, Washington DC. October 1997.
86. "Youth and Mental Health: Overview and Cultural Aspects". Mindful of Culture Conference. Sydney, NS. October 1997.
87. "Bipolar Disorder in Adolescents". American Psychiatric Association, Scientific Program Committee, Washington DC. October, 1997.
88. "Bipolar Illness in Children and Adolescents". Laval University, Quebec. November

- 1997.
89. "Attention Deficit Disorder in Adolescents", Laval University, Quebec. November 1997.
 90. "Depression in Adolescents". Laval University, Quebec. November 1997.
 91. "Medications in the Use of Treating ADHD Children and Adolescents" Attention Deficit Association of Nova Scotia. November 1997.
 92. "Autistic Spectrum Disorder in Childhood" St. Martha's Hospital, Antigonish, NS. January, 1996.
 93. "Adolescent Depression: Recognition and Treatment". Bristol-Myers Squibb National Depression Program. Santa Monica, California, March 1996.
 94. "Use of Buspar^R in Pediatric and Adolescent Patients - CNS". Distinguished Faculty in Anxiety, Orlando, FL. February/March 1996.
 95. "Raging Hormones and the Blues". Short Course in Psychiatry, CME Dalhousie University, March 1996.
 96. "Adolescent Depression: Recognition and Treatment". Bristol Myers Squibb National Depression program. New Orleans, Louisiana. April 1996.
 97. "Models for Understanding Violence". NS Department of Justice. April 1996.
 98. "Raging Hormones and the Blues. The Riddle of Adolescent Depression". Annual Workshop, Association of Mental Health Staffs, Truro, NS. May 1996.
 99. "Fixing the Link". Hillsborough Hospital, Charlottetown, PEI. May 1996.
 100. "A Cross Section of Atlantic Canada Clinical Research Capabilities and Interests" Clinical Trials Atlantic Corporation. The Link of the Future, Charlottetown, PEI. June 1996.
 101. "Essential Components of Mental Health System Planning". Atlantic Provinces Psychiatric Association. Charlottetown, PEI. June 1996.
 102. "Bipolar Disorder: Optimal Treatment and Outcomes". Stanford University, Stanford, California. September 1996.
 103. "Workshop on Integrity in Scholarly Activity". Facilitator/Tutor. Medical Research Services, Dalhousie University. September 1996.
 104. "Research Futures in Psychiatry". Working Breakfast for Residents. Host and Facilitator. 16th Annual Meeting of the Canadian Academy of Child Psychiatry. Quebec City PQ. September 1996.
 105. "Child and Adolescents Mental Disorders: Concepts, Approaches, Interventions". Nova Scotia Provincial Judges' Association Annual Meeting, Dundee Resort, West Bay, Cape Breton, NS. September, 1996.
 106. "Evidence in Psychiatry: The Story of Dr. Cotton". Annual General Meeting, Nova Scotia Hospital Foundation. Feature Speaker. Dartmouth NS. September 1996.
 107. "Anxiety Disorders and Depression": A Physicians' Update. Halifax, NS. October 1996.
 108. "Mental Illness" at C.P. Allen High School, Bedford, NS, October 1996.
 109. "Mental health & adolescents with primary focus on depression" at Clayton Park Junior High School, Halifax, NS, November 1996.
 110. "Teen Mood Disorders". Mood Disorders Preceptorship. Halifax NS. November 1996.
 111. "The School/Community Agency/Hospital Access Project". Canadian Academy Child and Adolescent Psychiatry, Victoria, BC September 1995.
 112. "Mental Health Screening of Adolescents". Canadian Academy, Child and Adolescent Psychiatry, Victoria, BC. September, 1995.

113. "Teenage Depression - Raging Hormones and the Blues". St. John's, Newfoundland. November, 1995.
114. "Electroconvulsive Therapy in Treatment Resistant Teens and Young Adults". American College of Neuropsychopharmacology. San Juan, Puerto Rico, December, 1995.
115. "Adolescent Suicide". The Council on Suicide Prevention. Toronto, Ontario. January 1994.
116. "Recent Advances in Adolescent Mood Disorders". Division of Child and Adolescent Psychiatry. Schneider Children's Hospital. New Hyde Park, NY. January 1994
117. "Recent Advances in Adolescent Bipolar Disorder". University Rounds. C.H.E.O. Psychiatry Department, University of Ottawa. February 1994.
118. "Working Through the Adolescent Years". Canadian Mental Health Association, Saint John Branch. St. John, NB. February 1994.
119. "Disturbed Teens or Disturbed Mood?" Faculty Symposium. Child Psychiatry Day. Division of Child Psychiatry, University of Toronto. February 1994.
120. "A Study of Children at High Risk for Major Depression: Biological and Psychosocial Correlates". Research Symposium. Child Psychiatry Day. Toronto. February 1994.
121. "Update on Bipolar Disorder in Children and Adolescents". University of Ottawa. Children's Hospital of Eastern Ontario. Ottawa, Ontario. February 1994.
122. Depression and Teen Suicide. L.I.F.E. Conference (Lifestyle Improvement for Everyone). Newtonbrook Secondary School. North York, Ontario. March 1994.
123. "Food for Thought, the Hunger Project". Eating Disorders in Adolescents. World Hunger Conference Day. Leaside High School. East York, Ontario. April 1994.
124. "Dialogue on Medical Illness and Depression". 36th Conjoint Annual Scientific Assembly. The College of Family Physicians of Canada and the Alberta Chapter. Banff, Alberta. April 1994.
125. Depression in Adolescents. 36th Conjoint Annual Scientific Assembly, The College of Family Physicians of Canada and the Alberta Chapter. Banff, Alberta. April 1994.
126. "The Dangerous Years". "Open Mind" Conference. The Canadian Psychiatric Awareness Committee of C.P.R.F. Toronto, Ontario. May 1994.
127. "Understanding the Major Adolescent Psychiatric Disorders". Conference on "Psychiatric Disorders in the High School: Identification & Referral". University of Toronto. May 1994.
128. "Medications and Their Side Effects". Conference on "Psychiatric Disorders in the High School: Identification & Referral". University of Toronto. May 1994.
129. "Case Management Models". Conference on "Psychosocial Rehabilitation and Case Management Approaches for Adolescents with Chronic Mental Illness. Division of Child Psychiatry, University of Toronto. May 1994.
130. "Adolescent Psychiatry". Canadian Psychiatric Awareness Committee of the Canadian Psychiatric Research Foundation. May 1994.
131. "Bipolar Disorder in Adolescence". "Mania Through the Life-Cycle" Symposium. American Psychiatric Association. Philadelphia, PA. May 1994.
132. "Report on Research Funding Results". Annual Meeting. Canadian Psychiatric Research Foundation. Toronto, Ontario. June 1994.
133. "New Developments in Long-term Treatment of Depression". Sunnybrook Health Science Centre. Toronto, Ontario. June 1994.

