

BEYOND BURNOUT

Healthy Professionals Build Healthier Healthcare Systems

27 OCTOBER 2026 | UNIVERSITY OF MALTA, VALLETTA CAMPUS



Programme

Time	Speaker(s)	Title
07:45	Registration	
08:15	Dr Rachel Taylor East	Introduction to the Conference by MAP President
08:30	Keynote Speaker: Prof Neil Greenberg	The mental health of healthcare workers, what do we know and what can we do about it
09:20	Keynote Speaker: Dr Rachael Scicluna <i>with Dr Sandra Darmanin</i>	Workplace Burnout and The Exhausted City
10:10	Coffee Break	
10:40	Trainee Competition:	
	Dr Michaela Agius	Can the Stress Which Causes Burnout Lead to Clinical Depression? A Stress-Vulnerability Perspective
	Dr Annalise Bellizzi	Burnout in professionals working with children and adolescents in mental health, pediatric medicine, and social care settings - A convergent mixed methods study
	Dr Jonas Muscat	You Feel Like an Island: How Mental Health Professionals Learn and Grow Following Adverse Clinical Events
	Dr Nicole Borg	Social Anxiety in Medical Students and their Attitudes Towards Communication Skills Learning
11:40	Mr Luiji Suarez	Migration, Retention and Experiences of TCN Nurses in Malta
12:00	Panel: Chaired by Prof Marie Briguglio Panelists: <i>Mr Matthew Bartolo, Dr Patrick Sammut, Ms Pia Vassallo, Dr Vicky Sultana</i>	Behaviour, Beyond Burnout
13:00	Lunch Break	
14:00	Keynote Speaker: Dr Jess Morgan	Beyond the Hero Narrative
14:50	Dr Claudette Portelli and Dr Matteo Papantuono	Avoiding Burnout: How Vicious Circles and Rigid Scripts Transform Stress into Exhaustion
15:10	Dr Michelle Camilleri and Dr Sharon Martinelli	Anchored in Productive Discomfort: Pedagogical Innovation for a Healthier Nursing Workforce
15:30	Dr Joseph Cassar <i>with Dr Annalise Bellizzi</i>	The One Who Burns - What Goes On Psychodynamically in Burnout?
15:50	Dr Rachel Taylor East	Closing Speech and Trainee Competition Winners Announcements by MAP President