134. "ECT - The Sunnybrook Experience". 13th Annual Child & Adolescent Depression Consortium Meeting. Providence, Rhode Island. September 1994.
135. "Clinical Advances in the Management of Bipolar Disorder". 44th Canadian Psychiatric Association Annual Meeting. Ottawa, Ontario. September 1994.
136. "Mood Disorders Throughout the Lifespan". Moderator - Satellite Symposium. 44th Canadian Psychiatric Association Annual Meeting. Ottawa, Ontario. September 1994.
137. "Conduct Disorder & Substance Use: Research and Clinical Implications". Discussant. Symposium, 14th Canadian Academy of Child Psychiatry Annual Meeting. Ottawa, Ontario. September 1994.
138. "Bipolar Disorder in Adolescents". University of Hawaii School of Medicine. November 1994.
139. "Raging Hormones and Blues: the Story of Adolescent Depression". Midweek Medicine Series. Dalhousie University. November 1994.
140. "Anxiety and Its Disturbances in Adolescence". Halton Board of Education. Oakville, Ontario. January 1993.
141. "Borderline Personality Disorder in Adolescents". East Metro Youth Services. Toronto, Ontario. January 1993.
142. "Transitional Age Youth and Mental Illness". East Metro Housing Coalition - Staff Training. Toronto, Ontario. February 1993.
143. "Families - How to Support and Resolve Mental Health Problems". East Metro Housing Coalition - Staff Training. Toronto, Ontario. February 1993.
144. "Personality Disorders in Adolescents". East Metro Housing Coalition - Staff Training. Toronto, Ontario. February 1993.
145. "Update in Adolescent Mood Disorders". Department of Psychiatry, University of Calgary. Calgary, Alberta. March 1993.
146. "New Anti-depressants". "5 Chiefs" Family Medicine Day. Toronto, Ontario. April 1993.
147. "Overview of Psychiatric Disorders in Adolescents". Psychiatric Disorders in the High School Student: Identification and Referral. Toronto, Ontario. May 1993.
148. "Adolescent Anxiety Disorders". Psychiatric Disorders in the High School Student: Identification and Referral. Toronto, Ontario. May 1993.
149. "Adolescent Borderline Personality: Disorder or Tautology, an Introduction to Critical Thinking". Dalhousie University. Halifax, Nova Scotia. June 1993.
150. "Recent Advances in Adolescent Depression". Dalhousie University. Halifax, Nova Scotia. June 1993.
151. "The Pharmacotherapy of Child and Adolescent Depression and Anxiety Disorders". Annual Meeting, Quebec Psychiatric Association. Quebec. June 1993.
152. "Adolescent Mood Disorders". Mood Disorders in General Practice. Toronto, Ontario. June 1993.
153. "New Treatment Options in Depression". SmithKline Beecham Distinguished Lecturer Series Program. Toronto, Ontario. July 1993
154. "Anticonvulsants in Psychiatry - Pharmacologic Treatment of Adolescent Mania". Satellite Symposium - Canadian Psychiatric Association Annual Meeting. Winnipeg, Manitoba. September 1993.
155. "Depression and Anxiety: Separate Entities or a Clinical Continuum". Satellite Symposium - Canadian Psychiatric Association Annual Meeting. Winnipeg, Manitoba.

- September 1993.
156. "How (and Why) to Write a Successful Grant Application". Workshop - Canadian Psychiatric Association Annual Meeting. Winnipeg, Manitoba. September 1993.
 157. "Normal Adolescence and Psychiatric Disorders in Teens". North York General Hospital - Family Practice Residents Academic Day. Toronto, Ontario. October 1993.
 158. "Resolved That the Wrong People Are Taking Care of the Mentally Ill". Public Education Forum - Queen Street Mental Health Centre. Toronto, Ontario. October 1993.
 159. "What Do You Do When You Think a Child May Be Suicidal?" Depression in Adolescents - Telemedicine. Toronto, Ontario. October 1993.
 160. "Pharmacotherapy of Adolescent Borderline Personality Disorder - Advances in Child and Adolescent Psychopharmacology". Institute. American Academy of Child & Adolescent Psychiatry. Annual Meeting. San Antonio, U.S.A. October 1993.
 161. "Rapid Cycling and Mixed Mania in Adolescent Bipolar Illness". American Academy of Child & Adolescent Psychiatry. Annual Meeting. San Antonio, U.S.A. October 1993.
 162. "Major Life Events and First Onset Adolescent Depression". American Academy of Child & Adolescent Psychiatry. Annual Meeting. San Antonio, U.S.A. October 1993.
 163. "Depression in the Teen". The Ontario College of Family Physicians - 31st Annual Scientific and Business Meeting. Toronto, Ontario. November 1993.
 164. "Response to Desipramine Treatment in Adolescent Depression: A Fixed Dose Placebo Controlled Trial". The First Clinical Psychopharmacology Day. Department of Psychiatry, University of Toronto. November 1993.
 165. "Affective Disorders in Adolescents: Diagnosis and Treatment Update". The Canadian Association for Adolescent Health. Toronto, Ontario. November 1993.
 166. "Recent Advances in Adolescent Bipolar Disorder". Queen's University. Kingston, Ontario. November 1993.
 167. "Conceptual Models and Current Issues in Adolescent Depression". Division of Child Psychiatry, Beechgrove Children's Centre. Kingston, Ontario. November 1993.
 168. "New Approaches and Advances in Suicide Research and Intervention". Kinark Child and Family Services. Coburg, Ontario. February 1992.
 169. "Questions and Answers in Practical Psychopharmacology Across the Life Cycle". Lakeshore Medical Clinic. Toronto, Ontario. February 1992.
 170. "Depression in Children and Adolescents. Depression a Family Concern" - Clarke Institute of Psychiatry. Toronto, Ontario. February 1992.
 171. "Manic Depressive Illness in Adolescents". Manic Depressive Association of Toronto. Toronto, Ontario. March 1992.
 172. "Borderline Personality Disorder: An Overview". Merrell Dow Meetings. Cancun, Mexico. April 1992.
 173. "Anxiety and Panic Disorders in Teenagers: Diagnosis and Treatment Implications". Halifax, Nova Scotia. April 1992.
 174. "Anxiety and Panic Disorders in Teenagers: Diagnosis and Treatment Implications". Montreal, Quebec. April 1992.
 175. "Anxiety and Panic Disorders in Teenagers: Diagnosis and Treatment Implications". Toronto, Ontario. May 1992.
 176. "Anxiety and Panic Disorders in Teenagers: Diagnosis and Treatment Implications". Calgary, Alberta, June 1992.

177. "Anxiety and Panic Disorders in Teenagers: Diagnosis and Treatment Implications". Vancouver, B.C. June 1992.
178. "An Update in Adolescent Depression". Georgia Psychiatric Association. Hilton Head, South Carolina. August 1992.
179. "The Role of Medication in Adolescent Psychiatry". Queensway General Hospital. Toronto, Ontario. October 1992.
180. "An Overview of the Latest Advances in the Epidemiology, Etiology, Neurophysiology, and Psychopharmacology of Mania and Depression". The 3rd Annual Update Series in Child and Adolescent Psychiatry. University of Toronto, Division of Child Psychiatry. November 1992.
181. "Psychotic Disorders in Adolescence". The Hospital for Sick Children Adolescent Service. Toronto, Ontario. November 1992.
182. "Review of Psychopharmacology in Adolescent Mental Illness". Douglas Hospital, McGill University. Montreal, QC. November 1992
183. "Normal Adolescence: Issues and Models". Toronto Art Therapy Institute. November 1992.
184. "Anxiety and Depression in Adolescence". Toronto Art Therapy Institute. December 1992.
185. "The 1991 Consensus on the Epidemiology, Diagnosis and Treatment of Panic Disorder". Toronto, Ontario. January 1991.
186. "Adolescent Depression: Diagnosis and Treatment". Oakville Trafalgar Memorial Hospital. Oakville, Ontario. January 1991.
187. "Child and Adolescent Depression". Leaside Women's League. East York, Ontario. February 1991.
188. "Depression in Adolescents: New Findings". Department of Dentistry, Sunnybrook Health Science Centre. Toronto, Ontario. February 1991.
189. "Neuroendocrine and Sleep Physiology in Adolescent Depression". Clarke Institute of Psychiatry - Affective Disorders Program. Toronto, Ontario. February 1991.
190. "Anxiety and Panic Disorders in Teenagers: Diagnosis and Treatment Implications". Ottawa, Ontario. March 1991.
191. "Normal Adolescent Development and Depression". OAC conference on Family Issues. April 1991.
192. "Adolescent Depression: Diagnosis, Outcome, and Treatment". Seminars in Medicine. Thunder Bay, Ontario. April 1991.
193. "Anxiety Disorders in Teens". Seminars in Medicine. Thunder Bay, Ontario. April 1991.
194. "Anxiety and Panic Disorders in Adolescents". Toronto, Ontario. April 1991.
195. "REM Latency in Endogenously Depressed Adolescents". Symposium: Sleep Studies in Juvenile Affective Illness. American Psychiatric Association. New Orleans, Louisiana. May 1991.
196. "Normal Adolescent Development and the Onset of Mental Illness". Canadian Psychiatric Research Foundation, Annual General Meeting. Toronto, Ontario. June 1991.
197. "Update in Affective and Anxiety Disorders". Toronto, Ontario. September 1991.
198. "Models of Adolescent Mental Health Care Delivery - The Sunnybrook Model". The Models of Mental Health Care Delivery Conference. The Maples, Vancouver, B.C. September 1991

199. "Questions and Answers in Pediatric Psychopharmacology". Canadian Academy of Child Psychiatry. Saskatoon, Sask. September 1991.
200. "Update in Adolescent Psychiatry". Royal College of Psychiatrists Autumn Quarterly Meeting. London, England, October 1991.
201. "Psychopharmacology Breakfast". American Academy of Child and Adolescent Psychiatry. San Francisco, California. October 1991.
202. "New Directions in Adolescent Mental Health". Mississauga General Hospital. Mississauga, Ontario. November 1991.
203. "New Findings in Adolescent Depression". Student Health Services, University of Toronto. Toronto, Ontario. Winter 1990.
204. "Adolescent Psychiatric Disorders - Presentation, Phenomenology and Differentiation from Normal Adolescent Development". North York Board of Education. North York, Ontario. Winter 1990.
205. "Neuroendocrinology in Adolescent Psychiatry". City-wide Rounds. Department of Endocrinology, University of Toronto. Toronto, Ontario. Winter, 1990.
206. "Adolescent Depression". Telemedicine Presentation. Toronto, Ontario. Winter 1990.
207. "Mania in Teenagers". Toronto Manic Depressive Association. Toronto, Ontario. March 1990.
208. "Bipolar Illness in Adolescents". Wellesley Hospital, Toronto, Ontario. Winter 1990.
209. "Why is there air?" Research in Child Psychiatry. Hospital for Sick Children, Toronto, Ontario. Winter 1990.
210. "Treatment of Adolescent Depression". Third International Conference in Child and Adolescent Mental Health. Ottawa, Ontario. May 1990.
211. "Borderline Personality Disorder" - A Workshop. American Psychiatric Association. New York, NY. May 1990.
212. "Diagnosis of First Onset Psychoses in Adolescence". Schizophrenia 1990. Vancouver B.C. Summer 1990.
213. "Borderline Personality Disorder Heterogeneity: Psychopharmacotherapy Implications". Canadian Psychiatric Association. Toronto, Ontario. September 1990.
214. "Psychopharmacology Update". Canadian Psychiatric Association. Toronto. September 1990.
215. "The Treatment of Adolescent Depression". American Academy of Child and Adolescent Psychiatry Annual Meeting - Workshop. Chicago, Ill. October 1990.
216. "Cortisol and DST Measures in Child and Adolescent Depression: Is There Clinical Relevance?" Symposium, American Academy of Child and Adolescent Psychiatry Annual Meeting. Chicago, Illinois. October 1990.
217. "New Advances in Adolescent Mood Disorders: Current Topics in Adolescent Psychiatry". University of Toronto Update Series. Toronto, Ontario. November 1990.
218. "Schizophrenia and Mania in Adolescents". Presentation and Treatment Issues: Current Topics in Adolescent Psychiatry. University of Toronto Update Series. Toronto, Ontario. November 1990.
219. "What's New in Adolescent Mood Disorders". Toronto Society for Adolescent Psychiatry. Toronto, Ontario. November 1990.
220. "Neuroendocrinology of Adolescent Depression". Sunnybrook Health Science Centre. Toronto, Ontario. November 1990.

221. "Teenagers and Depression". 5th Annual OAC Conference: Family Issues and Insights. December 1990.
222. "The Schizophrenia Prodrome. Phases of Schizophrenia", McNeil Symposium. Royal Ottawa Hospital. Ottawa, Ontario. February 1989.
223. "Adolescent Depression". London Psychiatric Hospital. London, Ontario. February 1989.
224. "The developmental process of becoming a researcher". Resident Research Day, Faculty of Health Sciences, Department of Psychiatry. University of Ottawa. Ottawa, Ontario. April 1989.
225. "Adolescent Suicide". Sunnybrook Health Sciences Centre, Department of Social Work, Educational Seminar. Toronto, Ontario. June 1989.
226. "Child and Adolescent Psychopharmacology: review and update". Institute at Canadian Academy of Child Psychiatry. St. Johns, Nfld. September 1989.
227. A Critical Review of Training in Child and Adolescent Clinical Research at the University of Toronto. Canadian Academy of Child Psychiatry. St. Johns, Nfld. September 1989.
228. Adolescent Depression - Identification and New Directions. Section 25 - Metropolitan Toronto Boards of Education and Ministry of Education. Toronto, Ontario. October 1989
229. "Adolescent Depression and Mania". National Depressive, Manic Depressive Association, 6th Annual Meeting. Houston, Texas. October 1989.
230. "Schizophrenia in Adolescents". Metropolitan Toronto Childrens' Aid Society. Toronto, Ontario. November 1989.
231. "Pediatric/Adolescent Depression - An Update on Depression in Family Practice". Toronto General Hospital. Toronto, Ontario. Autumn 1989.
232. "The Adolescent Medications Clinic - A model for Psychopharmacologic Mental Health Care Delivery for Teens". Youthdale Treatment Centre. Toronto, Ontario. May 1988.
233. "Parameters of Adolescent Depression". Child and Adolescent Mental Health Conference. Royal Ottawa Hospital. Ottawa, Ontario. May 1988.
234. "Religious Psychoses in Adolescence". Orthodox Mental Health Practitioners. October 1987.
235. "Adolescent Depression and Suicide". Health Information Network. Princeton University. April 1987.
236. "Adolescent Depression - New Direction" University of Ottawa. Ottawa, Ontario. April 1987.
237. "Normal Adolescence". New Outlook, University Program - CDS Toronto, Ontario. May 1987.
238. "Psychiatric Disorders in Teenagers". Simcoe Medical Society. May 1986.
239. "Attention Deficit Disorder in Adolescents". Edinburgh University, Royal Edinburgh Hospital. Scotland. Winter 1985.
240. "Psychiatric Drug Treatment in Childhood and Old Age". Edinburgh University, Royal Edinburgh Hospital. Scotland. Winter 1985.
241. "Etiological Fallacies in Adolescent Depressive Disorders". University of Ottawa. Winter 1984
242. "Diagnosing Depression in Adolescents". Dalhousie University. Halifax, Nova Scotia. Winter 1984.
243. "Depression in Adolescence". The Professional Specialities Group in Psychiatry,

- Canadian Society of Hospital Pharmacists. Toronto, Ontario. 1983.
244. "Communication Skills for Young Adults". Communication Intra-Generation/Inter-Generation. Northern Secondary School. Toronto, Ontario. 1983.
 245. DSM - III Workshop. Child Psychiatry Retreat Day. Toronto, Ontario. June 1983
 246. "The Diagnosis of Depression in Adolescents". The University of Calgary. Calgary, Alberta. November 1983.
 247. "The Question of Medical Licensure in Canada". National Invitational Conference on Medical Licensure. Vancouver, B.C. May 1982.
 248. "DSM III Workshop". Child Psychiatry Retreat Day. Toronto, Ontario. June 1982.
 249. "Physician Heal Thyself: Medical Education and the Problem of Physician Impairment". The Association of the Canadian Medical Colleges. Toronto, Ontario. 1982.
 250. "Babes in a Garden of Eden - A Historical Approach to the Understanding of Adolescence". The Hospital for Sick Children - Adolescent Clinic. Toronto, Ontario. (1980)
 251. "Trends in Negotiations for Professional Employees in the Eighties". Panel Speaker at the Federation of Engineering and Scientific Association Meeting. (1980)
 252. "Good Guys and Bad Guys: the process of professionalization in 19th Century Canadian Medicine". McMaster University "History of Medicine Lecture Series". (1979)

MEDIA INTERVIEWS AND INSTRUCTIONAL MATERIALS:

1. Road Rage, CBC - Information Morning, January 13, 2000
2. Teenage Suicide, CBC - Magazine, Catherine Clark, March 15, 2000
3. "Depression" - CJCH Radio Station - Deborah Smith, March 20, 2000
4. Generalized Anxiety Disorder, CJCH Radio - April 26, 1999
5. Generalized Anxiety Disorder, CBC Morning Show, April 28, 1999
6. Youth Suicide. Youth Television. Toronto, Ontario. Autumn 1999
7. Adolescents in Society, CBC - Pamela Wallin, May 6, 1999
8. Can We Predict Depression? Canadian Living, January 1998.
9. Mainstreet: CBC Radio Interview of Study Staff and Participants, January 1998.
10. Mental Health Needs of Teenagers. Pamela Wallin Show - CBC Television. Toronto, Ontario. March 1998.
11. Panic Disorder. Information Morning - CBC Radio. May 1998.
12. Panic Disorder. Maritimes Today, Global TV, June, 1998.
13. Panic Disorder. Maritime Noon, CBC Radio. September, 1998.
14. Sexual Issues in Depression, Maritime Noon, CBC Radio, September 21, 1998.
15. Mental Illness. Talkback with Brian Philips, CJCH Radio, October, 1998
16. Depression. First Edition T.V. - CBC Halifax - January 1997.
17. Depression. Information Morning - CBC Radio, January 1997.
18. Depression. Prince Edward Island Morning - CBC Charlottetown, January 1997.
19. Anxiety. MITV - Morning Show - - February 1997.
20. Bipolar Disorder. Advanced Health Care Strategies (video). Montreal, Quebec. July 1997.
21. Sleep Disorders in Adolescents. ASN Early Morning Show with Brian Philips - June 1997.
22. The Ups and Downs. Access Cable. Dartmouth General Hospital and Community Health Centre, Dartmouth, NS. June 1997.

23. ATV Live at Five with Dr. A.J. - October 1997.
24. Prozac in Adolescents. W5-CTV. December 1997.
25. The Quest for a Cure. Maclean's Magazine, December 1997, pp 60-61.
26. Teenage Depression. CJCH Radio. June, 1996.
27. Sleep Patterns Seen as Key to Predicting Girls' Suicide Risks. Mail Star & Chronicle Herald, June 11, 1996.
28. The Stigma of a Psychiatric Illness. CBC Radio, Maritime Noon. June 1996.
29. Panic Disorder. CBC Radio, Maritime Noon. October 1996.
30. Anxiety and Depression. CJCH Radio, Morning Show. October 1996.
31. Panic, Anxiety and Depression. CIEZ Radio. October 1996.
32. Adolescent Depression. "The Real Deal", Much Music Television. Toronto. April 1994
33. Missing Treasures. Youth Television. April 1993.
34. Manic Depression in Adolescence. "Sex, Lives, & Audiotapes". Radio Station 640 AM. Toronto. June 1993.
35. "A Clear-cut Model for Suicide Prevention". Letter to the Editor. The Globe and Mail. Toronto. October 1993.
36. Mental Illness in our Society. Radio Station Q107 FM. Toronto. October 1993.
37. Instructional Video for General Practitioners. Diagnosis of Depression and Anxiety. The Medicine Group. November 1993.
38. Instructional Video for Psychiatrists. Diagnosis of Mixed Depression/Anxious States. The Medicine Group. November 1993.
39. CBC "Morningside". Antidepressants. Toronto, Ontario. March 1992.
40. An Overview of Anxiety Disorders in Children and Adolescents and Their Treatment. Medifacts. September 1992.
41. Anxiety in Teens and Pre-teens - Positive Parenting. Youth Television. Toronto, Ontario. February 1990.
42. CFRB Radio, Open Line Talk Show - Adolescence. Spring, 1987.

Book Chapters:

1. Kutcher, S., Sokolenko, M., Valdivia, M. (2006). Farmacologia en la Poblacion Juvenil: Una Revision de los Medicamentos y su Aplicación Clinica. In *Psiquiatria del Adolescente*. Editorial Mediterraneo Ltda. Santiago, Buenos Aires.
2. Kutcher, S. (2004). Medications. In H. Remschmidt, M. Belfer, & P. Goodyer (Eds.), *Facilitating Pathways: Care, Treatment and Prevention in Child and Adolescent Mental Health* (Chapter 15: 208-221). Springer-Verlag, Berlin, Germany.
3. Carrey, N., Mendella, P, MacMaster, F.P., & Kutcher S. (2002). Developmental psychopharmacology in the context of developmental neurobiology. In S. Kutcher (Ed), *Practical Child and Adolescent Psychopharmacology* (Chapter 2: 38-69). Cambridge Subseries of Child and Adolescent Psychiatry Series.
4. Kusumakar, V., MacMaster. F., & Kutcher, S. (2002). Bipolar disorder in young people, the elderly, and pregnant women. In L.N. Yatham, S.P. Kutcher, & V. Kusumakar (Eds.), *Bipolar Disorder: A Clinician's Guide to Biological Treatments* (Chapter 5: 85-113). New

York, NY, US, Brunner-Routledge.

5. Sokolov, S. & Kutcher, S. (2001). Adolescent Depression: Neuroendocrine Aspects. In I.M. Goodyer (Ed), *The Depressed Child and Adolescent (Second Edition)* (Chapter 9: 233-266). Cambridge University Press.
6. Kutcher, S. (2000). Adolescent-onset bipolar illness. In A. Marneros & J. Angst (Eds.), *Bipolar Disorders 100 Years After Manic Depressive Insanity* (Chapter 7: 139-152). Kluwer Academic Publishers.
7. Kutcher, S. (1999). Pharmacotherapy of Depression in Children and Adolescents: A Review of Current Evidence and Practical Clinical Directions. In *Depressive Disorders in Children and Adolescents: Epidemiology, risk factors and treatment* (Chapter 14: 437-458). Jason Aronson Inc. Publishers, Book-mart Press Inc.
8. Kratochvil, C., Kutcher, S., Reiter, S., & March, J.S. (1999). Psychopharmacology of Pediatric Anxiety Disorders. In S.W. Russ & T.H. Ollendick (Eds.), *Handbook of Psychotherapies with Children and Families* (Chapter 18: 345-366). Kluwer Academic/Plenum Publishers, New York, New York.
9. Kutcher, S. (1998). Affective Disorders in Children and Adolescents: A Critical Clinically Relevant Review. In *Child Psychopharmacology (Review of Psychiatry, 1998)* (Chapter 4: 91-114). American Psychiatric Press, Inc.
10. Kutcher, S. (1997). *Phobie Sociale A L'Enfance et L'Adolescence. Association/Troubles Anxieu du Québec, 1ière edition* (39-42).
11. Duffy, A., Kutcher, S., Alda, M., & Grof, P. (1997). Hypothèse génétiques et troubles de l'humeur à début précoce. In M. Siméoni & R. Klein (Eds.), *Les dépressions chez l'enfant et l'adolescent*. Expansion Scientifique Publications, Paris.
12. Koplewicz, H., Morrissey, R., & Kutcher, S. (1996). Childhood and adolescent manifestations of adult disorders. In Tasman et al. (Eds.), *Psychiatry*. W.B. Saunders, Philadelphia.
13. Papatheodrou, G. & Kutcher, S. (1996). Treatment of Bipolar Disorder in Adolescents. In K. Shulman, M. Tohen, & S. Kutcher (Eds.), *Mood Disorders Across the Life Span* (Chapter 9: 159-186). Wiley-Liss, Inc.
15. Kutcher, S. & Marton, P. (1996). Treatment of Adolescent Depression. In K. Shulman, M. Tohen, & S. Kutcher (Eds.), *Mood Disorders Across the Life Span* (Chapter 6: 101-126), Wiley-Liss, Inc.
16. Kutcher, S. & Sokolov, S. (1995). Adolescent Depression: Neuroendocrine Aspects. In I.M. Goodyer (Ed), *The Depressed Child and Adolescent: Development and Clinical Perspectives: Cambridge Monographs in Child and Adolescent Psychiatry* (Chapter 9: 195-

- 224). Cambridge University Press.
17. Kutcher, S., Reiter, S., & Gardner, D. (1995). Pharmacotherapy of Child and Adolescent Anxiety Disorders. In J. March (Ed), *Anxiety Disorders in Children and Adolescents*. Guilford Press, New York.
 18. Kutcher, S. (1994). Adolescence: Normal Development and Some Important Psychiatric Conditions Onsetting in the Teenage Years. In *Baillière's Clinical Paediatrics* (263-289). Baillière Tindall Limited - A Division of Harcourt Brace & Company Limited.
 19. Kutcher, S., Marton, P., & Boulos, C. (1993). Adolescent Depression - Update and Review. In P. Cappeliez & R. Flynn (Eds.), *Depression and the Social Environment: Research and Intervention with Neglected Populations* (Chapter 3: 73-92). McGill-Queen's University Press, Montreal & Kingston.
 20. Kutcher, S. & Korenblum, M. (1992). Borderline Personality Disorder in Adolescents: A Critical Overview, Novel Speculations and Suggested Future Directions. In M. Rosenbluth & D. Silver (Eds.), *Borderline Personality* (535-552). International Universities Press, Madison Connecticut.
 21. Kutcher, S. & Marton, P. (1990). Adolescent Depression: a treatment review. In J. Simeon & B. Ferguson (Eds.), *Advances in the Treatment of Child Psychiatry Disorders*. New York: Plenum Press.
 22. Kutcher, S. (1990). The prodrome: recognition. In *Phases of Care for the Chronic Schizophrenic Patient*. McNeil Publications, Ottawa.
 23. Joffe, R.T., MacDonald, C., & Kutcher, S. (1989). Live events and mania: A case-controlled study. *Psychiatry Research*, 30(2), 213-216.

Appendix – Other Publications:

1. Kutcher S. Saturday Night Fever. The Health Journal, 18-22. (1999)
2. Kutcher S. My Body and School Don't Fit: Delayed Sleep Phase Syndrome in Children and Teens. Submitted to Multi-Vision Publishing Inc. (1998)
3. Kutcher S. Adolescents and depression. Progression. Kommunikom Publications, Montreal, Quebec. (1998)
4. Kutcher S. In Search of Sleep. Canadian Family - Owl Magazine, 34-35. (1998)
5. Kutcher S, Sheppard-Kutcher J. (Columnists) The Moody Blues. Canadian Family - Owl Magazine, p. 17. (1997)

6. Kutcher S. Periodic psychosis of puberty (Letter to the Editor). Br J. Psychiatry, Pg. 252. (1996)
7. Kutcher S. The Story of Teenage depression. The Canadian Journal of CME, 98:4, 27-40. (1996)
1. Kutcher S, Sheppard-Kutcher J, (Columnists). Bouncing off the walls - He's not a bad kid, he just can't concentrate. Canadian Family - Owl Magazine, p.68. (1996)
2. Kutcher S, Reiter S. Case Report: Susan's Story. Current Canadian Psychiatry. 1:4 13-14. (1994)
3. Kutcher, S. An Overview of Anxiety Disorders in Children and Adolescents and Their Treatment. Audio Cassette. Medifacts - Health Care Communications, in association with The College of Family Physicians of Canada, September. (1992)
4. Kutcher, S. Adolescent Depression. Psychiatry, M.P.I. Medical Publishing, Inc. January, 7-9. (1988)
5. Kutcher S. "Him - A Fable". Canadian Doctor. (1981)

Peer Reviewed Publications:

1. Dursun, S.M. & Kutcher, S.P. (1999). Smoking, nicotine and psychiatric disorders: evidence for therapeutic role, controversies and implications for future research. *Medical Hypotheses*, 52 (2), 101-109.
2. Kutcher, S. (1999). Commentator - *Evidence-Based Mental Health*, 2 (4).
3. Duffy, A., Alda, M., Kutcher, S., Fusee, C., & Grof, P. (1998). Psychiatric Symptoms and Syndromes Among Adolescent Children of Parents with Lithium-Nonresponsive Bipolar Disorders. *American J. of Psychiatry*, 155 (3): 431-433.
4. Carrey, N. & Kutcher, S.P. (1998). Developmental pharmacodynamics: implications for child and adolescent psychopharmacology. *J. Psychiatry & Neuroscience*, 23 (5), 274-276.
5. Dursun, S.M., Oluboka, O.J., Devarajan, S., & Kutcher, S.P. (1998). High-dose vitamin E plus vitamin B₂ Treatment of risperidone-related neuroleptic malignant syndrome. *J. Psychopharmacology*, 12 (2), 220-221.
6. Kutcher, S., Robertson, H., & Bird, D. (1998). Premorbid Functioning in Adolescent Onset Bipolar Disorder: A preliminary report from an ongoing study. *J. Affective Disorders*, 51, 137-144.

7. Carrey, N. & Kutcher, S.P. (1998). Developmental Pharmacodynamics: Implications for Child and Adolescent Psychopharmacology. *J. Psychiatry & Neuroscience*, 23 (5), 274-276.
8. Binkley, K.E. & Kutcher, S. (1997). Panic response to sodium lactate infusion in patients with multiple chemical sensitivity syndrome. *Journal of Allergy & Clinical Immunology*, 99 (4), 570-574.
9. Kusumakar, V., Yatham, L., Haslam, D., Parikh, S., Matte, R., Sharma, V., Silverstone, P., Kutcher, S., & Kennedy, S. (1997). The Foundations of Effective Management of Bipolar Disorder. *Can J Psychiatry*, 42 (Suppl 2), 695-745.
10. Kutcher, S. (1997). Practitioner Review: The Pharmacotherapy of Adolescent Depression. *J. Child Psychology and Psychiatry*, 38 (7), 755-767.
11. Sharma, V., Yatham, L., Silverstone, P., Parikh, S., Matte, R., Kutcher, S., & Kusumakar, V. (1997). Continuation and Prophylactic Treatment of Bipolar Disorder. *Can J. Psychiatry*, 42 (Suppl 2), 695-745.
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Scientific Abstracts & Poster Presentations:

1. Kutcher S, MacLaren C, LeBlanc J, Thompson P, Hadrava V. A naturalistic study of sertraline treatment in primary care depression. Poster presentation. 11th ECNP Congress, Paris, France, November, 1998. Published in European College of Neuropsychopharmacology (ECNP).
2. Broster B, Haslam D, Oluboka OJ, Dursun S and Kutcher S. Antipsychotic Medication for Borderline Personality Disorder. A Systematic Review. Presentation # 4 at the Dalhousie University, Department of Psychiatry Research Day, February, 1999.
3. Robertson HA, Kutcher SP, Bird D, Datta N, Shaw E. Consumer Evaluation of Family Burden in Adolescent Onset Mood Disorder. Presentation # 6 at the Dalhousie University Department of Psychiatry Research Day, February, 1999.
4. Carrigan G, Kutcher S, Sketris I, Kephard G. Is Depression in Seniors Adequately Treated with Antidepressants? A Pharmacoepidemiologic Analysis Using Nova Scotia Administrative Claims Data. Poster presentation at the Dalhousie University, Department of Psychiatry Research Day, February, 1999.
5. Robertson H, Datta N, Bird D, Kutcher S. Absence of Attentional Deficits in Stabilized Bipolar Youth. Poster presentation at the Dalhousie University, Department of Psychiatry Research Day, February, 1999.
6. Kutcher S, Robertson HJ, Bird D. Consumer Evaluation of Factors Relevant to Clinical Outcome in Adolescent Bipolar Disorder. Canadian Psychology Annual Convention Issue, Volume 40:2a, p. 15, # 58, May, 1999.
7. Robertson H, Bird D, Kutcher S. Bipolar and Unipolar Youth at School: Academic and Psychosocial Difficulties. Canadian Psychology Annual Convention Issue, Volume 40:2a, p. 15, # 59, May, 1999.
8. Robertson H, Kutcher S. Peer Relationships as Perceived by Youth with Mood Disorders. Canadian Psychology Annual Convention Issue, Volume 40:2a, p. 15, # 60, May, 1999.
9. MacLaren C, Kutcher S, LeBlanc J, Thompson P, Karlovic Z. Rhythms treatment adherence program: results of a randomized controlled trial. Poster presentation, American Psychiatric Association Washington, DC. May, 1999.
10. Wagner KD, Birmaher B, Carlson G, Clarke G, Emslie G, Geller B, Keller MB, Klein R, Kutcher S, Papatheodorou G, Ryan N, Strober M, Weller E, McCafferty JP, Broom C. Safety of Paroxetine and Imipramine in the Treatment of Adolescent Depression. Prepared for SmithKline Beecham Pharmaceuticals, 1999.
11. Duffy A, Grof P, Kutcher S, Alda M. Measures of attention and hyperactivity in affectively ill offspring of bipolar parents. *Bipolar Disorders* 1 (Suppl.1):29, 1999.

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13. Robertson H, Kutcher S, Bird D, Shaw E. Consumer evaluation of family burden in adolescent onset neurologic disorder: A comparison of parental coping in families of youth with bipolar or unipolar mood disorder or epilepsy. The Canadian Psychiatric Association, Annual Meeting. Toronto, September, 1999.
14. Robertson H, Datta N, Kutcher S, Bird D. Absence of attentional deficits in stabilized bipolar youth. The American Academy of Child and Adolescent Psychiatry, Annual Meeting, Chicago, Ill. October, 1999.
15. Morehouse R, Kutcher S, Kusumakar V, LeBlanc J, Armitage R. Temporal coherence in ultradian sleep EEG rhythms in a never depressed high risk cohort. Third International Congress of World Federation of Sleep Research Societies, Dresden, Germany Oct 5-9, 1999.
16. Kutcher SP. Sertraline treatment of major depressive disorder in a general practice population. Abstract for poster presentation. 11th ECNP Congress, Paris, France, October-Nov., 1999. To be published in European Neuropsychopharmacology (ENP).
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32. Bird D and Kutcher S. Consumer Evaluation of Treatment by Mood-disordered Youth. Canadian Academy of Child and Adolescent Psychiatry, Halifax, Nova Scotia,

- September, 1998, Book of Abstracts, 17:pp34.
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 34. Robertson HA, Kutcher SP, Bird DC. Cognitive and Psychosocial Outcomes for Bipolar and Unipolar Youth. Paper presentation, 48th Annual Meeting, Canadian Psychiatric Association, Halifax NS. September 1998, Book of Abstracts, NRP3C, pp50.
 35. Robertson HA, Bird DC, and Kutcher SP. Bipolar and Unipolar Youth at School: Academic and Psychosocial Differences. Paper presentation, 48th Annual Meeting, Canadian Psychiatric Association, Halifax NS. September 1998, Book of Abstracts, NRP3D, pp51.
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